

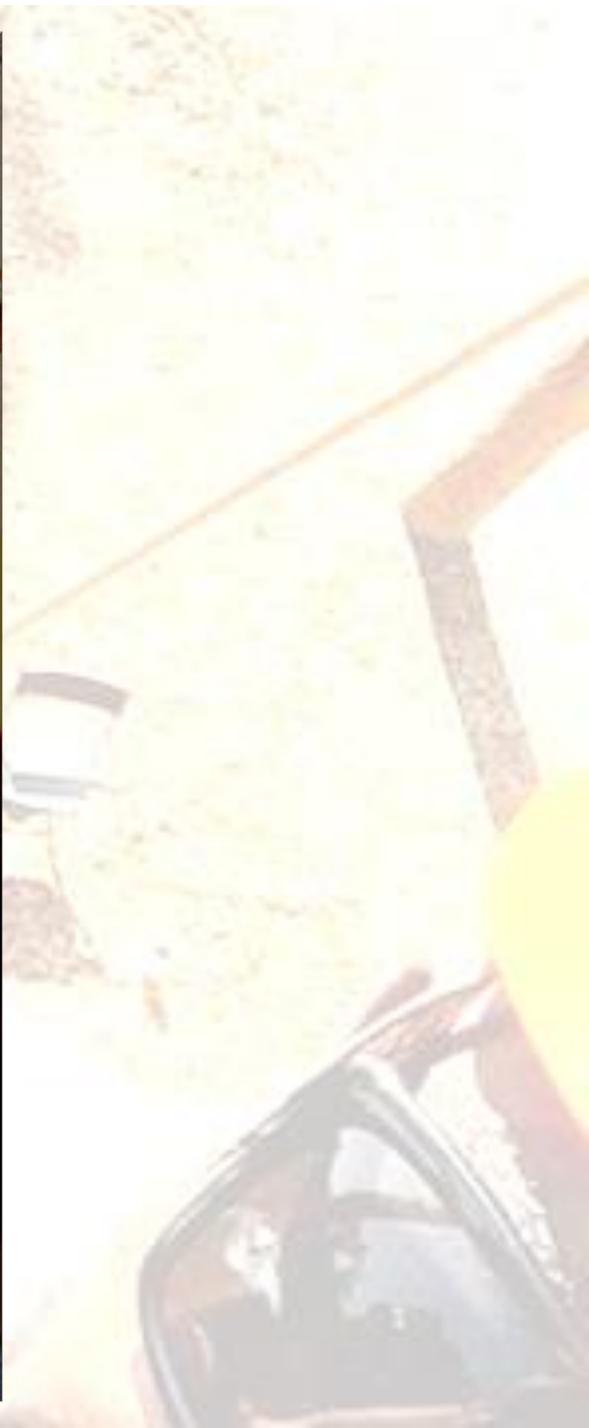
CVUSD Elementary Counseling

Fulcrum Adventures **STAND PROUD**

Board Presentation
January 23, 2018

Katie Berry
Janelle Guillot
Lorena Martinez
Jennifer Sheppard
Nathan Snider





Support
Trust
Acceptance
Nurturing
Dependable
Perseverance
Respect
Opportunity
Understanding
Determination

My favorite game was the Monkey cage. I loved this game because we learned to work together as a team and most importantly communicate with each other. I can use the lesson not just in games but in life. A

first I felt nervous but by the end I felt confident and proud of my team and myself. Stand proud taught me to never give up, to be confident and to trust others.

was very necessary. This also showed me to never give up, and to never get down on yourself and to support others that want to give up.

Sincerely,
Ingrid

Stand Proud



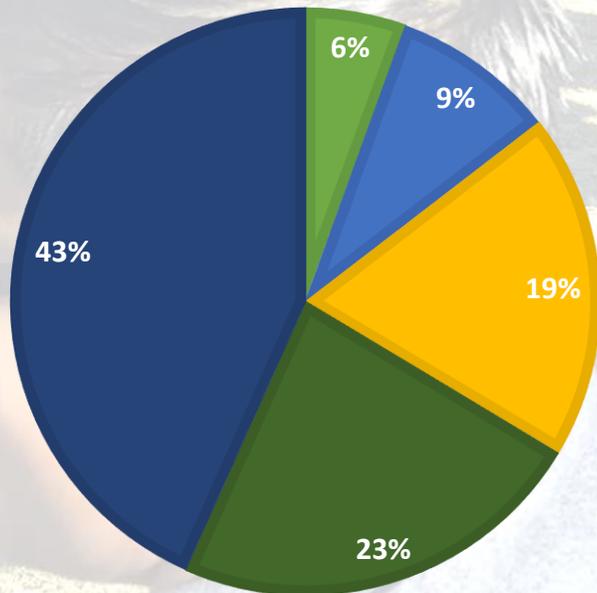
2017-2018 School Year:
Currently serving **1,289**
5th grade students
district wide, from **51**
classrooms.

5 classroom visits per
class, per year equals 255
times Elementary
Counselors are getting
into the classrooms every
year in 5th grade alone.

The first class to
participate in the program
is now in 10th grade;
sophomores in high
school.

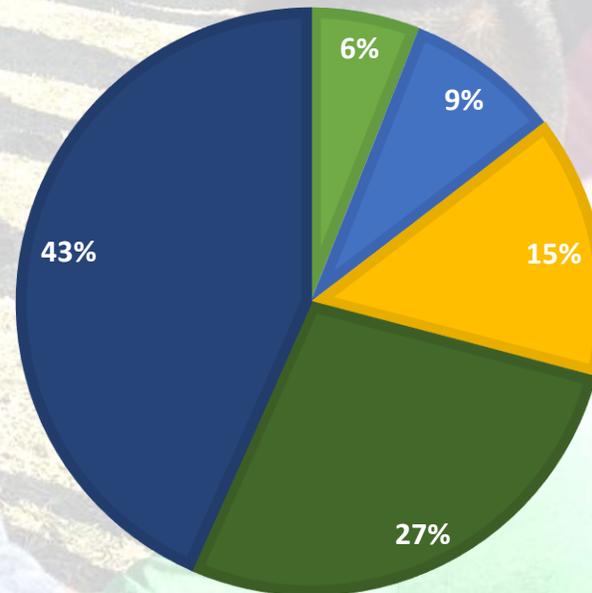
**PRE-SURVEY: I ALLOW OTHERS TO
INFLUENCE ME TO DO OR SAY THINGS
I AM UNCOMFORTABLE WITH**

■ Always ■ Often ■ Sometimes ■ Hardly Ever ■ Never



**POST-SURVEY: I ALLOW OTHERS TO
INFLUENCE ME TO DO OR SAY THINGS I
AM UNCOMFORTABLE WITH**

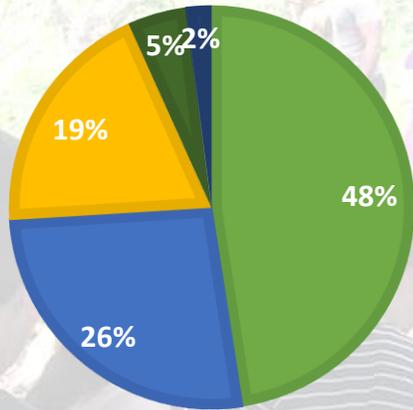
■ Always ■ Often ■ Sometimes ■ Hardly Ever ■ Never



STAND PROUD Facts

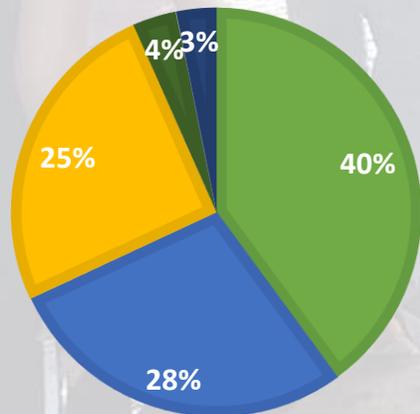
PRE-SURVEY: IN FRONT OF MY FRIENDS, I STAND UP AND HELP SOMEONE WHO IS BEING TEASED OR IS FEELING BAD

Always Often Sometimes Hardly Ever Never



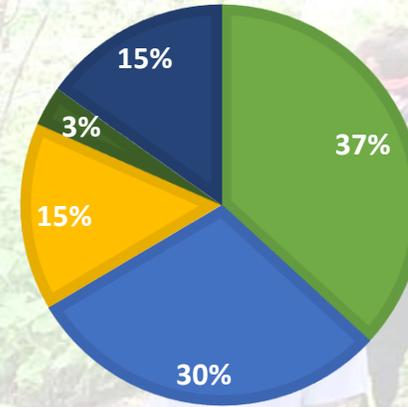
POST-SURVEY: IN FRONT OF MY FRIENDS, I STAND UP AND HELP SOMEONE WHO IS BEING TEASED OR IS FEELING BAD

Always Often Sometimes Hardly Ever Never



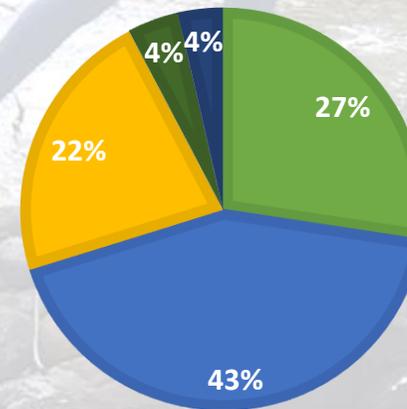
PRE-SURVEY: I AM A POSITIVE LEADER

Always Often Sometimes Hardly Ever Never



POST-SURVEY: I AM A POSITIVE LEADER

Always Often Sometimes Hardly Ever Never





Swamp



Magic Carpet



Climbing Wall - Malibu



Swamp



Monkey Rescue



Birthday Cake

The Activities



Magic Carpet



Swamp



Popcorn



Mind Field

Student and Staff Testimonials

S.T.A.N.D. P.R.O.U.D. teaches you all of these leadership skills that will be useful later in life, all for different reasons. They teach you all of these traits, in all different ways, but they are always able to make the learning really fun! For example, we had a really fun

“We made it!” we said together. That is what S.T.A.N.D P.R.O.U.D is all about, teamwork and facing your fears! You can do anything as long as you put your mind to it, that’s why you should give your 5th graders an opportunity to experience this amazing, life changing trip if you hadn’t already. S.T.A.N.D P.R.O.U.D an amazing program meant for kids to be trustworthy and face their fears. The S.T.A.N.D part is with

and having things more positive. I feel like with our grade doing Stand Proud it makes people’s heads held higher and everyone more proud of what they do and think that we can achieve anything and anyone can they just have to think they can. I like having stand proud at our school because that is what makes us a very trusting group of 5th graders. That is why I think other schools should start this program.

STAND PROUD Field Day #18

How do you feel about participating in the STAND PROUD field day? Why?
I feel super excited because I can't wait till I go out side and do all the fun activities that Fulcrum provided for us. I am also determined to support someone on the field if they get hurt or need help getting on their feet.

STAND PROUD Field Day #25 11/18

How do you feel about participating in the STAND PROUD field day? Why?
I feel anxious about the stand proud field day because I have no idea what activities we are going to do.

What letter of STAND PROUD do you feel will be used the most? Why?
I feel the letter S, support will be used the most today, because in field days everyone always cheers for everyone.

wouldn't you? This program makes a huge difference in a student's personality and makes the kid believe in themselves even more and know they can do anything! Schools should also adapt this program

"Through STAND PROUD students find their voice and become confident in ways they never knew was possible. Growing up is hard to do, but easier with a safe and supportive environment."

- 5th grade teacher,
16 years experience



"Our 5th grade STAND PROUD program offers our students an engaging and hands on approach in learning how to be a respectful person along with building positive character traits."

- 5th grade teacher