



Counseling Gazette

Welcome Back!

We know the previous school year was different for students and families, because it was different for us as well, and although this school year will not look exactly like what we are used to, we are excited to be back for full-day, in-person learning. We understand there may be some apprehension especially for students who were not on campus last year, but everyone at your school is doing everything they can to help you feel welcome, prepared, and safe for this school year.

As counselors, we often stress the need for routine to help students feel more comfortable about what they need to do day-in and day-out, but never so much as now. Routine reduces anxiety-provoking unknowns and brings a sense of safety to an otherwise awkward situations.

Classrooms will have a routine that might be very new to our students who remained virtual last school year. It will take time to get used to, but our schools are working extra hard to make sure their campuses are safe for students to return.

Social Emotional Learning

The counseling team will be supporting teachers and students with their social emotional learning (SEL) this year with lessons provided to all teachers. The time students spend on social emotion learning will help them work through the feelings that come with starting a new school year after the very different year they have experienced.

It is never a bad thing to talk through our emotions, but it is not always an easy thing to do.

Taking the time to work on SEL will also help improve student friendships in every part of their lives and many of the skills they will be practicing can be used throughout their adult life, as well.

Regardless of what kind of school year your student had last year, this is a new year with new opportunities. Help encourage your student to take advantage of all that is offered. You never know what will become their next passion.

Counselors

Counselors are here for you and your students. Please reach out to your school counselor with any questions or concerns you may have and we will do all that we can to help. We look forward to seeing all of the students back on campus and to make new connections with students we have not met yet.

Cheers to a new year!

The Elementary Counseling Team

Dates to Remember

Monday-Tuesday, September 6-7

NO SCHOOL

Labor Day & Rosh Hashana Holidays

Thursday, September 16

NO SCHOOL

Yom Kippur Holiday

Monday-Friday, October 11-15

Elementary Minimum Days

for Parent/Teacher Conferences

Monday, November 1

NO SCHOOL

Professional Learning Day

Elementary Counselor

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