
Sexual Violence Prevention

Session 10:

Sexual Violence Prevention

Goals

- Define the following sexual crimes: sexual harassment, sexual assault, rape, and sex trafficking
- Learn about warning signs of sex trafficking

Objectives

At the end of this session, students will be able to:

- Define consent, sexual harassment, sexual assault, rape and sex trafficking
- Discuss the importance of reporting sexually abusive behavior
- Identify resource or trusted adults to seek help from if a teen or their friend is in an unsafe situation

Anonymous Question Box

Introduction to the Anonymous Question Box:

The Anonymous Question Box is a way for students to ask questions that they may not feel comfortable asking during class time, though students are encouraged to ask lots of question during class time as well.

Anonymous Question Box Guidelines:

- Everyone must put a paper in the box. If students do not have a question at that time, they can write a statement about what they learned in class that day, a specific topic of interest, or write “no question”. This ensures questions remain anonymous.
- No Names. Questions are anonymous and are not to be used to hurt or embarrass others. Questions with names on them will not be read out loud.
- No personal questions of the instructor.
- Nobody can take anything out of the Question Box, except for the instructor.

My Body, My Boundaries

Sexual Consent

- 1) Both partners are 18 or older**
(in CA)
- 2) Both partners are sober**
(not drunk or high)
- 3) Both partners verbally agree**
("Yes!")

Tea Analogy



<https://youtu.be/fGoWLWS4-kU>

Remember...

Remember: Sexual violence is **never** the victim's fault.**

Help for you or a friend:

National Sexual Assault Hotline 1(800) 656-HOPE

National Human Trafficking Resource Center 1(888) 373-7888

Sexual Crimes

Sexual Harassment is doing or saying anything sexual that makes someone else feel uncomfortable. This includes name-calling, starting rumors, or making sexual jokes or gestures. It also includes unwanted communication like sexual comments, texts, or messages on social media.

Sexual Assault is any unwanted sexual contact. This includes physical contact like sexual touching or kissing without consent. It also includes visual contact like flashing, showing or sending sexual pictures or movies, taking photos or videos of someone naked, or making someone touch themselves in a sexual way.

Sextortion



OK.
SO YOU DID
A THING...

<https://youtu.be/x7cwR2G-5Ng>

Sexual Crimes

Rape is any type of sex without consent. This includes penetration of a vagina, anus, or mouth using a body part or an object.

Human Trafficking is forcing, tricking, or convincing someone to perform manual labor or sex work (doing sexual things for money, food, shelter, etc.). These crimes often involve threats and manipulation. If a person is doing sex work under age 18, it is considered sex trafficking regardless of other factors.

I am Jasmine Strong



<https://youtu.be/IPgBUlhPaSo>

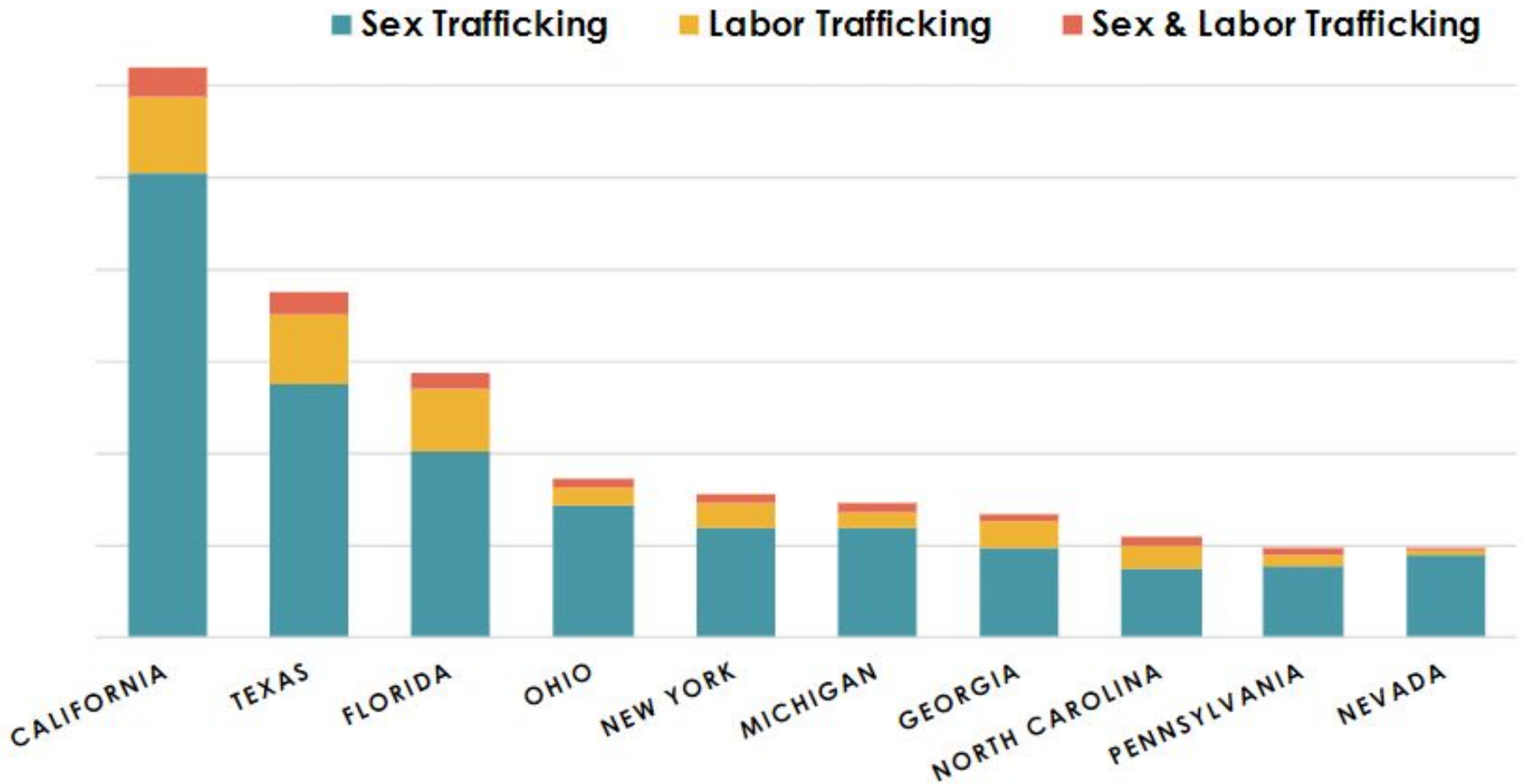
Sex Trafficking Statistics

Globally, the **International Labor Organization** estimates that there are **4.8 million** people trapped in forced sexual exploitation.

Since 2007, the **National Human Trafficking Hotline** has received **63,380** reports of human trafficking in the U.S.

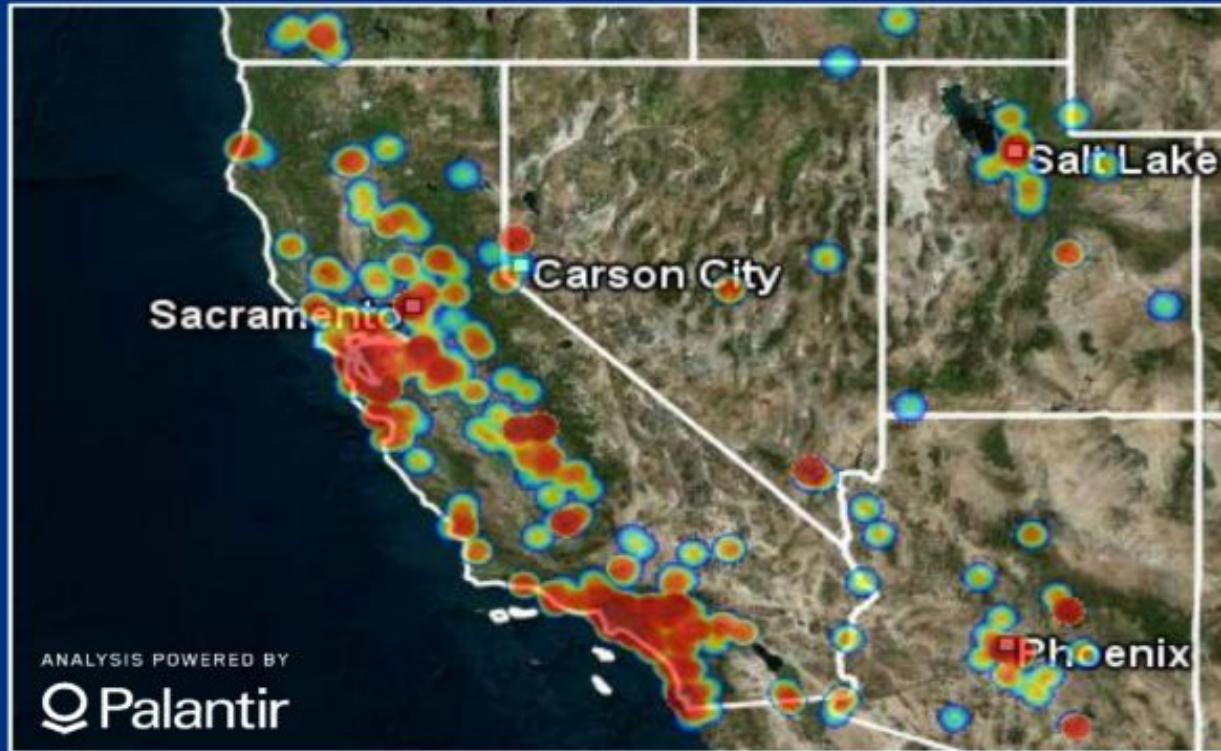
In 2020, the **National Center for Missing & Exploited Children** estimated that **1 in 6** endangered runaways were likely victims of child sex trafficking.

Human Trafficking in the US (2017)



Sex Trafficking in California (2017)

Locations of Trafficking¹



¹Some cases may involve multiple locations.

Sex Trafficking Tactics

- Intimidation and Threats
 - “Breaking” the victim to let them know the trafficker is dangerous
- Control and Isolation
 - Keeping the victim close and making them dependent on the trafficker
- **Psychological Manipulation**
 - Apologizing after abuse, promising things will get better, calling the victim “family”

Signs of Vulnerability

- Uneducated about domestic sex trafficking
- Shares personal information on social media
- Desperately seeking love or acceptance
- Unstable home life
- **Previous sexual abuse**

My Body, My Boundaries

**Read through each scenario
and complete all 3 steps:**

1. Underline “red flags” – identify parts of the story that seem wrong or illegal
2. Check mark the crime(s) you recognize
3. Answer the questions below each scenario

Scenario #1

About a month ago, I posted a video on Instagram of my favorite NBA player practicing with his team. I just thought it showed off his skill, but then a bunch of other guys from school started leaving mean comments on my page, calling me “gay” because the player was practicing with his shirt off. Now they always bring it up at school and make jokes about me being gay.

Sexual Harassment

Sexual Assault

Rape

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Sexual Harassment

Sexual Assault

Rape

Scenario #2

I'm so afraid to go to school anymore! A few weeks ago, I broke up with my girlfriend, and to get back at me, she sent some pictures of me topless to all her friends. Now everyone at school has seen them, and this group of older girls has started harassing me. At lunch they throw food at me, and when I pass them in the hallway they call me "slut" and "whore." I don't know what to do! This happens every single day. I realize I messed up by taking those pictures, but I don't think I deserve to be treated this way!

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Sexual Harassment

Sexual Assault

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Scenario #3

My uncle always has a lot of his friends over at our house. Last weekend, one of his close friends came up to me and told me that I'm looking really grown and sexy, and even started touching my shoulders and my butt. At first I thought it was a compliment, but it also made me feel sort of nervous. Now I'm not sure how I feel about it or if I should tell anyone what happened.

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Sexual Assault

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Scenario #4

My boyfriend and I have been dating for over a year now. I told him I don't want to have sex until I'm married, and he accepted that. But then, a week ago, we were alone together and got a little carried away. I allowed him to take my clothes off, but when he tried to go further, I said "Let's stop, OK? I don't feel right about this." But he didn't stop. He got on top of me and put his penis inside me. As he was doing it, I was saying "Stop!" but I didn't physically push him away. I was so shocked that he wasn't listening to me! Afterwards, I don't know if I should be mad or not. We are still together, but he doesn't even think he did anything wrong. Did he do anything wrong? I'm so confused and I've lost all my self-respect!

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Sexual Assault _____

Rape

Scenario #5 (as a class)

I met this guy online. He added me even though we didn't have any mutual friends. At first he just sent me all these funny pictures and memes, so I sent a few as well. Then one day he sent me a private message and we exchanged numbers. We've been texting a lot since then and I really like him. He's in the same grade as me, he's really cute, we like all the same things, and he's really been there for me. A few weeks ago he suggested we meet up at the mall so he could take me shopping and get my nails done. I only told my best friend Jazmine about the meet up because he said my parents wouldn't understand. When I got to the mall I heard someone calling my name. I turned around and noticed the same guy from the pictures, but he looked like he was in college. I was nervous, but it was him so we started talking. He mentioned how beautiful and mature I look for my age. Then he handed me a gold necklace and told me he wants to officially be my boyfriend and make me happy.

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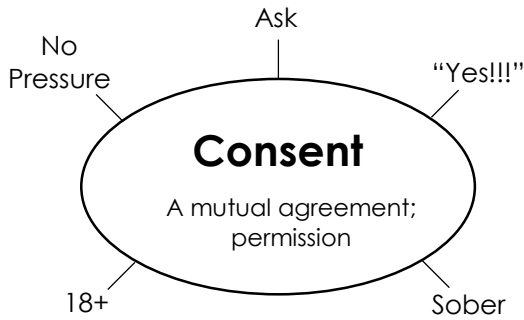
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My Body, My Boundaries

Name: _____ Date: _____ Period: _____

Directions: Read each scenario carefully, underline parts that seem wrong or illegal, and identify which sexual crime is being described (some scenarios may include more than one). Then answer the questions below each scenario.



****Remember:** Sexual violence is **never** the victim's fault.**

Help for you or a friend:

National Assault Hotline (800) 656-HOPE

Rape Trauma Services (San Mateo County) (650) 692-RAPE

National Human Trafficking Resource Center (888) 373-7888

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Scenario # 1: About a month ago, I posted a video on Instagram of my favorite NBA player practicing with his team. I just thought it showed off his skill, but then a bunch of other guys from school started leaving mean comments on my page, calling me “gay” because the player was practicing with his shirt off. Now they always bring it up at school and make jokes about me being gay.

Sexual Harassment _____ Sexual Assault _____ Rape _____

What could he say to his friends to make them stop? _____

If they don't stop, who could he tell? _____

Scenario # 2: I'm so afraid to go to school anymore! A few weeks ago, I broke up with my girlfriend, and to get back at me, she sent some pictures of me topless to all her friends. Now everyone at school has seen them, and this group of older girls has started harassing me. At lunch they throw food at me, and when I pass them in the hallway they call me "slut" and "whore." I don't know what to do! This happens every single day. I realize I messed up by taking those pictures, but I don't think I deserve to be treated this way!

Sexual Harassment _____ Sexual Assault _____ Rape _____

What should happen to the girlfriend who sent the pictures around? _____

What should happen to the group of girls at school? _____

Scenario # 3: My uncle always has a lot of his friends over at our house. Last weekend, his close friend came up to me and told me that I'm looking really grown and sexy, and even started touching my shoulders and my butt. At first I thought it was a compliment, but it also made me feel sort of nervous. Now I'm not sure how I feel about it or if I should tell anyone what happened.

Sexual Harassment _____ Sexual Assault _____ Rape _____

Who could they talk to about what happened? _____

What could this young person have said in the moment? _____

Scenario # 4: My boyfriend and I have been dating for over a year now. I told him that I don't want to have sex until I'm married, and he accepted that. But then, a week ago, we were alone together and got a little carried away. I allowed him to take my clothes off, but when he tried to go further, I said "Let's stop, OK? I don't feel right about this." But he didn't stop. He got on top of me and put his penis inside me. As he was doing it, I was saying "Stop!" but I didn't physically push him away. I was so shocked that he wasn't listening to me! Afterwards, I didn't know if I should be mad or not. We are still together, but he doesn't even think he did anything wrong. Did he do anything wrong? I'm so confused, and I've lost all of my self-respect!

Sexual Harassment _____ Sexual Assault _____ Rape _____

What should the boyfriend have done in this situation? _____

Who can this person talk to? Who can they report this to? _____

Scenario # 5: A few months ago I met this guy online. He added me even though we didn't have any mutual friends. At first he just sent me all these funny pictures and memes, so I sent a few as well. Then one day he sent me a private message and we exchanged numbers. We've been texting a lot since then and I really like him. He's in the same grade as me, he's really cute, we like all the same things, and he's really been there for me. A week ago he suggested we meet up at the mall so he could take me shopping and get my nails done. I only told my best friend Jazmine about the meet up because he said my parents wouldn't understand. When I got to the mall I heard someone calling my name. I turned around and noticed the guy from the pictures, but he looked like he was in college. I was nervous, but it was him so we started talking. He mentioned how beautiful and mature I look for my age. Then he handed me a gold necklace and told me he wants to officially be my boyfriend and make me happy.

If you were this person's friend, what could you say or do to share your concerns with them?

Who else could your friend talk to for additional help? _____