
Future Goals and Review

Session 11:

Future Goals and Review

Goals:

- Emphasize communicating with a trusted adult to improve sexual health decision-making
- To give students an opportunity to reflect on and discuss their personal values around gender messages and gender norms
- Empower students to take control of decision related to sexuality and parenting

Objectives:

- Reflect on and discuss their personal values around gender messages and gender norms
- Reinforce awareness that decisions made now can impact the future
- Emphasize communicating with a trusted adult to improve sexual health decision-making

Anonymous Question Box

Introduction to the Anonymous Question Box:

The Anonymous Question Box is a way for students to ask questions that they may not feel comfortable asking during class time, though students are encouraged to ask lots of questions during class time as well.

Anonymous Question Box Guidelines:

- Everyone must put a paper in the box. If students do not have a questions at that time, they can write a statement about what they learned in class that day, a specific topic of interest, or write "no question". This ensures questions remain anonymous.
- No Names. Questions are anonymous and are not to be used t hurt or embarrass others. Questions with names on them will not be read out loud.
- No personal questions of the instructor.
- Nobody can take anything out of the Question Box, except for the instructor.

My Super Future

My Super Future

Name: _____

Period: _____

Directions: Complete the following sentences then draw your future!

When I grow up, I want to _____

_____.

My trusted adult I can talk to about sex is

_____.

I will prevent pregnancy before I want children and protect myself from STIs by _____

_____.

Being a teen parent could be hard because

_____.

Remember teen parents deserve respect and support

Tic-Tac-Toe Review

Post Test w/ Evaluation

TTAAA Puberty Talk **Pre Test**

Circle the correct answer.

1. The **changes** that occur during puberty usually **happen:**

- A.** Overnight **B.** Over 1 year **C.** Over several years **D.** Not Sure
-

2. During puberty, **most females:**

- A.** Start their period **B.** Grow hair under their arms **C.** Both of these **D.** Not sure
-

3. The part of the **male body** that **makes sperm** cells is the:

- A.** Ovary **B.** Testicle **C.** Penis **D.** Not sure
-

4. In order to **make a baby**, a sperm cell must fertilize (join with) an ovum (egg).

- True False Not sure
-

5. **Females ovulate (release eggs)** from their ovaries from the time they are born.

- True False Not sure
-

6. It is **normal for males** to get **erections**, even when they are not thinking sexual thoughts.

- True False Not sure
-

7. Sexual consent requires which of the following?

- A.** Both partners are 18 or older (in CA) **B.** Both partners are sober (not drunk or high) **C.** Both partners verbally agree ("Yes!") **D.** A, B, and C

There is no correct answer to these questions. Answer how you feel.

8. I feel confident that I could tell someone to stop making fun of another person's body or looks.

- True False Not sure
-

9. I feel confident that I could tell someone to stop touching me in a way that makes me feel uncomfortable.

- True False Not sure

TTAAA Teen Talk Pre Test

Circle the correct answer.

- 1. Which type of birth control method helps protect against pregnancy and STIs?**
A. Birth control pill B. Condom C. Ring D. Not Sure
- 2. Choose the fluid that can pass HIV.**
A. Saliva B. Sweat C. Blood D. Not Sure
- 3. In a healthy relationship, both people feel...**
A. Afraid B. Frustrated C. Respected D. Not Sure
- 4. Anyone who is having sex should get a regular check-up at a clinic.**

TRUE

FALSE

NOT SURE

- 5. Name ONE local clinic** where a teen can go to for FREE and CONFIDENTIAL sexual health services.

- 6. What must someone do before they have sex with someone?**
A. Ask politely and wait for the "YES" B. Hold hands C. Buy them gifts D. Not Sure

- 7. If someone is sexually assaulted, it is never their fault.**

TRUE

FALSE

NOT SURE

- 8. Who could you talk to if someone touched you sexually and you didn't want them to?**

There is no correct answer to these questions. Answer how you feel.

- 9. I feel comfortable going to a clinic for sexual health services.** YES NO NOT SURE
- 10. I can talk about sexual health with a parent or trusted adult.** YES NO NOT SURE
- 11. I can talk to a current or future partner about what I want to or don't want to do sexually.** YES NO NOT SURE

Please give us feedback!

12. I know how to practice safer sex now or in the future.

YES

NO

NOT SURE

13. The educator made the course interesting.

YES

NO

NOT SURE

14. The educator created a safe space to ask questions.

YES

NO

NOT SURE

15. What was your favorite part of the course?

16. Any other comments or suggestions for us?

TTAAA Teen Talk **Post Test**

Circle the correct answer.

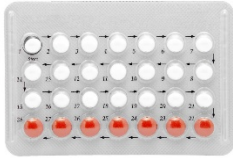
1. Which type of birth control method helps protect against pregnancy and STIs?

D. Birth control pill

B. Condom

C. Ring

D. Not Sure



2. Choose the fluid that can pass HIV.

D. Saliva

B. Sweat

C. Blood

D. Not Sure



3. In a healthy relationship, both people feel...

D. Afraid

B. Frustrated

C. Respected

D. Not Sure



4. Anyone who is having sex should get a regular check-up at a clinic.

TRUE

FALSE

NOT SURE



5. Name **ONE** local clinic where a teen can go to for **FREE** and **CONFIDENTIAL** sexual health services.



6. What must someone do before they have sex with someone?

D. Ask politely and wait for the "YES"



B. Hold hands



C. Buy them gifts



D. Not Sure



7. If someone is sexually assaulted, it is never their fault.

TRUE



FALSE



NOT SURE



8. Who could you talk to if someone touched you sexually and you didn't want them to?



There is no correct answer to these questions. Answer how you feel.

9. I feel comfortable going to a clinic for sexual health services.

YES



NO



NOT SURE



10. I can talk about sexual health with a parent or trusted adult.

YES



NO



NOT SURE



11. I can talk to a current or future partner about what I want to or don't want to do sexually.

YES



NO



NOT SURE



Please give us feedback!

12. I know how to practice safer sex now or in the future.



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15. What was your favorite part of the course?

16. Any other comments or suggestions for us?

Please give us feedback!

9. The educator made the course interesting.

- Yes No Not sure

10. The educator created a safe space to ask questions.

- Yes No Not sure

11. The course helped me feel more comfortable with my body and the changes that may happen during puberty.

- Yes No Not sure

12. The course helped me feel more comfortable talking with my parent(s) or a trusted adult about puberty and my health.

- Yes No Not sure

13. What was your favorite part of the course?

14. How can we make the course better?

15. Any other comments for us?
