

COURSE TITLE: Beginning PE Dance

Level of Difficulty	Estimated Homework	Prerequisites
Moderate	0-30 Minutes	District: 9-12 Introductory Dance Department Suggestion: Physical Education

Course Description:

This class will introduce the student to a variety of dance styles. As the semester progresses we will study fundamental techniques of modern, contemporary, ballet, jazz, hip-hop, musical theatre, and more. Students will develop skills in dance technique, choreography, group work, and performance; while increasing their flexibility, strength, and stamina in physical fitness. Students will also gain knowledge in dance history and philosophies through written work.

This course is designed for individuals interested in exploring dance for the first time or who has had a few years of training.

Grading:

Participation: 50%

ESLR: 20%

Exams: 20%

Final: 10%

Syllabus:

Attached to teacher website

Supplemental Information:

10 credits in physical education can be earned with a passing grade.

Students will perform in a winter or spring concert along side members from our intermediate, IB World Dance Studies, and dance team members.