

COURSE TITLE: Sports Medicine CP

Level of Difficulty	Estimated Homework	Prerequisites
Difficult	0-30 Minutes	District: 11 th or 12 th Grade Student Department Suggestion: Anatomy Recommended

Course Description:

Introduction to the field of Sports Medicine: career paths, prevention and care of injuries, detailed anatomy of specific body joints, evaluation process & special tests of injuries, treatment protocols, taping techniques, emergency action plans.

Grading:

90%-100% = A

80%-89% = B

70%-79% = C

60%-69% = D

59% and below = F

Grades are weighed in the following manner:

HOMEWORK 25% QUIZZES 40% ESLR 20% PROJECTS 15%

Syllabus:

<https://docs.google.com/document/d/1JrX0iE8STowsJs1AvaXds3n12ivmv6up3dPY1gCt984/edit?usp=sharing>

Supplemental Information:

Homework will include practicing evaluation & taping techniques, memorizing anatomy, etc. Field trips to High School Sports Medicine Seminar & to Cal Lutheran University Exercise Science Lab & Athletic Training Room have occurred in the past with additional cost.