



Athletic Clearance Overview

Students who wish to participate in any sport at WHS, must complete the Athletic Clearance process every school year. This process includes the following steps:

1. **Medical Clearance**— Athletes must be examined and cleared to participate in sports by a medical practitioner each year. Athletes may go to their regular doctor, visit an Urgent Care clinic, or attend Sport Medical Clearance Day sponsored by Body Logic Sports Therapy (usually held in May or June) to obtain their Medical Clearance. The medical practitioner must fill out, sign, and DATE the official CVUSD Sport/Activities Medical Clearance form. Blank forms can be printed from www.westlakeathletics.com or picked up from the Athletics Department at WHS.
2. **Online Sport Clearances/Medical Clearance Upload**—Parents/Students must have an account at www.AthleticClearance.com and create online clearances in order to be cleared to participate in sports at WHS. A clearance must be created for each sport the student wants to participate in. Detailed instructions for creating clearances can be found at www.westlakeathletics.com. The completed CVUSD Sport/Activities Medical Clearance form must be uploaded to the student's online sport clearance. A parent must sign the "Authorization to Treat" statement on the Medical Clearance form before uploading it. A hard copy of the form is NOT needed by the Athletics Department.
3. **Confirmation/Consent Document**—After completing an online clearance, a confirmation/consent message will appear (this message will also be emailed to the account holder). This document must be printed, filled out, signed by the parent and athlete, and then submitted to the Athletics Department at WHS to complete the clearance process. The document may be emailed to arrogers@conejousd.org. Please do not submit this document until a valid Medical Clearance has been uploaded to AthleticClearance.com.

Once the confirmation/consent document is submitted, Athletics personnel will review the student's clearances to make sure they are complete and that the uploaded medical clearance is valid. If the sport clearances meet this criteria, the student will be cleared. The account owner will receive an automated email from AthleticClearance.com once the student has been cleared for a sport.

***INCOMING FRESHMEN and TRANSFER STUDENTS playing a FALL Sport:** In addition to completing the Athletic Clearance process, you must also submit a copy of your final grade report from your previous school. Grade reports should be submitted to the Athletics Dept. at WHS before **August 7th**.

HINT!

Multi-sport athletes should create clearances for ALL their sports at the same time (before participating in any sport). This will prevent a delay in eligibility when switching from one sport to the next.