
Gender and Sexual Identity

Session 5:

Gender and Sexual Identities

Goals:

- Understand the diversity of gender and sexual identities and the importance of being inclusive of all genders and sexual identities
- Understand that sex, gender, gender expression, and sexual orientation are different and each fall on a spectrum of identities
- Analyze cultural impact on attitudes about gender, orientation and expression

Session 5:

Gender and Sexual Identities

Objectives:

At the end of this session, students will be able to:

- Define sex, gender, gender expression and sexual orientation
- Describe what LGBTQ+ means
- Articulate their values held about sexual orientation and gender identity
- Advocate for safe environments for all people to feel safe

Anonymous Question Box

Introduction to the Anonymous Question Box:

The Anonymous Question Box is a way for students to ask questions that they may not feel comfortable asking during class time, though students are encouraged to ask lots of questions during class time as well.

Anonymous Question Box Guidelines:

- Everyone must put a paper in the box. If students do not have a questions at that time, they can write a statement about what they learned in class that day, a specific topic of interest, or write "no question". This ensures questions remain anonymous.
- No Names. Questions are anonymous and are not to be used t hurt or embarrass others. Questions with names on them will not be read out loud.
- No personal questions of the instructor.
- Nobody can take anything out of the Question Box, except for the instructor.

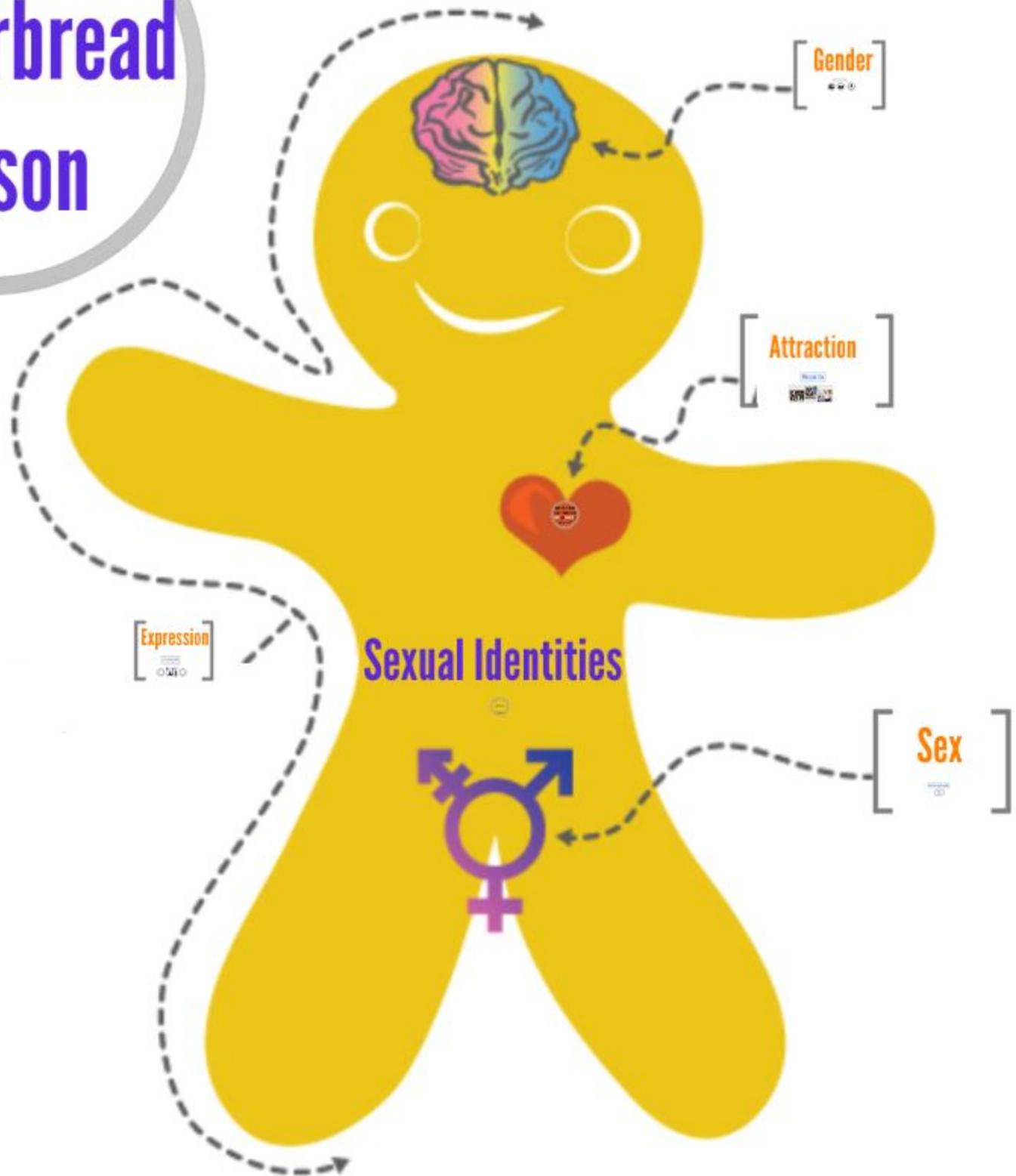
Sexual Identities

We are going to
talk about a few
identities.
You might learn
about other
identities in the
future too!

**We are going to
talk about a few
identities.**

**You might learn
about other
identities in the
future too!**

Genderbread person



Sexual Identities

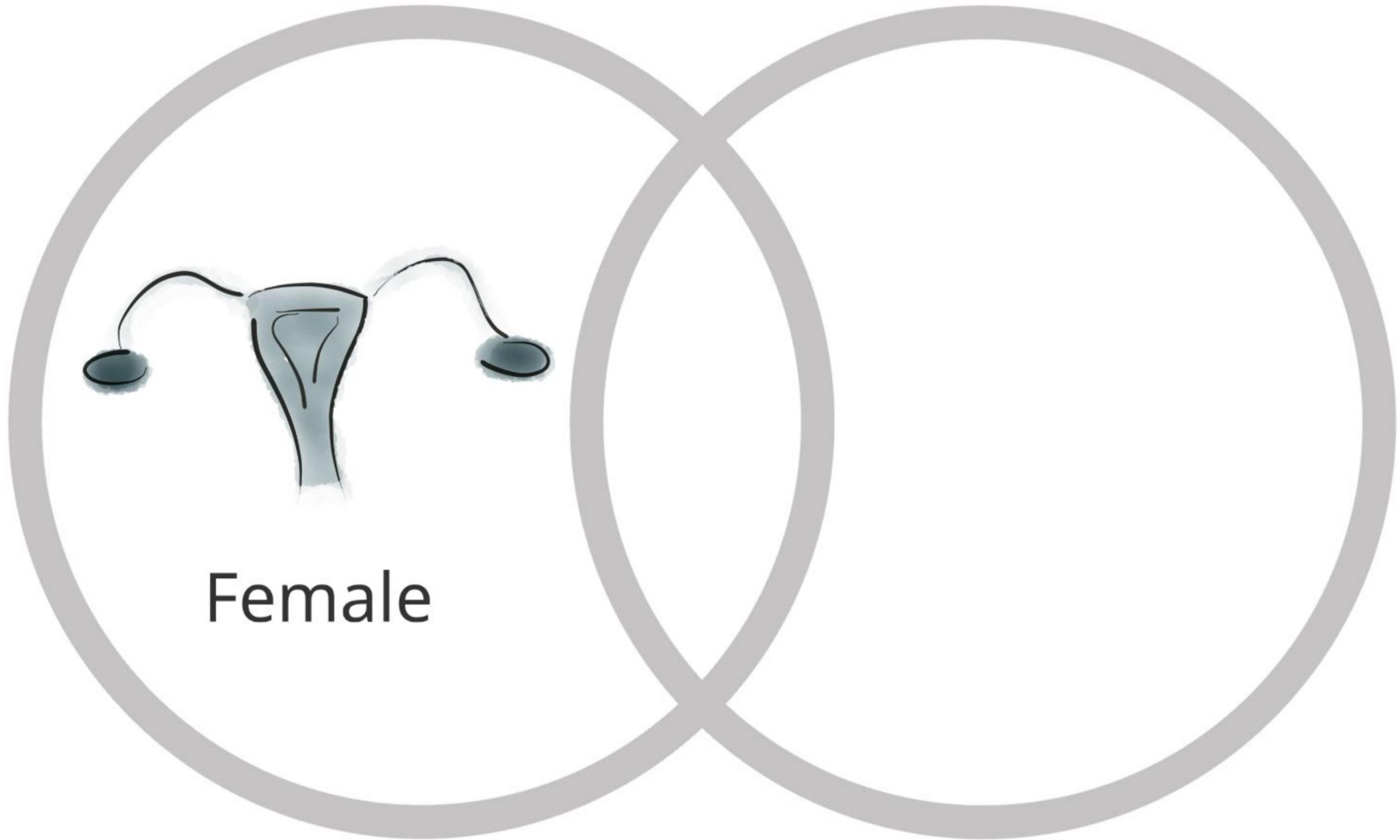


[Sex]
Private body parts
⊗

Sex

Private body parts





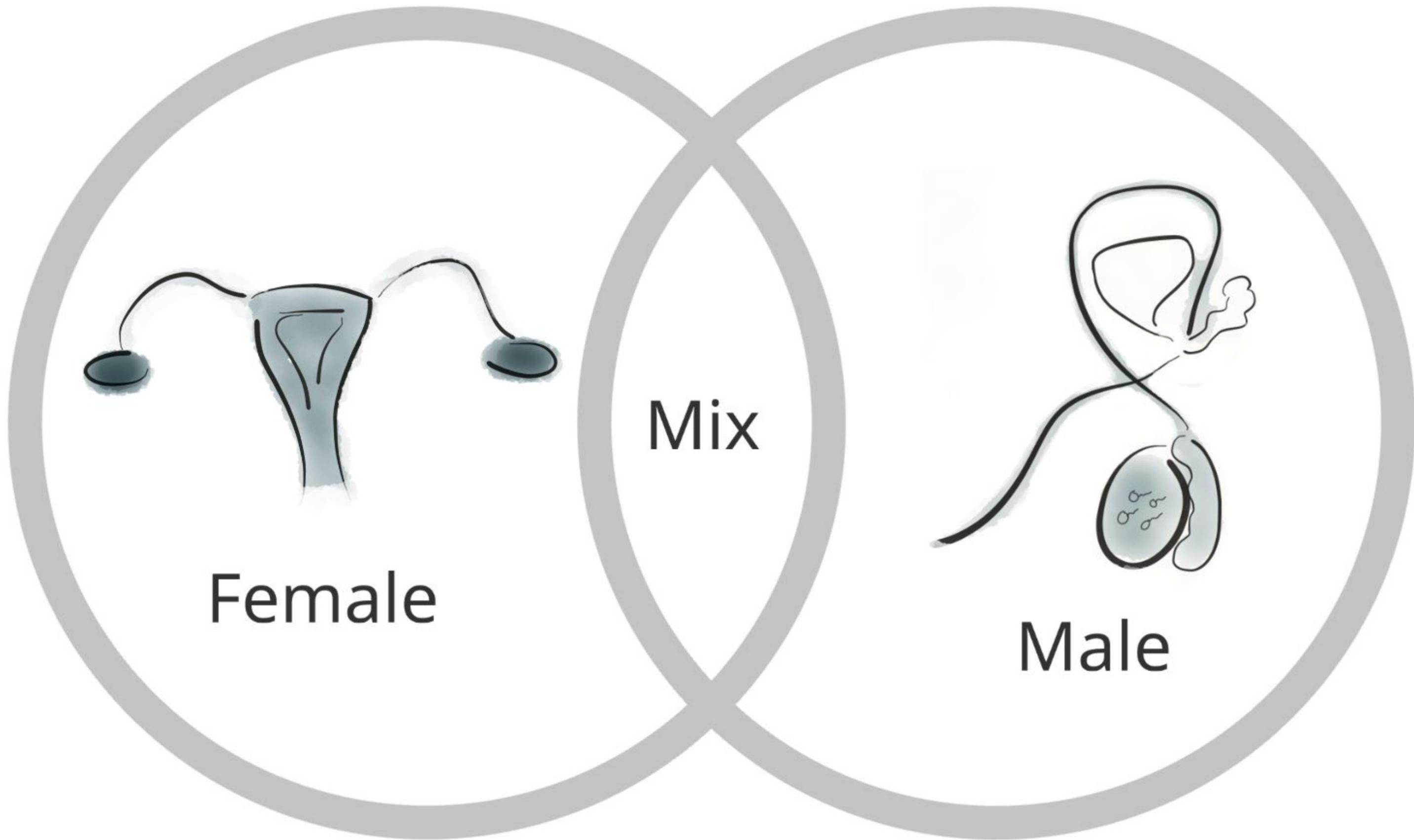
Female



Female



Male



Female

Mix

Male

Mix

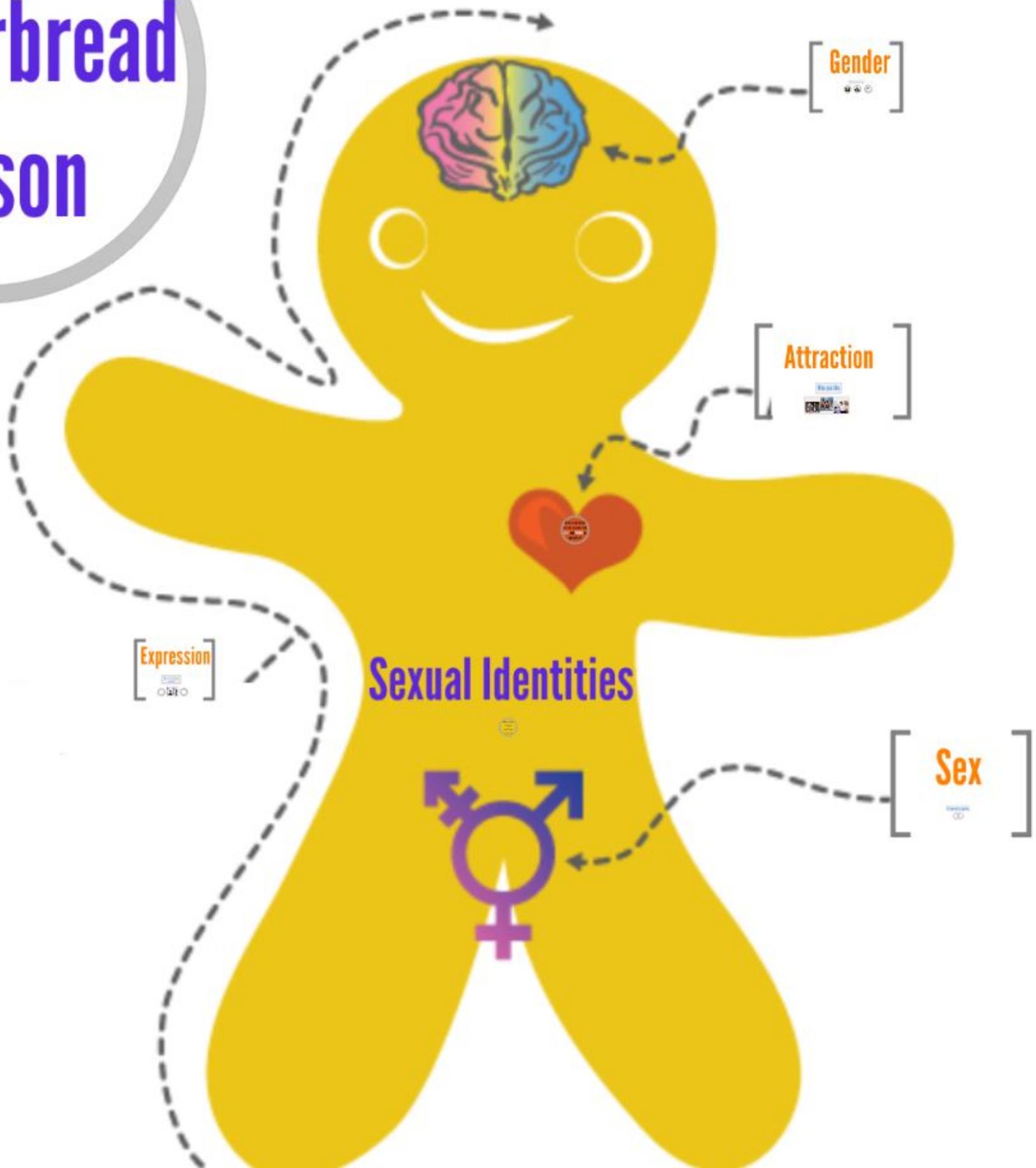
Sexual Identities



[Sex]

Private body parts
CC

Genderbread person



Gender

Attraction

Expression

Sex

Sexual Identities



Gender



Attraction

Gender

How a person feels inside



How a person feels inside

[Man]



[Woman]



[Transgender]



How a person feels inside



Gender

How a person feels inside



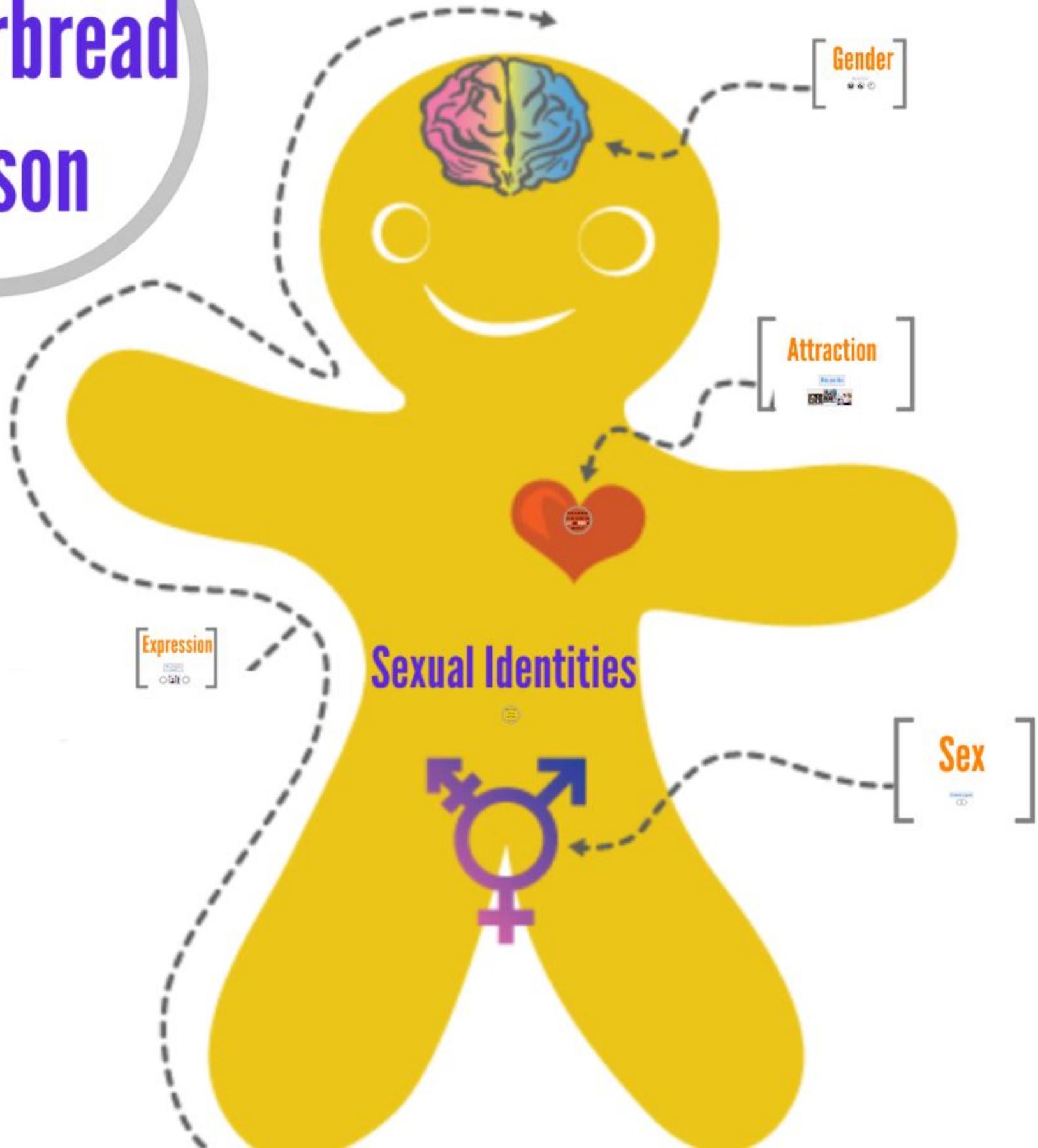


Gender



Attraction

Genderbread person

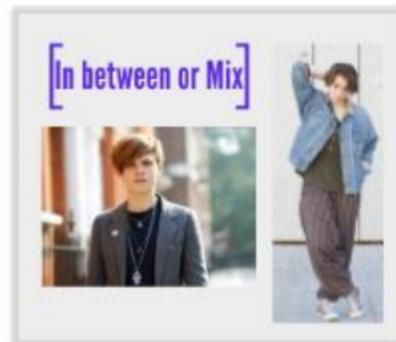




Sex

Expression

How you communicate
your gender



How you communicate
your gender



[Masculine]





[Feminine]



[In between or Mix]



How you communicate your gender



[In between or Mix]



Expression

How you communicate
your gender

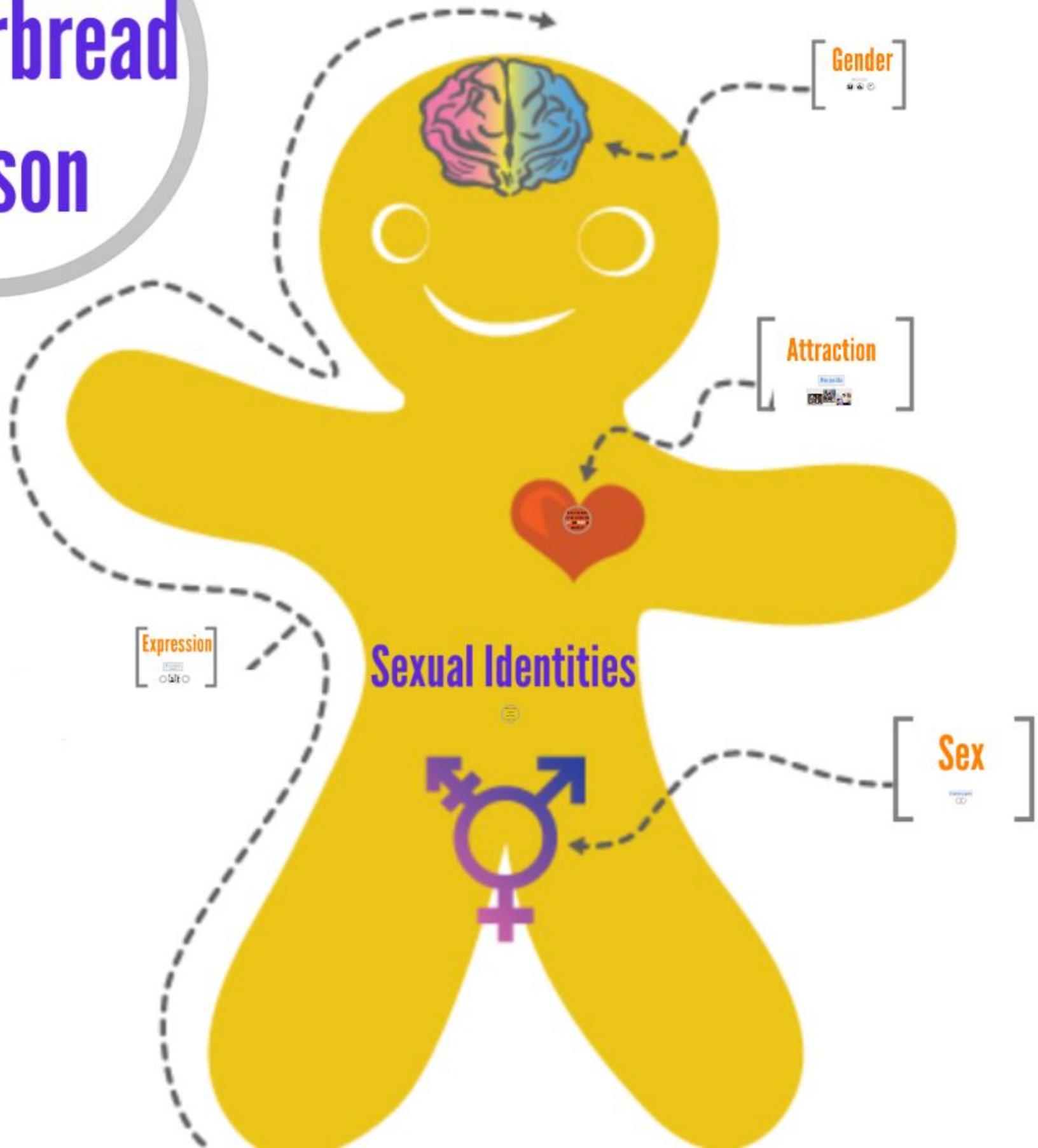


Expression



Sex

Genderbread person





Attraction

Who you like



How can we make
sure all students feel
SAFE and VALUED at
our school?

Attraction

Who you like



Attraction

Who you like



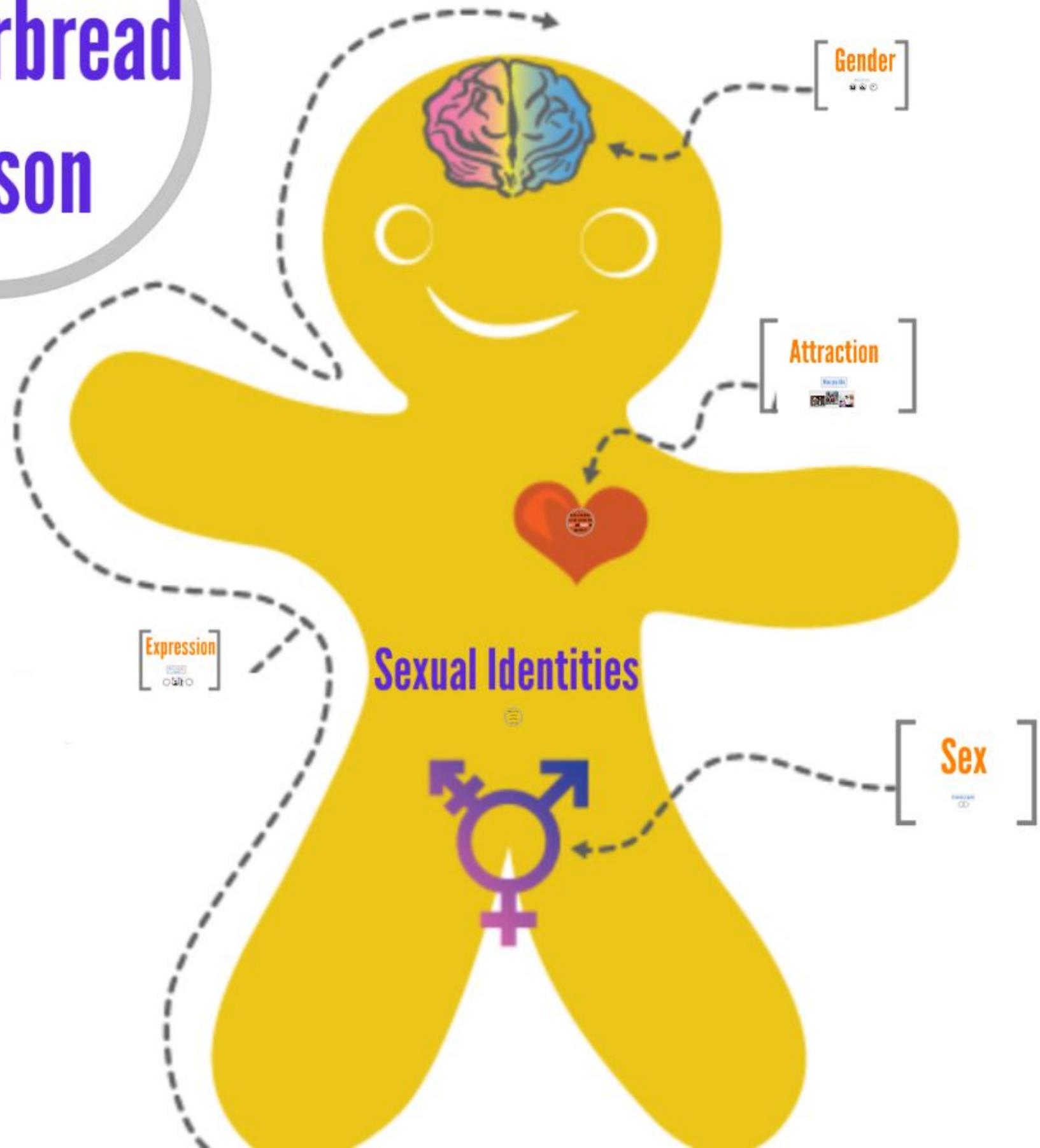
Attraction

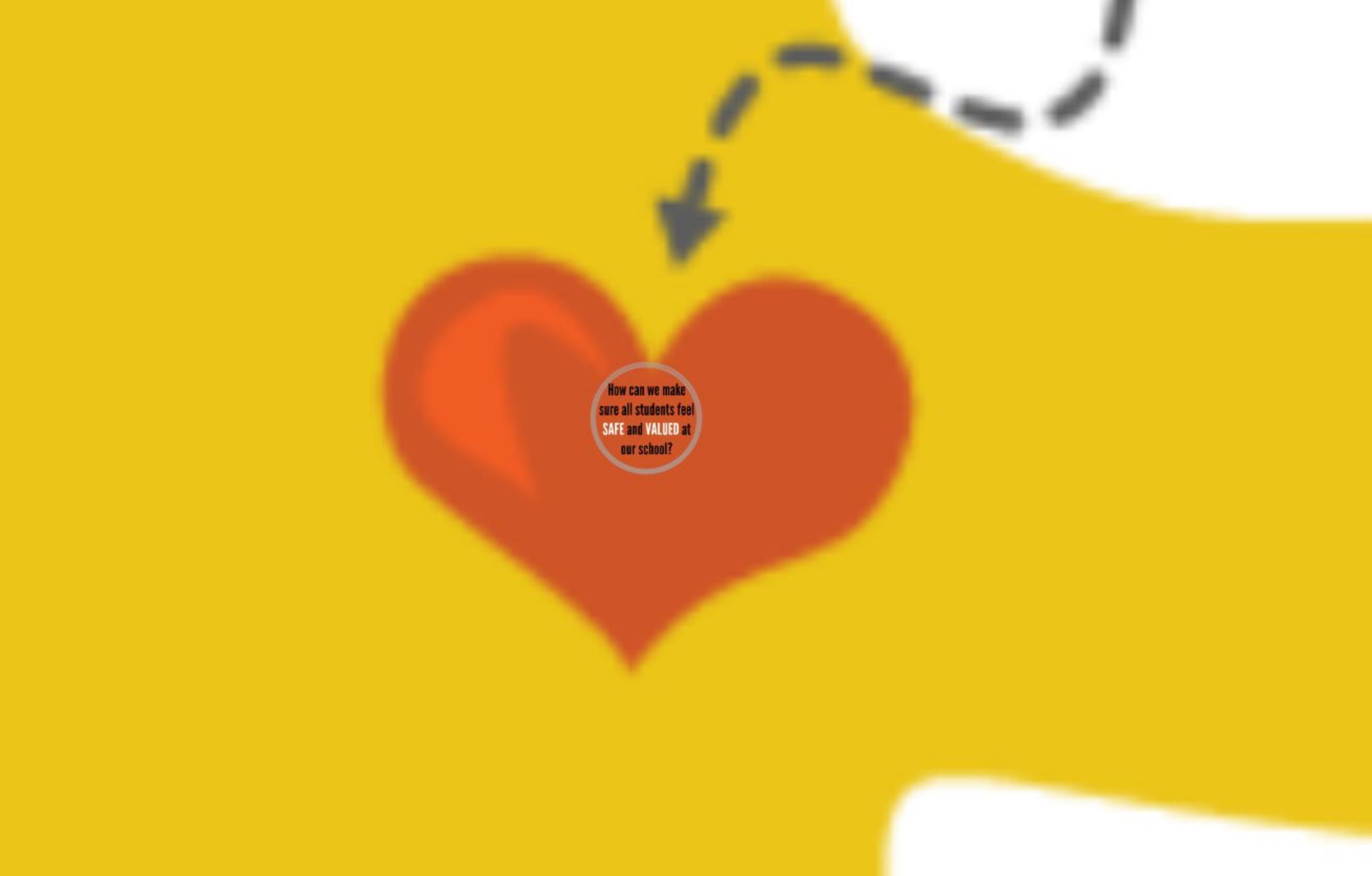
Who you like



How can we make
sure all students feel
SAFE and VALUED at
our school?

Genderbread person



A large, stylized red heart is centered on a bright yellow background. A dashed grey arrow points from the top right towards the heart. In the center of the heart, there is a small white circle containing text.

How can we make
sure all students feel
SAFE and **VALUED** at
our school?

**How can we make
sure all students feel
SAFE and VALUED at
our school?**



Genderbread

person

What I know about Gender and Sexual Orientation

WHAT I KNOW ABOUT GENDER AND SEXUAL ORIENTATION

Name _____ Period _____ Date _____

Directions: Mark T for True or F for False next to the following statements.

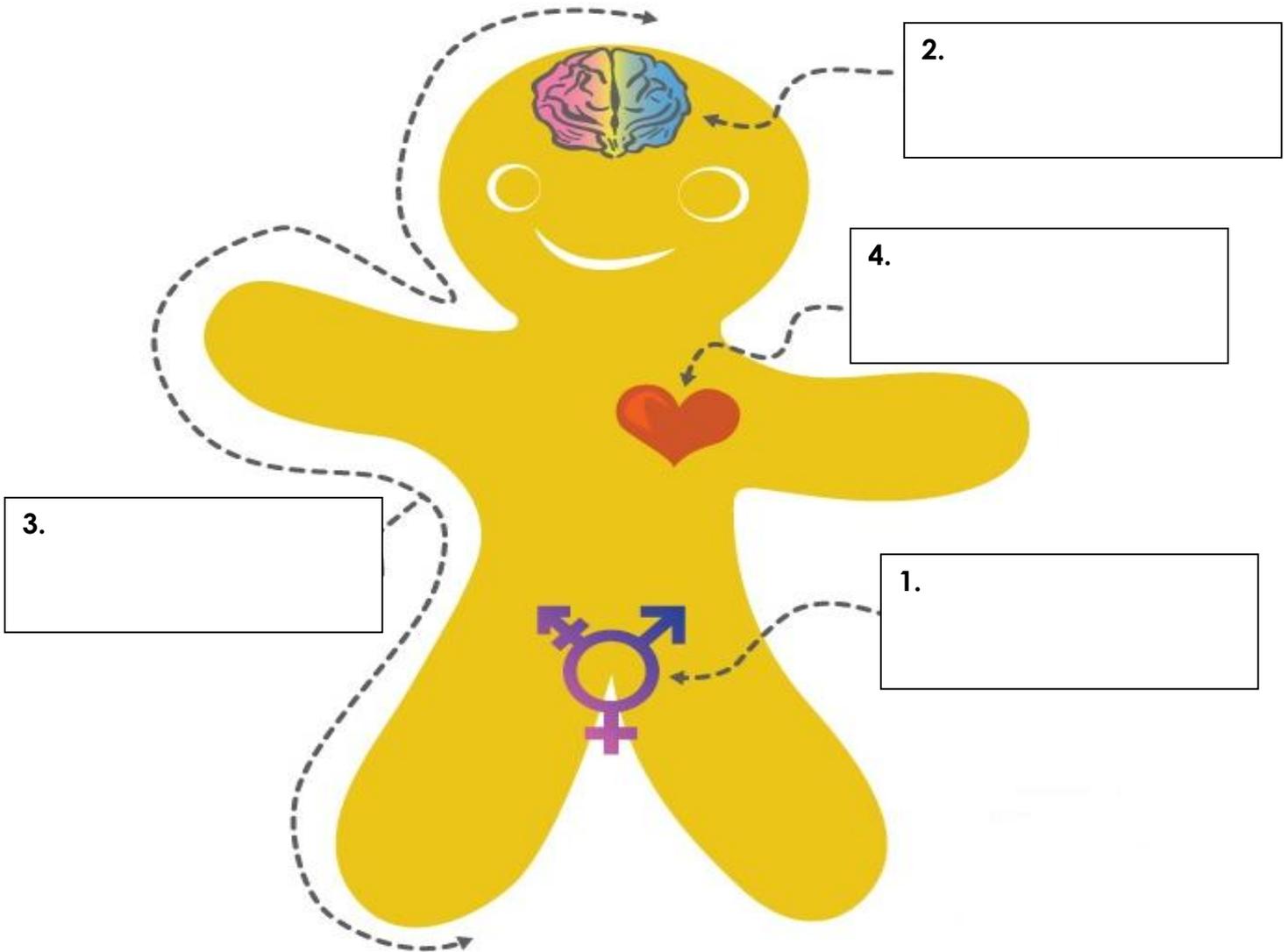
- 1) _____ You can always tell if someone is gay by the way they dress or talk.
- 2) _____ People who identify as LGBTQ+ experience more bullying and violence than non-LGBTQ+ people.
- 3) _____ There are many religious communities that accept gay, lesbian, and bisexual people.
- 4) _____ A gay male is a boy who wants to be a girl. A lesbian is a girl who wants to be a boy.
- 5) _____ Children of gay, lesbian and bisexual adults usually grow up to be gay also.¹
- 6) _____ People choose to be gay, lesbian, or bisexual.²
- 7) _____ There are many groups and organizations that support teens who are LGBTQ+.

¹ American Psychological Association. (2008). *Answers to your questions: For a better understanding of sexual orientation and homosexuality*. Washington, DC: 2008. (Available at: www.apa.org/topics/orientation.pdf)

² American Psychological Association. *Answers to your questions about transgender individuals and gender identity*. Washington, DC: 2006.

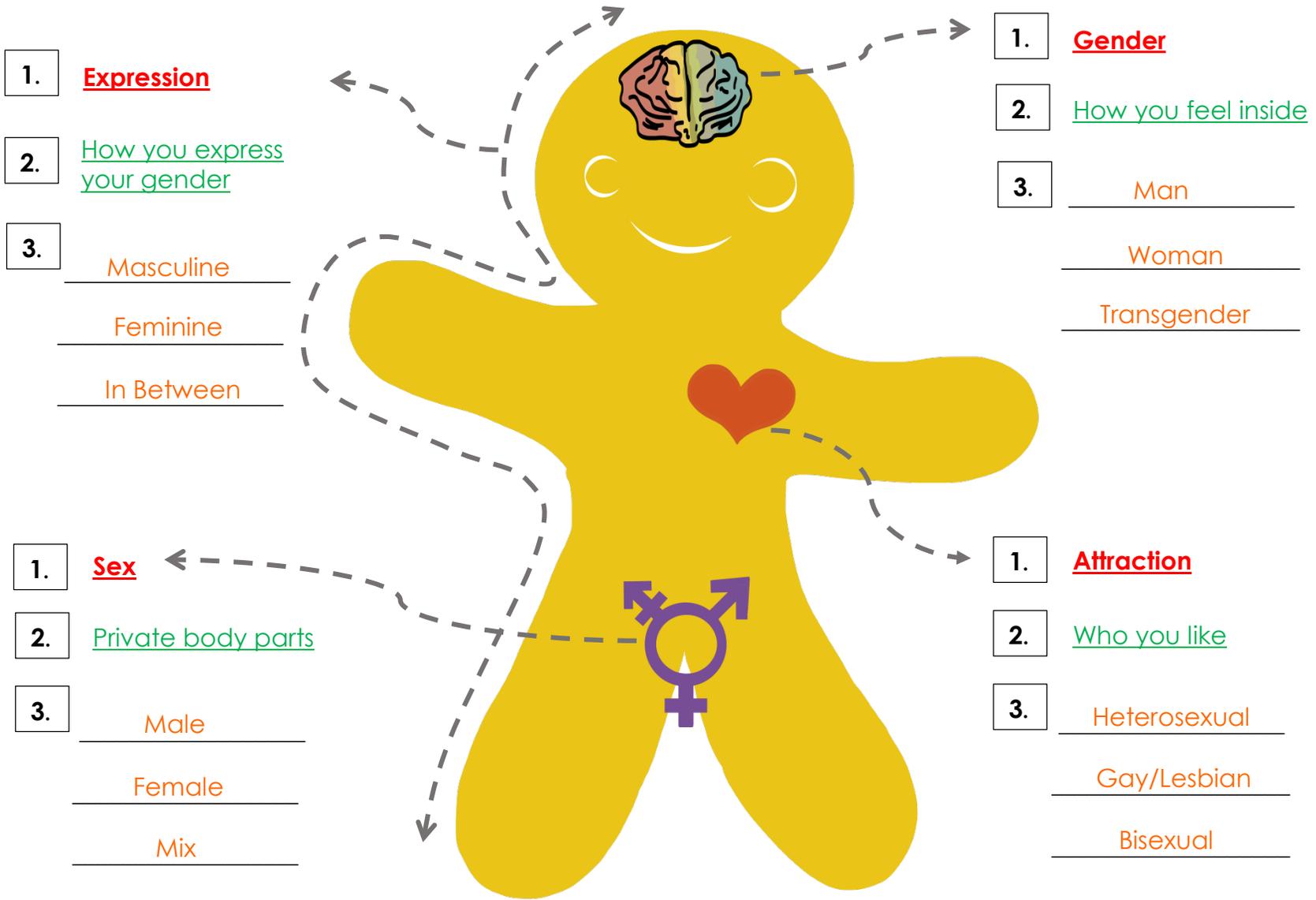
Genderbread Person

GENDERBREAD PERSON

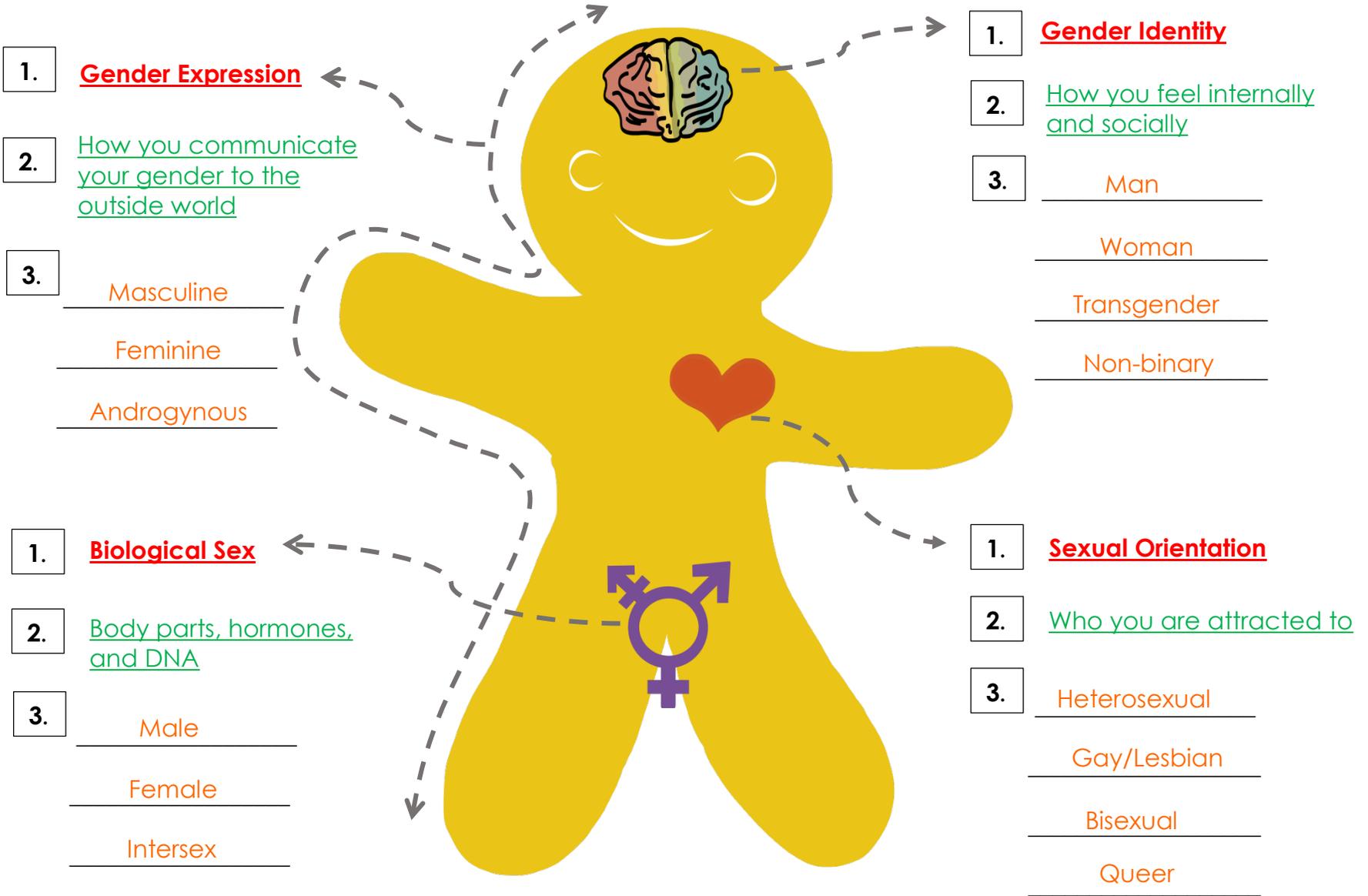


How can we make sure all students feel SAFE and WELCOME at our school?

GENDERBREAD PERSON



GENDERBREAD PERSON



Row 1	True 	False 	Not sure 
Row 2	Who you are attracted to 	How you feel on the inside 	Not sure 

Identity

Attraction

Expression

Sex