

Counselors

- Ms. Choi: A-Da
- Mrs. Coleman: De-I
- Mrs Nedwick: J-Mo
- Mr. Ireta: Mu-Sanc
- (and EL)
- Mr. Napora: Sand-Z



Oldest & Most Experienced Counseling Team in the CVUSD...

Working as Team for Over 6 Years with 75 years of Combined Experience!



Additional Members of the NPHS Counseling Team

• Registrar: Harriet Osinski

Counseling Secretary: Icela Sabory

Assistant Secretary: Tamara Tuelle

College and Career Center



NPHS CareerEducation

@NPHS_CareerEdu

Congratulations and Best Wishes to our beloved Mrs. Ricafort! pantherprowler.org/ricafort-retir...



Ricafort retires after 14 years at NPHS » Panther Pro...

Carmenita Ricafort is retiring this year on Dec. 30 after 14 years at Newbury Park. Ricafort has worked hard with Nick Guerin to make the College and Career Center (CCC) a pantherprowler.org



Nick Guerin – Career Ed. Coordinator

CVUSD Graduation Requirements

Students must earn 230 credits and complete at least Algebra 1 in order to meet graduation requirements

Most classes are 10 credits (6 classes per year = 60 credits total)

Graduation Requirements by Subject

•	English 9,10,11,12	40 credits
•	Math (including Algebra 1)	30 credits
•	Physical Science	10 credits
•	Biology	10 credits
•	Health	5 credits
•	Physical Education	20 credits
•	World History	10 credits
•	United States History	10 credits
•	U.S. Government	5 credits
•	Economics Systems	5 credits
•	CTE / VPA / World Language	10 credits
•	Electives	75 credits

Total Required Credits:

230

University of California / California State University

"A-G" Requirements

CSU-UC Comparison of Minimum Freshman Admission Requirements

	California State University (CSU)	University of California (UC)		
SUBJECT REQUIREMENTS				
	15 year-long/30 semester college preparatory A-G courses are required with letter grades of C or better*:			
	11 UC-required college-preparatory courses must be completed prior to senio (including summer courses)			
A History/Social Science	2 years/4 semesters of history/social science, including one year of U.S. history OR one semester of U.S. history and one semester of American government, AND			
A Thistory; seems seeme	1 year of history/social science from either the A or G subject area	$1\mathrm{year}$ of world history, cultures, or historical geography (including European History) from the A subject area.		
B English	4 years/8 semesters of college preparatory English compos	sition/literature (including no more than 1 year of Advanced ESL/ELD):		
	Advanced ESL may be substituted for the first year of the 4 years of English.	The ESL/ELD cannot be completed during the senior year		
C Mathematics	3 years/6 semesters of mathematics (including or integrating topics covered in algebra I and II, geometry)* (Integrated math sequences may be used to satisfy the C Mathematics requirement.)			
•	Students applying to CSU and UC must complete a geometry course (or integrated math courses with geometry content).			
	2 years/4 semesters of science			
D Science	At least 1 year of physical science and 1 year of biological science, one year must be from the D subject area and the second year may be from the D or G area ** Integrated/Interdisciplinary courses may be used to fulfill either physical or biological science.	Must include at least two of the three foundational subjects of biology, chemistry, an physics (including Biology/Earth & Space Sciences, Chemistry/ Earth & Space Sciences and Physics/Earth & Space Sciences as part of the Next Generation Science Standards [NGSS] models); or two years of a three-year NGSS integrated science model; or one year of biology, chemistry or physics and one year of an approved science chosen from the earth & space sciences or interdisciplinary sciences disciplines. Approved courses the applied science, computer science, and engineering disciplines may only be used for a 3rd year (or beyond) of the science requirement. Courses must be from the D subject area.		
E Language Other Than English	2 years/4 semesters (or equivalent to the 2 rd level of high school instruction) of a language other than English* (Courses must be in the same language, American Sign Language allowed)			
F Visual and Performing Arts	1 year/2 semesters (or two one-semester courses in the same discipline) required, chosen from the following disciplines: Dance, Music, Theater, Visual Arts or Interdisciplinary Arts			
G College Preparatory Elective	1 year/2 semesters of elective course work chosen from any area on approved A-G course list			
REPEATED COURSES	California State University (CSU)	University of California (UC)		
	CSU and UC do not use plus/minus grades in the GPA calculation; for example, a C- = C.			
	Required A-G courses must be completed with a grade of C or better. Any course may be repeated with the exact same course. There is no limitation on the number of times a course can be repeated.	Required A-G courses must be completed with a letter grade of C or better!. Courses with D/F grades may be repeated. There is no limitation on the number of times a course can be repeated. Repeated courses can have the same or similarly named course titles (e.g. English 9 or English 1). The first instance of a letter grade C or bette will be used in the GPA calculation.		

^{*} High school-level coursework completed in 7th and/or 8th grade can be used to meet the area C and/or E requirements.

^{**} It is best to prepare for both UC and the CSU by completing two laboratory courses from the D subject area.

Freshmen are required to take SIX CLASSES



English

Math

Science

Physical Education

Health/Careers & Geography

Elective

THE BLOCK SCHEDULE

SPRING (aka "Term 2")

OPTIONAL Period 1 (7:10am-8:05am)

A 10-credit class meets 55 minutes ALL YEAR A 5-credit class meets 55 minutes for 18 WEEKS

Period 2 (8:15 am – 9:50 am)

A 10-credit class meets 95 minutes for 18 weeks

Period 2 (8:15 am - 9:50 am)

A 10-credit class meets 95 minutes for 18 weeks

Period 3 (10:05 am – 11:45 am)

A 10-credit class meets 95 minutes for 18 weeks

Period 3 (10:05 am – 11:45 am)

A 10-credit class meets 95 minutes for 18 weeks

Period 4 (12:30 pm – 2:05 pm)

A 10-credit class meets 95 minutes for 18 weeks

Period 4 (12:30 pm – 2:05 pm)

A 10-credit class meets 95 minutes for 18 weeks

OPTIONAL Period 5 (2:15pm – 3:05pm)

A 10-credit class meets 55 minutes ALL YEAR A 5-credit class meets 55 minutes for 18 WEEKS

MINIMUM SAMPLE SCHEDULE

(WITHOUT A 1ST OR 5TH PERIOD) 8:15 AM TO 2:05 PM (60 CREDITS)

FALL (aka "Term 1")	SPRING (aka "Term 2")	
ENGLISH	MATH	
EARTH SCIENCE	PE 9	
WORLD LANGUAGE or ELECTIVE	HEALTH/GEOGRAPHY	

MAXIMUM SAMPLE SCHEDULE

(WITH A 1ST AND 5TH PERIOD) 7:10 AM – 3:05 PM (80 CREDITS)

FALL (aka "Term 1")	SPRING (aka "Term 2")	
AP ART History (or any other 1 st period elective on Course Contract)		
ENGLISH		
EARTH SCIENCE	PE 9	
WORLD LANGUAGE or ELECTIVE	HEALTH/GEOGRAPHY	

Orchestra (or any other 5th period elective on registration form)

Course Selection Contract:



Newbury Park High School 9th Grade Course Selection Contract

Student Name
Student ID#
*Home Phone*Cell Phone
Student E-mail Address
Parent/Guardian E-mail Address
* Permission to send text messages? Parent: Student:
Directions:
1. Review Courses: www.nphs.org/counseling/coursedescriptions.htm .
Complete this contract and be sure to include signatures
 Bring four signed and COMPLETED contract with fou on the daf
ou are assigned to meet with four counselor.

NPHS Course Selection Guidelines

Schedule changes will not be made to accommodate teacher requests, period requests, extracurricular or athletic activities.

A required schedule change will be made for a student who failed a course or who completed a pre-approved summer school course.

A requested schedule change will be made only if it improves the integrity of your schedule for graduation or college entrance requirements AND if there is space available. Schedule change requests can be addressed in August during Schedule Pick-Up Day.

- Athletics If fou plaf a NPHS team sport, fou can earn 6 Physical Education credits each season toward four 20-credit requirement. If fou intend to plaf a sport and fou are a freshman, fou must take Physical Education 9 in addition to four sport. For all grade levels, fou will be placed in four sport as an elective after four name appears on a team roster. For Athletic information, visit: www.nphsathletics.org.
- Honors Placement If fou are CURRENTLY taking an honors/AP/IB
 course and fou earning a B or higher, fou maf choose the next
 sequential honors/AP/IB course.

If you are NOT currently taking an honors/AP/IB course, you must earn an A in all final marking periods in a CP course. If you do not have an A in all final marking periods, you must pass the requisite placement

For information about the honors application process and test content, visit: http://www.nphs.org/counseling/placementtests.htm .

Prerequisite

If a course requires a prerequisite or an audition, as indicated in the column next to the course title, make sure that fou qualiff BEFORE fou select it. If fou do not qualiff, choose a different course! For more information about specific prerequisites and audition dates, visit: http://inphs.org/courseling/CourseSequences.htm.

Course Selection

Turn this form over and review the course offerings. Select a course for EACH section, including TWO alternates for your elective choice.

	REQUIRED COURSES			
	1. English	Course:		
	2. Math	Course:		
-	3. Science	Course:		
	4. Health	Course: Health/Geography/Career Prep.		
	5. Physical Ed.	Course: Physical Education 9		
	ELECTIVE (be sure to choose TWO alternates!)			
	Course 6:		Alternates:	
			1	
			2	

IF you plan to take a 1st and/or 5th period, indicate your choice (s):

FIRST PERIOD (7:10 - 8:05)	Course: Preferred Term: Fall Spring All Year
FIFTH PERIOD (2:15 - 3:05)	Course: Preferred Term:

IF fou plan to take health 1st period, indicate an additional elective:

Additional Elective:	Alternates:
	1
	2

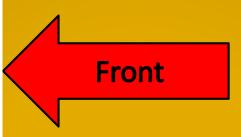
Summer School

If fou REMEDIATE in summer school (successfull) repeat a sequential course to improve a D or an F) fou will be able to move to the next level after grades are received. If fou ACCELERATE (take a required course for the first time), fou might not be able to get four first, second, or even third choice elective (because upperclassmen have priority).

IF fou plan to attend summer school, indicate the summer school course fou plan to take (including location) AND the course fou want to take at NPHS after fou successfull complete the summer school course.

Summer School Course I Plan to Take:	Location of Course:
Course I Want IF I Complete Summer School:	Alternate Choices: 1 2







NPHS GRADE 9 COURSE SELECTIONS (*indicates UC a-g approved)

ENGLISH If you have an IEP, see your case manager for placement		Visual & Performing Arts (con't)	
English 9 CP*		Color & Design*	Drawing highly recommended
English 9 Honors*	B in Eng. 8 Honors or A's in Eng. 8		C or higher in Art Media or
	ive an IEP, see your case manager for placement	Drawing*	teacher approval
Algebra 1A C or higher in Algebra Readiness		Eco Art*	
Algebra 1B*	C or higher in Algebra 1A	Digital Video Production*	
Algebra 1 CP*	C in Math 8 or Algebra 1B	Music Appreciation*	
Algebra 1 Honors*	A in Math 8	Theater 1*	
	C or higher in Algebra 1 CP or	Theater 2*	
Geometry CP*	Algebra 1B CP	World Languages	
Geometry Honors*	B or higher in Algebra 1H or A's in Algebra 1CP	French 1 CP*	
Algebra 2 CP*	C or higher in Geometry CP	French 2 CP*	C or higher in French 1 CP
	B in Geometry Honors or A's in	Spanish 1 CP*	
Algebra 2 Honors*	Geometry CP	Spanish 2 CP*	C or higher in Spanish 1 CP
Science If you ha	we an IEP, see your case manager for placement	Chinese 1 CP*	
Geoscience CP*	•	Chinese 2 CP*	C or higher in Chinese 1 CP
Chemistry Honors*	B in Science 8H or A's in Science 8	PERIOD 1 CLASSES	
Physical Education		AP Art History*	year-long
Dance	MUST also take PE 9	AP Human Geography*	year-long
English (electives)		Computer Graphics*	year-long
Journalism CP*		Concert Choir*	audition required, year-long
CTE (electives)		Concert Band*	audition required, year-long
Broadcasting 1 CP*			C or higher in Algebra 1 CP or
Intro. To Business*		Geometry CP*	Algebra 1B CP
Entrepreneurship*		Health	semester (Fall or Spring)
Food & Nutrition*		Leadership	application required
Food & Hosp. ROP*	C or higher in Food & Nutrition	Screenwriting*	i ' '
Wood 1		PERIOD 5 CLASSES	
Social Science		Academic Decathlon	application required
AP Human Geography*	ROTATOR	Athletic Trainer	application required
		Color Guard/Pageantry	audition required
Visual & Performing Arts		Instrumental Ensemble	audition required
Art Media* Beginning Instruments	 	Jazz Ensemble	audition required, year-long
(band)		Marching Band	audition required, FALL sem.
Beg. Instruments		Mock Trial	application required
(strings/orchestra)		Orchestra*	audition required, year-long
Orchestra CP*		Technical Theater CP*	and the same of th
Chamber Orchestra H*	audition required, ROTATOR	Yearbook	app. required/year-long
Chorus	audition required	Tearbook	app. required/year-long





COUNSELINGHOME

COUNSELINGSTAFF

INDEX OF LINKS

CALENDAR

COLLEGE & CAREER

COURSECATALOG

NAVIANCE

ZANGLE/Q

Course Registration > Course Profiles

COURSE PROFILES

Each course profile includes a description of the course, required & suggested prerequisites, estimated workload, and credit fulfillment information.

AVID

English Language Arts

Social Science

Mathematics

Science

World Languages

Visual & Performing Arts

Physical Education

Career Technical Education

Special Education

Health & Geography / Career Preparation

Non-Departmental

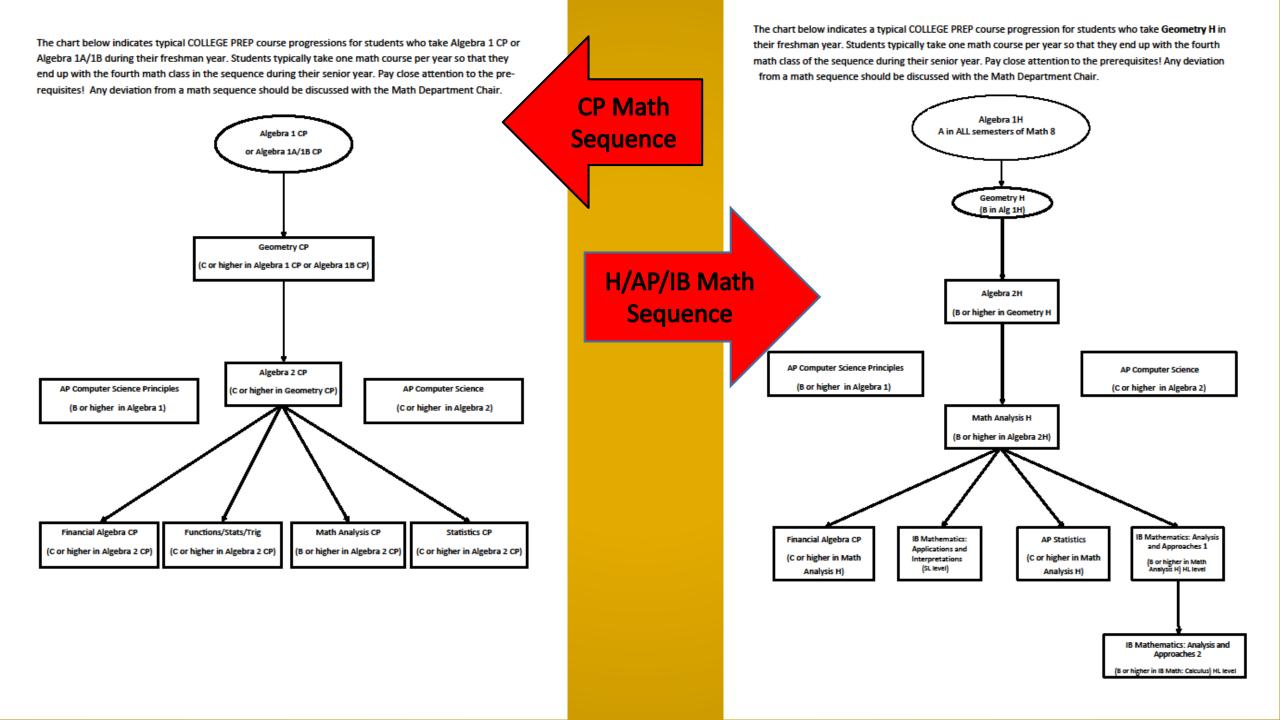
Audition Only & Application Only

Videos about various NPHS courses/programs can be found HERE.

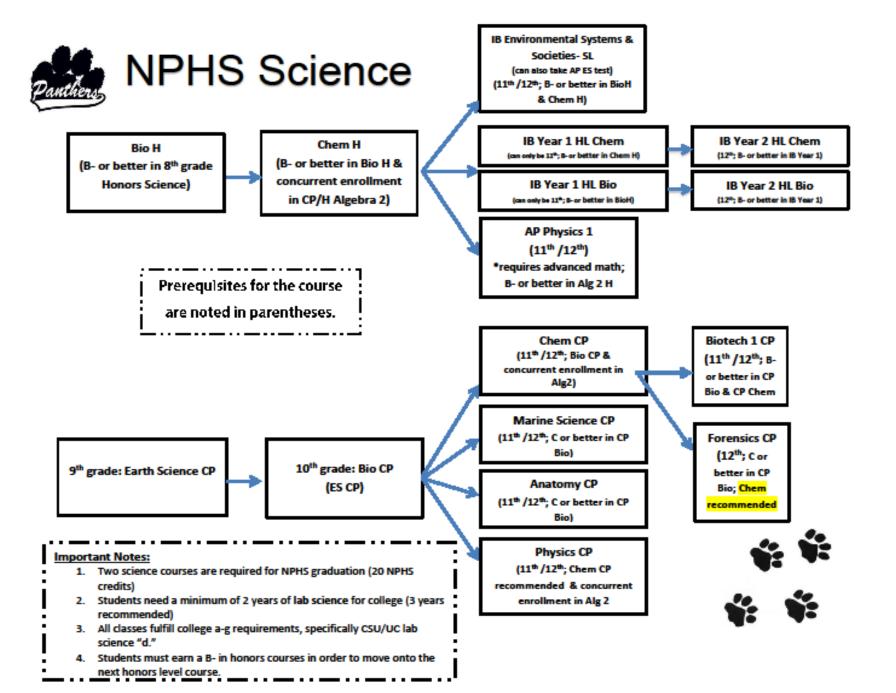
A list of NPHS's approved A-G courses can be found at the UC Doorways site HERE.

For a description of the NPHS Pathways and Majors programs, click HERE.

A list of NPHS's approved NCAA courses can be found HERE. Use code 052117 to search for NP.



Science Sequence



Athletics

If you play a NPHS team sport, you will earn 5 credits each season toward your 20-credit PE requirement. If you play a NPHS team sport as a freshman, are not required to take PE 9. Your sport will be added to your schedule (as a period 5) after your coach adds you to a team roster. For Athletic information, visit: www.nphsathletics.org. If you intend to play a NCAA/NAIA sport in college, it is your responsibility to review the following eligibility requirements: NAIA





FINANCIAL AID • SCHOLARSHIPS

PROGRAMS & COURSES

MyVCCCD

Canvas

Class Schedule

Mobile App

En Español

Give

Dual Enrollment for Grades K-12

Home > Departments > Student Services > Admissions & Records > Dual Enrollment for Grades K-12

Accelerated Courses (Dual Enrollment) through Moorpark College

Articulated Classes (classes on NPHS campus earn college credit)

Moorpark College Course Registration Procedures

If you decide to take a course off-campus, please read the District policy FIRST:

http://dev.nphs.org/wp-content/uploads/2020/02/Online-Guidelines-2020.pdf

YOU will be responsible for:

- 1. Finding the course provider (and making sure the provider is not only accredited but that they issue grades, credits, and an official transcript)
- 2. Paying for any tuition/fees (if there is a cost)
- 3. Providing an official transcript to NPHS after you complete the course (if you want it to be added to your NPHS transcript)



CVUSD Online /Correspondence Course Guidelines

The Board of Education strongly recommends that parents/guardians and students seek guidance from counselors and/or administrative staff prior to enrolling in correspondence and online courses.

CVUSD Board Policies - 6146.1 and 6146.11

- Parents/guardians are responsible for determining the accreditation status of the correspondence instruction/online learning courses taken separate from CVUSD
- Only accredited courses taken from accredited institutions can be applied towards CVUSD graduation requirements.
- To be accepted by the CVUSD these courses must be from an accredited university, college, or University of California approved online provider. To check on the accreditation status the WASC website can be accessed here: http://www.acswasc.org
- The actual course(s) must also be approved by the accredited university, college or University of California approved
 online provider
- If your student is a college-bound student, it is necessary for them to meet the University of California and California
 State University "A-G" requirements. You can access the "A-G" database here: http://www.ucop.edu/agguide/
- A student can earn up to a total of 40 high school credits towards CVUSD graduation requirements through
 correspondence instruction/online learning while enrolled full-time at a CVUSD comprehensive high school
- Letter grades are to be recorded at the level (AP, Honors, CP, Standard) of the course that is taken
- NCAA eligibility should be investigated/considered in advance of courses being taken if applicable: https://web3.ncaa.org/hsportal/exec/hsAction?hsActionSubmit=searchHighSchool
- Credits granted by WASC/WASC affiliates namely: (Middle States Association, New England Association, Central
 Association, Southern Association, Northwest Accreditation Commission (NWAC)) will be accepted for full value by
 secondary schools in the District
- Courses taken from schools not accredited by any association WILL NOT be accepted for graduation credit by secondary schools in the District

Maximum Student Course Load (Regular School Year/Per Semester)

- Normal semester student course load 30 credits; With the approval of the principal or their designee Maximum 45 credits per semester
 - Please note that online/correspondence courses are taken on a semester by semester basis. Prerequisite
 course completion must be verified prior to the start of the next course in the sequence (if the course is part
 of a sequence of courses). All completion dates and grade requirements must be consistent with school and
 CVUSD policy and course guidelines

Maximum Student Course Load (Summer School)

 Students may take courses equivalent to 15 total high school credits that will apply to CVUSD graduation requirements in summer session

NOTE: If students do not complete the intended class, the school will make every effort to accommodate the proper schedule adjustment based upon space availability.

Twilight Academies



Welcome to the NPHS Twilight Tutoring Academy

Mondays-Thursdays 3:30-5:30

(Special Educ is Mon-Thurs 5:00-6:00)

Click on the tab of the center you would like to visit!

General Educ. Math

General Educ. Science

General Educ. World Languages

Rectangular Snip

General Educ. Writing Center (English)

General Educ. Social Science (History)

Special Educ English and Math

English Language Learners (EL)

Offered Tuesdays and Thursdays from 3:30-5:30

Technology Support

CVUSD Social Emotional Support

Parents/guardians can request an appointment for their student or call for information about community resources and/or short-term social-emotional support.

Request an Appointment

or CALL (805) 494-9367

Monday-Friday (school days only)

8:30 am - 4:00 pm

Se Habla Español

This is not a crisis line. For emergencies, please call 911 or one of the hotlines listed below.

Please do not leave voicemail messages after hours as those will not be retrieved until open hours.

Mental Health Crisis and Emergency Hotlines

Ventura County Crisis Team (24/7) - 866 998-2243

National Suicide Prevention Hotline (24/7) - 800 273-8255

Trevor Project Life Line (24/7) - 866 488-7386

Crisis Text Line (24/7) - Text HOME to 741741

Taking Care of the Whole Student, Social / Emotional at the District Level

Taking Care of the Whole Student, Social / Emotional at the School Level

SOCIAL EMOTIONAL SUPPORT

NEWSLETTER:

Managing Stress and Anxiety

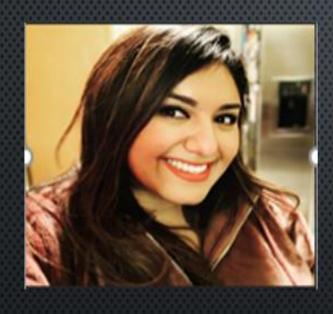
RESOURCES:

NPHS "WELLNESS WEDNESDAY" (drop-in Zoom session for NPHS students facilitated by NPHS counselors from 11 – 1)

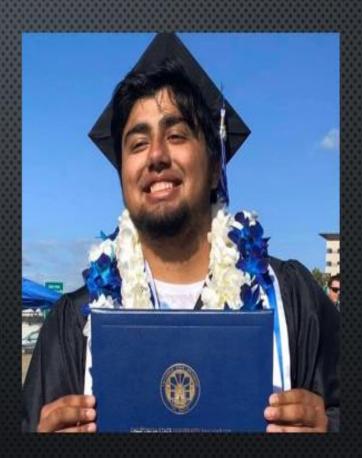
DISTRICT SOCIAL EMOTIONAL SUPPORT PAGE (Social-Emotional & Mental Health Resources & Supports during Distance Learning)

CVUSD WELLNESS ROOM (designed to connect students and parents to calming activities and tools to promote well-being)

Wellness Counselors



Anel Gomez



Luis Herrera

Technology Support

Help Desk Hotline



For urgent technology support, please contact our Technology Services team Monday through Friday at the following times and phone numbers:

Students and Families 8:00 am - 7:00 pm please call: (805) 498-0527 **Staff 8:00 am - 4:00 pm** please call: (805) 498-4557 x7592

Para soporte tecnológico urgente, comuníquese con nuestro equipo de Servicios Tecnológicos de lunes a viernes en los siguientes horarios y números de teléfono:

8:00 am a 7:00 pm llama (805) 498-0527

Remote Learning Online Support Form & Technology Access Request Form

Please complete the below form to receive remote learning support and assistance. This form may also be completed to request a technology device from CVUSD for student's remote learning. If you need immediate assistance please call 805-498-0527



Submit a Student Remote Learning Support Request Here





NAVIANCE



COLLEGES

Home



COLLEGES

I'm thinking about



COLLEGES

I'm applying to

Find Your Fit

Research Colleges

Apply to College

Scholarships and Money

Course Catalog

Courses I'm thinking About

Manage Course Plans



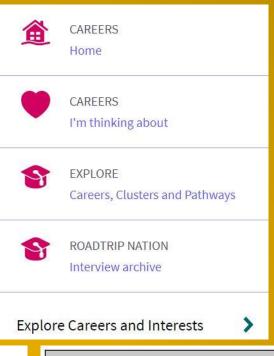
MY PLANNER

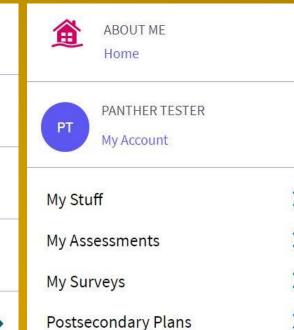
Overview

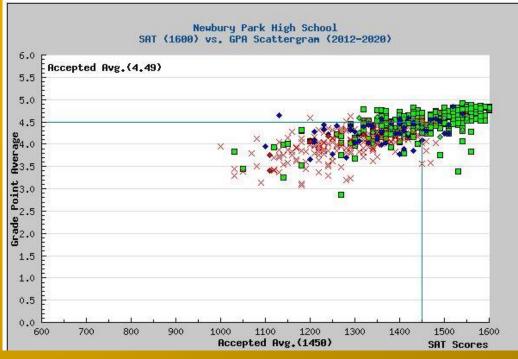
Goals

To-dos

Tasks







SPECIAL INTEREST AREAS

Extra/Co-Curricular Participation

- Athletics (must have 2.0 GPA or higher to participate)
- <u>100+ Clubs</u>
- Music Program (orchestra, band, vocal, theater)
- HONORS, <u>ADVANCED PLACEMENT</u>, <u>INTERNATIONAL BACCALAUREATE</u>
- Digital Arts Technology Academy (<u>DATA</u>)
- Majors Program
- AVID

FUTURE PANTHER NIGHT

...STAY TUNED for more information about:

- Music Performances
- Club Information
- Dance Team Demo
- Counseling FAQs
- Panther Athletes
- Student Store
- Sign Up for Sports and Clubs

...and much more!

FRESHMAN ORIENTATION

...STAY TUNED for upcoming dates for:

- Tours
- Mandatory ID Pictures
- Pick up:
- Schedule
- Pre-purchased P.E. Clothes
- Student Activity Card Cards
- Text Books
- Spirit Packs (if Purchased ahead of time)

FIRST DAY OF SCHOOL: August 18, 2021

Visit our counseling webpage for important information

