



CONEJO VALLEY
UNIFIED SCHOOL DISTRICT

2023

**All lunches
Are served with
Fruit & Veggies
& Choice of
Milk**

**Milk \$1.00
Water \$1.00
Juice \$1.00**

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Turkey Double Dogs \$^+ PB&J Sandwich ^+!! Chips Seasonal Fresh Fruit & Veggies	2 Mini Corn Dog \$^+ Lasagna Rollup ^-@ Chips Seasonal Fresh Fruit & Veggies	3 PIZZA FRIDAY! Whole Grain Cheese Pizza ^+@\$@ PB&J Sandwich ^+!! Choc Chip Cookie ^+@\$% Seasonal Fresh Fruit & Veggies
6 Cheeseburger Sliders ^+@\$# PB&J Sandwich ^+!! Chips Seasonal Fresh Fruit & Veggies	7 UPSIDE DOWN DAY! Waffle Breakfast Bowl With Turkey Sausage%\$^+@ Homemade Grilled Cheese \$^+@ Seasonal Fresh Fruit & Veggies	8 Chicken Nuggets \$@^+ Tater Tots PB&J Sandwich ^+!! Chips Seasonal Fresh Fruit & Veggies	9 Nachos w/Cheese & Meat @\$^+# Tortilla Chips Homemade Grilled Cheese \$^+@ Seasonal Fresh Fruit & Veggies	10 PIZZA FRIDAY! Whole Grain Cheese Pizza ^+@\$@ Crispy Burrito \$^+@ D&J Cookie ^+@\$@ Seasonal Fresh Fruit & Veggies
13 NEW! Chicken & Cheese Quesadillas ^+@\$%@ Bean & Cheese Burrito \$^+@ Seasonal Fresh Fruit & Veggies Choc Chip Cookie ^+@\$%@	14 Turkey Hot Dog ^+ Homemade Grilled Cheese \$^+@ Chips Seasonal Fresh Fruit & Veggies	15 Popcorn Chicken \$*^+ PB&J Sandwich ^+!! Chips Seasonal Fresh Fruit & Veggies	16 NEW! Teriyaki Chicken With Brown Rice \$^+ Bean & Cheese Burrito \$^+@ Seasonal Fresh Fruit & Veggies Choc Chip Cookie ^+@\$%@	17 NO SCHOOL
20 NO SCHOOL	21 UPSIDE DOWN DAY! Waffle Breakfast Bowl With Turkey Sausage%\$^+@ Homemade Grilled Cheese \$^+@ Seasonal Fresh Fruit & Veggies	22 NEW ! Homemade Mac & Cheese @^+ PB&J Sandwich ^+!! Chips Seasonal Fresh Fruit & Veggies	23 Chicken Nuggets \$@^+ Tater Tots Homemade Grilled Cheese \$^+@ Chips Seasonal Fresh Fruit & Veggies	24 PIZZA FRIDAY! Whole Grain Cheese Pizza ^+@\$@ PB&J Sandwich ^+!! D&J Cookie ^+@\$@ Seasonal Fresh Fruit & Veggies
27 Popcorn Chicken \$*^+ Homemade Grilled Cheese \$^+@ Chips Seasonal Fresh Fruit & Veggies	28 Chicken Patty Sandwich On Whole Wheat Bun %\$^+ Bean & Cheese Burrito \$^+@ Seasonal Fresh Fruit & Veggies	MENU SUBJECT TO CHANGE		

- Peanuts!!
- Pork* Beef#
- Whey= Soy\$
- Corn> Wheat+
- Milk@ Gluten^
- Eggs% Fish

Aspen, Lang Ranch & Westlake Hills
Elementary schools are peanut free schools—
PB&J will always be replaced by peanut free
sandwich (Sunbutter or Soybutter)

Manage your student's lunch
account with
PayPal through Q parent connect
Or for more information visit our
website at
[www.conejousd.org/business/
ChildNutrition](http://www.conejousd.org/business/ChildNutrition)

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