

May K-12 Grab & Go Breakfast

2023



SERVED WITH CHOICE

of

MILK

Monday	Tuesday	Wednesday	Thursday	Friday
1 Whole Grain Cereal ^+ String Cheese @ 100% Fruit Juice Seasonal Fresh Fruit Milk @	2 Whole Grain Pillsbury Cinni Minis ^+@ 100% Fruit Juice Seasonal Fresh Fruit Milk @	3 Cinnamon Crumble ^+@ Seasonal Fresh Fruit 100% Fruit Juice Milk @	4 Whole Grain Breakfast Bar ^+@%\$@ 100% Fruit Juice Seasonal Fresh Fruit Milk @	5 Oatmeal Breakfast Bun ^+@%\$@ 100% Fruit Juice Seasonal Fresh Fruit Milk @
8 WG Bagel ^+ Cream Cheese @ 100% Fruit Juice Applesauce Milk@	9 Whole Grain Cereal ^+ String Cheese @ 100% Fruit Juice Milk @	10 Breakfast Apple Bites %@\$^+ Seasonal Fresh Fruit 100% Fruit Juice Milk @	11 Whole Grain Muffin +^\$%@ 100% Fruit Juice Seasonal Fresh Fruit Milk @	12 Whole Grain Vanilla Breakfast Square ^+@ 100% Fruit Juice Seasonal Fresh Fruit Milk @
15 Whole Grain Cereal ^+ String Cheese @ 100% Fruit Juice Seasonal Fresh Fruit Milk @	16 Whole Grain Pillsbury Cinni Minis ^+@ 100% Fruit Juice Seasonal Fresh Fruit Milk @	17 Cinnamon Crumble ^+@ Seasonal Fresh Fruit 100% Fruit Juice Milk @	18 Whole Grain Breakfast Bar ^+@%\$@ 100% Fruit Juice Seasonal Fresh Fruit Milk @	19 Oatmeal Breakfast Bun ^+@%\$@ 100% Fruit Juice Seasonal Fresh Fruit Milk @
22 WG Cinnamon Bagel ^+ Cream Cheese @ 100% Fruit Juice Seasonal Fresh Fruit Milk@	23 Whole Grain Cereal ^+ String Cheese @ 100% Fruit Juice Applesauce Milk @	24 Breakfast Apple Bites %@\$^+ Seasonal Fresh Fruit 100% Fruit Juice Milk @	25 Whole Grain Muffin +^\$%@ 100% Fruit Juice Seasonal Fresh Fruit Milk @	26 Whole Grain Vanilla Breakfast Square ^+@ 100% Fruit Juice Seasonal Fresh Fruit Milk @
29 SCHOOL HOLIDAY	30 Whole Grain Cereal ^+ String Cheese @ 100% Fruit Juice Applesauce Milk @	31 Cinnamon Crumble ^+@ Seasonal Fresh Fruit 100% Fruit Juice Milk @		

All Elementary schools are peanut free schools—
PB&J will always be replaced by peanut free sand-
wich (Sunbutter or Soybutter)

- Peanuts!!**
Pork*
Whey=
Corn>
Milk@
Eggs%
- Beef#
Soy\$
Wheat+
Gluten^
Fish~