

# Celebrando la Herencia Hispana

Hablemos en español

Septiembre 15-Octubre 15, 2023



**HISPANIC HERITAGE MONTH**



# How is it celebrated? a few ideas.....

1. Dances - Baile
2. Fiestas - Parties
3. Cookouts - Kermes
4. Story telling - Cuentos
5. Concerts - Conciertos
6. Feature Hispanic staff at your site



## Highlighting Hispanic:

Writers - Books in Spanish

Artists - Art

Scientists

Traditional Dresses parade

Traditions - Holidays

Flag Parade

Using signs in Spanish throughout your campus

Playing Latin Music on campus

Display a Map with Hispanic Countries and names

Pictures of Natural monuments in Latin

America/ Historical landmarks

Flora and Fauna of Latin America

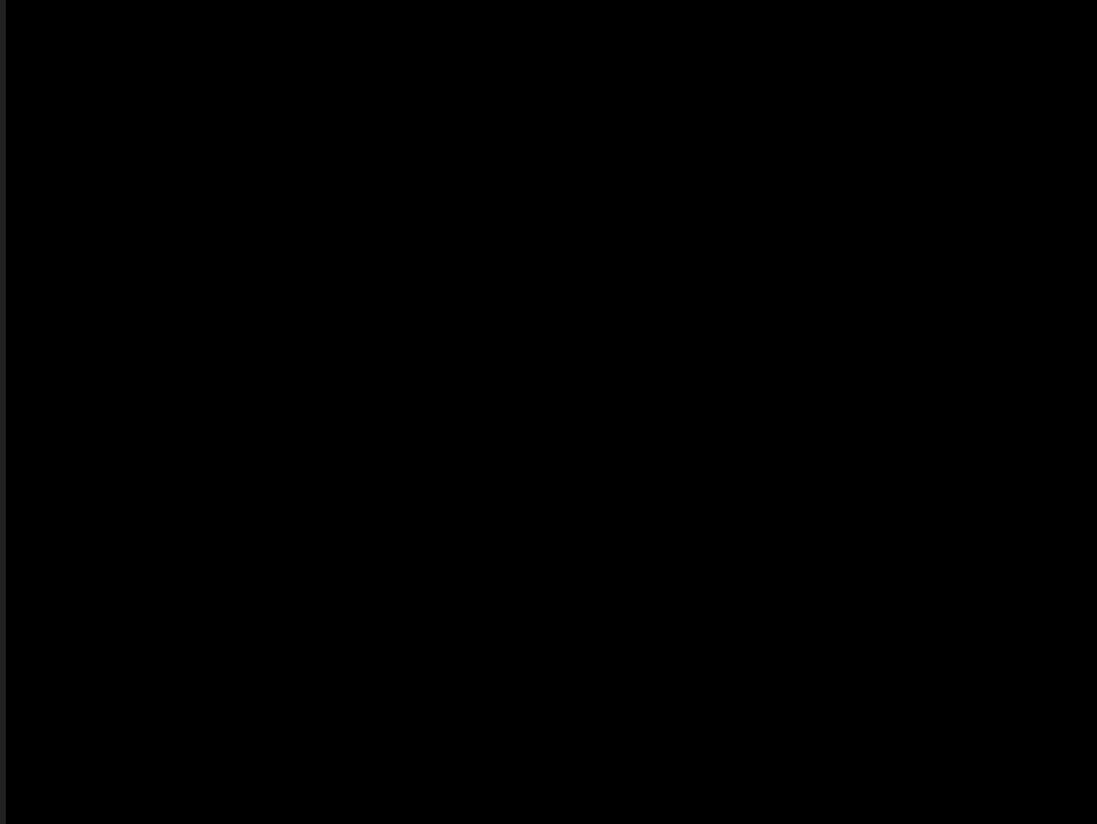


# How our Schools are celebrating it ?



# Parent Outreach in Action

## Last Year's Events



# ESL / Basic Technology Classes





## E.S.L. CLASSES AND TECHNOLOGY FOR ADULTS

**STARTING SEPTEMBER 26, 2023**  
**ROOM 4 LA P.A.R.R.A.**  
**TUESDAYS AND THURSDAYS**

**E.S.L. 8:30-9:30 AM**  
**TECHNOLOGY 9:30-10:30 AM**





**ACACIA MAGNET**  
**55 W. Norman St. Thousand Oaks, CA.**

**Contact: Belen Quezada**  
**(805)495-5550 ext. 204**

**REGISTER IN THE LINK**  
<https://forms.gle/N7Ew11wYhy4bRvvQ8>

## WALNUT ELEMENTARY

★ **Clases de Inglés y Tecnología para Adultos**  
 ★ **English and Technology Classes for Adults**

Lunes y Miércoles  
 Monday and Wednesdays  
 from 8:15-10:30 a.m.

*A Partir / Starting*  
 September 27th.

**Reinscribirse aquí**  
**Register here**

**Walnut Elementary School**  
**581 Dena Dr. Newbury Park**  
**Room #19**

Comuníquese / Contact: Elizabeth Alamilla  
 Bilingual Parent Outreach Specialist  
 (805) 498-3608 Ext.106  
 ealamilla@conejoUSD.org



¡Todos los Adultos son Bienvenidos!  
 All Adults are Welcome!!



## LEARN ENGLISH AT PARK OAKS!

And help your children achieve academic success.






**ENGLISH CLASSES FOR ADULTS AND TUTORING FOR ELEMENTARY SCHOOL CHILDREN EVERY WEDNESDAY FROM 6:00 PM TO 7:30 PM**

**LOCATION: PARK OAKS OUTREACH TUTORING CENTER**  
**1335 BOUGANVILLE STREET, THOUSAND OAKS CA. 91360**

**Sign up Here**



Contact us:  
 Ana Alvarez: aalvarez@conejoUSD.org  
 Lily Flores: lflores@conejoUSD.org  
 Alma Molina: amolina@conejoUSD.org  
 Monica Guzman: mguzmanrojas@conejoUSD.org







**Clases de Inglés!**  
 Los viernes, de 8:30 a.m. - 10 a.m.

<https://forms.gle/3ho2y2CDdGhGg7nF7>

Inscríbese hoy con el código QR o con el link!

Ubicación: oficina de Conejo Creek

1707 Calle Diamante, Thousand Oaks, CA 91320

**Comenzamos 9/29/23**

**Para más información**  
**805-768-4703**  
[lcalleshernandez@conejoUSD.org](mailto:lcalleshernandez@conejoUSD.org)  
[aalvarez@conejoUSD.org](mailto:aalvarez@conejoUSD.org)

# For your schools:

Series of 6 sessions,  
90 min each session

Graduation ceremony with all the  
parents that completed the series!

## Enjoy the experience of raising your children

Learn how to develop a safe environment for your children using the powerful tools of love and communication. Receive the necessary information by attending the course:

### Parents Raising Children in a Safe Environment

**A course of 8 classes where you will learn about:**

1. Child Development and what affects it
2. Children and Violence
3. How to Handle Anger
4. Conflict Management
5. Parenting Styles
6. Positive Discipline
7. What is Depression?
8. Mass Media and Social Media



**Where:** \_\_\_\_\_

**When:** \_\_\_\_\_

**For more information contact:** \_\_\_\_\_

Participants will receive a certificate of completion at the end of the program. Childcare will be available. **This program is sponsored by the Westminster Free Clinic. (Program presented in Spanish)**



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If interested, please fill out this form and return it to the school office.

Parents attending the course:

Name: \_\_\_\_\_ Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Email: \_\_\_\_\_

Student information:

Names: \_\_\_\_\_

\_\_\_\_\_

School: \_\_\_\_\_

# For your schools:

## Spanish literacy

\*Please refer parents to us and we will contact them.

Classes will be offered  
Wednesday nights at Park Oaks  
Friday mornings at Conejo Creek

## CLASES PARA OBTENER EL CERTIFICADO DE PRIMARIA Y SECUNDARIA

¿ Te interesa obtener el certificado de conclusión de estudios de primaria y/o secundaria ?

PROGRAMA ACADÉMICO DEL INEA (INSTITUTO NACIONAL PARA LA EDUCACION DE LOS ADULTOS), PATROCINADO POR IME / CONSULADO DE MEXICO EN OXNARD.

### TE OFRECE:

- ✓ Clases para adultos una vez por semana.
- ✓ Duración de 1 hora y media.
- ✓ Curso con validez oficial.
- ✓ Se entrega certificado de primaria y/o secundaria emitido por la Secretaría de Educación Pública de México.



### Mayor información:

 Ana Alvarez  
aalvarez@conejousd.org  
 Rocío Levaro  
rievaropano@conejousd.org  
 Jeannette García  
jeannettegarcia@conejousd.org



### Síguenos en:

 [www.conejousd.org/Paga/1730](http://www.conejousd.org/Paga/1730)  
 CVUSDoutreach  
 @CvusdOutreach  
 CVUSDoutreach  
 @cvusdoutreach8269



# For your schools:

They can give 30 min presentations at your ELAC Meetings

In January they will start offering the nutrition classes series

## Nutrition Education and Obesity Prevention Program (NEOP)

### Join the Movement!

The Nutrition Education and Obesity Prevention (NEOP) Program offers a variety of nutrition education and physical activity opportunities and resources for community members and service providers.

Our mission is to educate and empower community members to increase fruit and vegetable consumption, physical activity, and food security with the goal of preventing obesity and other diet related chronic diseases.

Our **FREE** services include:

- Nutrition Class Series
- One-time Nutrition Lesson
- Physical Activity Education & Promotion
- Food Demonstrations & Taste Testing
- Garden-Based Nutrition Education
- Early Childhood Education
- School & Afterschool Program Education
- Youth Education
- Rethink Your Drink Education
- Train-the-Trainer Workshops
- Technical Assistance and Resources for walking clubs, community gardens and more!



#### For More Information Please Contact:

Adriana Almazan  
805-981-6645  
Community Service Coordinator  
Adriana.Almazan@ventura.org



This material was funded by the United States Department of Agriculture (USDA) Supplemental Nutrition Assistance Program -- SNAP. This institution is an equal opportunity provider.

# Obtenga el certificado médico de salud para estudiantes requerido por las escuelas **GRATIS!**



**LUGAR:** Westminster Free Clinic  
1000 E. Janss Rd.  
Thousand Oaks, CA

**FECHA** 27 de Septiembre, 2023 y  
4 de Octubre, 2023

**HORA:** A partir de las 5:00pm  
**SE ATIENDE POR ORDEN DE LLEGADA**

*Si es posible, traiga el historial médico y el  
registro de vacunas de sus niños*

**Si tiene preguntas o si sus niños  
necesitan vacunas llame al (805) 210-4824**

*\*\*Westminster Free Clinic es una organización independiente  
sin fines de lucro no afiliada al Distrito Escolar Unificado del Valle de Conejo (CVUSD)*

**Get the Health Exam Certificate for  
students required for school entry  
**FREE!****



**PLACE:** Westminster Free Clinic  
1000 E. Janss Rd.  
Thousand Oaks, CA

**DATE:** September 27, 2023 and  
October 4, 2023

**TIME:** Starting at 5:00pm  
**FIRST-COME-FIRST-SERVED**

*If possible, bring your children's medical history  
and immunization record*

**If you have questions or if your child(ren) need  
immunizations call (805) 210-4824**

*\*\*Westminster Free Clinic is an independent nonprofit organization that  
is not affiliated with the Conejo Valley Unified School District (CVUSD)*

**For all district families:**

Parent Conference

(one in person presentation and 6 virtual workshops)

*“Roots and Wings”*



## Parenting Workshops

VIRTUAL | HYBRID | IN-PERSON



*Disciplina Positiva*  
POSITIVE DISCIPLINE

**For all district families:**

Family STEAM Activities

@ California Lutheran University

80 families can be invited

(Saturday February 24, 8:30am to 12:30pm)

Still working on MOU

California Lutheran  
UNIVERSITY

**STEAM | Cal Lutheran**

Powered by Amgen Foundation

**Conejo Valley Unified  
School District**

February 24, 2024

8:30 am - 12:30 pm

CLU Campus



**For all district families:**

End of the year Celebration

**“Night with the Stars”**

May 3rd, 2024

@Maple Elementary



End of the year Celebration 2022-2023  
“A Night With the Stars”





CVUSD

**THANK YOU**