

**January 28, 2020**

Minutes- Wellness Committee

Welcome and Introductions

- In attendance: attendees are listed in the sign in sheet.

Virginia asks for approval of last meeting minutes.

Revisions to the Wellness Policy: modify the language on page 4: “in order to ensure that students have access to comprehensive health services, the district may provide access to health services at, or near, district schools and may provide referrals and/or information on available resources”.

Shauna shares that Student Support services has a resources document for parenting support in the community, social services, hotline numbers. The department provides referrals to Interface and VC Extension.

Discussion about food deliveries on school sites as the policy mentions *food available during the school day*.

Virginia asks for the Committee to look at the Policy and come up with other changes /suggestions if necessary.

Shauna reached out to the high school Principals about inviting students to be part of the committee. She will follow up with WHS Principal who thought he had students that were interested. Virginia will reach out to Brian Mercer to invite students that participate in SDAC.

Rekha questions about policy reinforcement for class celebrations that include food. Schools are aware of the policy limitations, but it is up to the sites to reinforce the policy.

Shauna update the Committee on the mental health support provided in the District. Lisa Miller will give a presentation in next week’s Board of Education meeting.

Virginia shares the availability through USDA of a fresh fruits and vegetables program, that would allow for taste testing at schools that are interested, It is grant based, Maple expressed interest in applying

Virginia distributes the school implementation plans, schools have very different approaches,

Gail asks about summer feeding program in the community.

Rekha suggests that it can be presented to Principals that Wellness Committee be a part of the School Site Council at each site, Principals can request a wellness liaison to attend the meetings and bring back the information to S.S.Council. Virginia will reach out to Principals to plan it for next school year.