

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 07/01/2021																
ELEM. G & G LUNCH	Total	1														
*Sandwich, Deli Sub	Sandwich	1	419	114	1024	1.09	1.44	726.1	547	3.44	*2	38.65	15.8	24.23	7.64	0.00
*Carrot sticks - ele snack*	3 Ounce Serving	1	35	0	59	2.38	0.26	28.1	14208	5.02	4	0.79	8.15	0.2	0.03	0.00
*Fruit, Fresh (.5 c serv)*	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Milk, Variety*	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			616	119	1229	5.35	1.87	1081.0	15449	36.44	*29	48.61	54.97	25.07	7.95	*0.00
% of Calories											*19.1%	31.5%	35.7%	36.6%	11.6%	*0.0%
Nutrient Guideline			550-650		1230											<10.00

Fri - 07/02/2021																
ELEM. G & G LUNCH	Total	1														
*Sandwich, Turkey & Ch Hoagie	Sandwich	1	329	68	1152	2.60	1.56	235.3	382	0.4	*4	31.28	32.98	9.01	4.42	0.00
*Tomato, Grape 1.25 c*	.5 Cup	1	25	0	7	0.73	1.45	0.0	7	14.55	*N/A*	0.73	4.36	0.73	0.00	0.00
*Fruit, Fresh (.5 c serv)*	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Cookie, Choc Chip IW 1 Oz*	1 each	1	110	10	60	1.00	0.72	0.0	0	1.2	9	2.0	18.0	4.0	1.00	0.00
*Milk, Variety*	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			627	83	1365	6.20	3.91	562.1	1084	44.12	*37	43.18	86.36	14.36	5.71	*0.00
% of Calories											*23.5%	27.5%	55.1%	20.6%	8.2%	*0.0%
Nutrient Guideline			550-650		1230											<10.00

Mon - 07/05/2021																
ELEM. G & G LUNCH	Total	1														
*Cheese and Crackers - Summer	1 Each	1	305	25	745	3.00	7.65	410.0	500	0.0	5	17.0	32.0	12.0	5.00	0.00
*Celery Sticks*	1 Each	1	15	0	75	2.00	0.18	40.0	400	2.4	2	1.0	3.0	0.0	0.00	0.00
*Applesauce, Unsweetened Cups*	1 each	1	57	0	2	1.13	0.00	0.0	0	13.5	12	0.0	15.75	0.0	0.00	0.00
*Milk, Variety*	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
*Cookie, Choc Chip IW 1 Oz*	1 each	1	110	10	60	1.00	0.72	0.0	0	1.2	9	2.0	18.0	4.0	1.00	0.00
Weighted Daily Average			602	40	1027	7.13	8.55	758.3	1400	19.10	47	28.50	87.75	16.42	6.25	0.00
% of Calories											30.9%	18.9%	58.3%	24.5%	9.3%	0.0%
Nutrient Guideline			550-650		1230											<10.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 07/06/2021																
ELEM. G & G LUNCH	Total	1														
*Sandwich, Turkey & Ch Hoagie	Sandwich	1	329	68	1152	2.60	1.56	235.3	382	0.4	*4	31.28	32.98	9.01	4.42	0.00
*Carrot sticks - ele snack*	3 Ounce Serving	1	35	0	59	2.38	0.26	28.1	14208	5.02	4	0.79	8.15	0.2	0.03	0.00
*Brownie, Double Chocolate*	1 Each	1	198	20	85	2.40	1.26	20.0	50	0.0	18	2.8	32.3	7.6	1.30	0.00
*Milk, Variety*	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			677	93	1441	7.38	3.07	591.7	15141	7.41	*43	43.37	92.43	17.23	6.00	0.00
% of Calories											*25.7%	25.6%	54.6%	22.9%	8.0%	0.0%
Nutrient Guideline			550-650		1230											<10.00

Wed - 07/07/2021																
ELEM. G & G LUNCH	Total	1														
*Salad, Chic.Taco - POK ELE	bowl	1	302	57	634	0.99	1.66	278.6	1085	12.71	*1	20.02	21.26	15.26	5.17	*0.00
*Celery Sticks*	1 Each	1	15	0	75	2.00	0.18	40.0	400	2.4	2	1.0	3.0	0.0	0.00	0.00
*Milk, Variety*	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
*Fruit, Fresh (.5 c serv)*	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Cookie, Choc Chip Dough 1 Oz*	1 Each	1	110	0	60	1.00	0.72	0.0	0	0.0	9	1.0	18.0	4.0	1.00	0.00
Weighted Daily Average			589	63	914	5.87	2.73	645.4	2179	43.09	*35	31.20	73.28	19.89	6.46	*0.00
% of Calories											*24.1%	21.2%	49.7%	30.4%	9.9%	*0.0%
Nutrient Guideline			550-650		1230											<10.00

Thu - 07/08/2021																
ELEM. G & G LUNCH	Total	1														
*Sandwich, Turkey*	Sandwich	1	275	56	832	1.81	1.86	67.7	82	0.4	*3	24.66	32.93	5.67	2.05	0.00
*Fruit, Fresh (.5 c serv)*	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Milk, Variety*	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
*Cookie, Choc Chip IW 1 Oz*	1 each	1	110	10	60	1.00	0.72	0.0	0	1.2	9	2.0	18.0	4.0	1.00	0.00
Weighted Daily Average			548	72	1038	4.69	2.75	394.6	776	29.58	*36	35.83	81.94	10.30	3.33	*0.00
% of Calories											*26.2%	26.2%	59.8%	16.9%	5.5%	*0.0%
Nutrient Guideline			550-650		1230											<10.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 07/09/2021																
ELEM. G & G LUNCH	Total	1														
*Sandwich-"Flying Saucer"	1 Each	1	338	97	1088	3.20	2.14	29.4	82	1.96	*1	23.71	30.49	14.47	1.99	0.00
*Tomato, Grape 1.25 c*	.5 Cup	1	25	0	7	0.73	1.45	0.0	7	14.55	*N/A*	0.73	4.36	0.73	0.00	0.00
*Fruit, Fresh (.5 c serv)*	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Milk, Variety*	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
*Chip, Variety*	1 Each	1	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00
Weighted Daily Average			661	103	1400	7.62	4.00	364.3	824	44.97	*26	35.64	87.78	20.19	2.50	*0.00
% of Calories											*15.9%	21.6%	53.2%	27.5%	3.4%	*0.0%
Nutrient Guideline			550-650		1230											<10.00

Mon - 07/12/2021																
ELEM. G & G LUNCH	Total	1														
*Sandwich, PBJ (premade)*	Servings	1	300	0	280	4.00	1.44	260.0	0	0.0	14	9.0	32.0	17.0	3.00	0.00
*Chip, Variety*	1 Each	1	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00
*Fruit, Fresh (.5 c serv)*	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Carrot sticks - ele snack*	3 Ounce Serving	1	35	0	59	2.38	0.26	28.1	14208	5.02	4	0.79	8.15	0.2	0.03	0.00
*Milk, Variety*	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			632	5	644	10.07	2.10	622.9	14942	33.48	*43	21.00	93.07	22.19	3.53	*0.00
% of Calories											*27.4%	13.3%	58.9%	31.6%	5.0%	*0.0%
Nutrient Guideline			550-650		1230											<10.00

Tue - 07/13/2021																
ELEM. G & G LUNCH	Total	1														
*Sandwich, Chicken Salad	1 Each	1	359	99	565	2.17	2.68	39.7	*9	9.13	*3	33.51	34.35	10.85	1.10	*0.00
*Fruit, Fresh (.5 c serv)*	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Milk, Variety*	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
*Cookie, Choc Chip IW 1 Oz*	1 each	1	110	10	60	1.00	0.72	0.0	0	1.2	9	2.0	18.0	4.0	1.00	0.00
Weighted Daily Average			632	115	771	5.05	3.57	366.5	*703	38.31	*36	44.69	83.37	15.48	2.39	*0.00
% of Calories											*22.6%	28.3%	52.8%	22.1%	3.4%	*0.0%
Nutrient Guideline			550-650		1230											<10.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 07/14/2021																
ELEM. G & G LUNCH	Total	1														
*Picnic in a Box!*	1 Each	1	550	66	966	8.68	3.09	135.9	356	38.88	*23	27.05	82.75	13.72	3.26	0.00
*Milk, Variety*	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			665	72	1111	8.68	3.09	444.3	856	40.88	*40	35.55	101.75	14.13	3.51	0.00
% of Calories											*24.3%	21.4%	61.2%	19.1%	4.8%	0.0%
Nutrient Guideline			550-650		1230											<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 07/15/2021																
ELEM. G & G LUNCH	Total	1														
*Sandwich, Deli Sub	Sandwich	1	419	114	1024	1.09	1.44	726.1	547	3.44	*2	38.65	15.8	24.23	7.64	0.00
*Carrot sticks - ele snack*	3 Ounce Serving	1	35	0	59	2.38	0.26	28.1	14208	5.02	4	0.79	8.15	0.2	0.03	0.00
*Fruit, Fresh (.5 c serv)*	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Milk, Variety*	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			616	119	1229	5.35	1.87	1081.0	15449	36.44	*29	48.61	54.97	25.07	7.95	*0.00
% of Calories											*19.1%	31.5%	35.7%	36.6%	11.6%	*0.0%
Nutrient Guideline			550-650		1230											<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 07/16/2021																
ELEM. G & G LUNCH	Total	1														
*Sandwich, Turkey & Ch Hoagie	Sandwich	1	329	68	1152	2.60	1.56	235.3	382	0.4	*4	31.28	32.98	9.01	4.42	0.00
*Tomato, Grape 1.25 c*	.5 Cup	1	25	0	7	0.73	1.45	0.0	7	14.55	*N/A*	0.73	4.36	0.73	0.00	0.00
*Fruit, Fresh (.5 c serv)*	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Cookie, Choc Chip IW 1 Oz*	1 each	1	110	10	60	1.00	0.72	0.0	0	1.2	9	2.0	18.0	4.0	1.00	0.00
*Milk, Variety*	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			627	83	1365	6.20	3.91	562.1	1084	44.12	*37	43.18	86.36	14.36	5.71	*0.00
% of Calories											*23.5%	27.5%	55.1%	20.6%	8.2%	*0.0%
Nutrient Guideline			550-650		1230											<10.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 07/19/2021																
ELEM. G & G LUNCH	Total	1														
*Cheese and Crackers - Summer	1 Each	1	305	25	745	3.00	7.65	410.0	500	0.0	5	17.0	32.0	12.0	5.00	0.00
*Celery Sticks*	1 Each	1	15	0	75	2.00	0.18	40.0	400	2.4	2	1.0	3.0	0.0	0.00	0.00
*Applesauce, Unsweetened Cups*	1 each	1	57	0	2	1.13	0.00	0.0	0	13.5	12	0.0	15.75	0.0	0.00	0.00
*Milk, Variety*	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
*Cookie, Choc Chip IW 1 Oz*	1 each	1	110	10	60	1.00	0.72	0.0	0	1.2	9	2.0	18.0	4.0	1.00	0.00
Weighted Daily Average			602	40	1027	7.13	8.55	758.3	1400	19.10	47	28.50	87.75	16.42	6.25	0.00
% of Calories											30.9%	18.9%	58.3%	24.5%	9.3%	0.0%
Nutrient Guideline			550-650		1230											<10.00

Tue - 07/20/2021																
ELEM. G & G LUNCH	Total	1														
*Turkey Ham & Cheese Croissant	1 Each	1	335	54	796	3.00	8.57	213.1	300	0.78	4	20.8	28.65	15.94	5.48	0.00
*Carrot sticks - ele snack*	3 Ounce Serving	1	35	0	59	2.38	0.26	28.1	14208	5.02	4	0.79	8.15	0.2	0.03	0.00
*Brownie, Double Chocolate*	1 Each	1	198	20	85	2.40	1.26	20.0	50	0.0	18	2.8	32.3	7.6	1.30	0.00
*Milk, Variety*	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			683	80	1085	7.78	10.09	569.5	15058	7.80	43	32.89	88.10	24.16	7.06	0.00
% of Calories											25.3%	19.3%	51.6%	31.8%	9.3%	0.0%
Nutrient Guideline			550-650		1230											<10.00

Wed - 07/21/2021																
ELEM. G & G LUNCH	Total	1														
*Salad, Chic. Taco - POK ELE	bowl	1	302	57	634	0.99	1.66	278.6	1085	12.71	*1	20.02	21.26	15.26	5.17	*0.00
*Celery Sticks*	1 Each	1	15	0	75	2.00	0.18	40.0	400	2.4	2	1.0	3.0	0.0	0.00	0.00
*Milk, Variety*	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
*Fruit, Fresh (.5 c serv)*	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Cookie, Choc Chip Dough 1 Oz*	1 Each	1	110	0	60	1.00	0.72	0.0	0	0.0	9	1.0	18.0	4.0	1.00	0.00
Weighted Daily Average			589	63	914	5.87	2.73	645.4	2179	43.09	*35	31.20	73.28	19.89	6.46	*0.00
% of Calories											*24.1%	21.2%	49.7%	30.4%	9.9%	*0.0%
Nutrient Guideline			550-650		1230											<10.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 07/22/2021																
ELEM. G & G LUNCH	Total	1														
*Sandwich, Turkey*	Sandwich	1	275	56	832	1.81	1.86	67.7	82	0.4	*3	24.66	32.93	5.67	2.05	0.00
*Fruit, Fresh (.5 c serv)*	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Milk, Variety*	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
*Cookie, Choc Chip IW 1 Oz*	1 each	1	110	10	60	1.00	0.72	0.0	0	1.2	9	2.0	18.0	4.0	1.00	0.00
Weighted Daily Average			548	72	1038	4.69	2.75	394.6	776	29.58	*36	35.83	81.94	10.30	3.33	*0.00
% of Calories											*26.2%	26.2%	59.8%	16.9%	5.5%	*0.0%
Nutrient Guideline			550-650		1230											<10.00

Fri - 07/23/2021																
ELEM. G & G LUNCH	Total	1														
*Sandwich-"Flying Saucer"	1 Each	1	338	97	1088	3.20	2.14	29.4	82	1.96	*1	23.71	30.49	14.47	1.99	0.00
*Tomato, Grape 1.25 c*	.5 Cup	1	25	0	7	0.73	1.45	0.0	7	14.55	*N/A*	0.73	4.36	0.73	0.00	0.00
*Fruit, Fresh (.5 c serv)*	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Milk, Variety*	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
*Chip, Variety*	1 Each	1	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00
Weighted Daily Average			661	103	1400	7.62	4.00	364.3	824	44.97	*26	35.64	87.78	20.19	2.50	*0.00
% of Calories											*15.9%	21.6%	53.2%	27.5%	3.4%	*0.0%
Nutrient Guideline			550-650		1230											<10.00

Mon - 07/26/2021																
ELEM. G & G LUNCH	Total	1														
*Sandwich, PBJ (premade)*	Servings	1	300	0	280	4.00	1.44	260.0	0	0.0	14	9.0	32.0	17.0	3.00	0.00
*Chip, Variety*	1 Each	1	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00
*Fruit, Fresh (.5 c serv)*	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Carrot sticks - ele snack*	3 Ounce Serving	1	35	0	59	2.38	0.26	28.1	14208	5.02	4	0.79	8.15	0.2	0.03	0.00
*Milk, Variety*	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			632	5	644	10.07	2.10	622.9	14942	33.48	*43	21.00	93.07	22.19	3.53	*0.00
% of Calories											*27.4%	13.3%	58.9%	31.6%	5.0%	*0.0%
Nutrient Guideline			550-650		1230											<10.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 07/27/2021																
ELEM. G & G LUNCH	Total	1														
*Sandwich, Chicken Salad	1 Each	1	359	99	565	2.17	2.68	39.7	*9	9.13	*3	33.51	34.35	10.85	1.10	*0.00
*Fruit, Fresh (.5 c serv)*	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Milk, Variety*	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
*Cookie, Choc Chip IW 1 Oz*	1 each	1	110	10	60	1.00	0.72	0.0	0	1.2	9	2.0	18.0	4.0	1.00	0.00
Weighted Daily Average			632	115	771	5.05	3.57	366.5	*703	38.31	*36	44.69	83.37	15.48	2.39	*0.00
% of Calories											*22.6%	28.3%	52.8%	22.1%	3.4%	*0.0%
Nutrient Guideline			550-650		1230											<10.00

Wed - 07/28/2021																
ELEM. G & G LUNCH	Total	1														
*Picnic in a Box!*	1 Each	1	550	66	966	8.68	3.09	135.9	356	38.88	*23	27.05	82.75	13.72	3.26	0.00
*Milk, Variety*	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			665	72	1111	8.68	3.09	444.3	856	40.88	*40	35.55	101.75	14.13	3.51	0.00
% of Calories											*24.3%	21.4%	61.2%	19.1%	4.8%	0.0%
Nutrient Guideline			550-650		1230											<10.00

Thu - 07/29/2021																
ELEM. G & G LUNCH	Total	1														
*Sandwich, Deli Sub	Sandwiche	1	419	114	1024	1.09	1.44	726.1	547	3.44	*2	38.65	15.8	24.23	7.64	0.00
*Carrot sticks - ele snack*	3 Ounce	1	35	0	59	2.38	0.26	28.1	14208	5.02	4	0.79	8.15	0.2	0.03	0.00
*Fruit, Fresh (.5 c serv)*	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Milk, Variety*	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			616	119	1229	5.35	1.87	1081.0	15449	36.44	*29	48.61	54.97	25.07	7.95	*0.00
% of Calories											*19.1%	31.5%	35.7%	36.6%	11.6%	*0.0%
Nutrient Guideline			550-650		1230											<10.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 07/30/2021																
ELEM. G & G LUNCH	Total	1														
*Sandwich, Turkey & Ch Hoagie	Sandwich	1	329	68	1152	2.60	1.56	235.3	382	0.4	*4	31.28	32.98	9.01	4.42	0.00
*Tomato, Grape 1.25 c*	.5 Cup	1	25	0	7	0.73	1.45	0.0	7	14.55	*N/A*	0.73	4.36	0.73	0.00	0.00
*Fruit, Fresh (.5 c serv)*	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Cookie, Choc Chip IW 1 Oz*	1 each	1	110	10	60	1.00	0.72	0.0	0	1.2	9	2.0	18.0	4.0	1.00	0.00
*Milk, Variety*	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			627	83	1365	6.20	3.91	562.1	1084	44.12	*37	43.18	86.36	14.36	5.71	*0.00
% of Calories											*23.5%	27.5%	55.1%	20.6%	8.2%	*0.0%
Nutrient Guideline			550-650		1230											<10.00

Weighted Average			625	78	1096	6.73	3.82	603.8	*5598	34.35	*37	37.11	82.84	18.04	5.00	*0.00
											*53.2%	23.8%	53.0%	26.0%	7.2%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	625		550 - 650	100%				
Cholesterol (mg)	78							
Sodium (mg)	1096		1230					
Fiber (g)	6.73							
Iron (mg)	3.82							
Calcium (mg)	603.8							
Vitamin A (IU)	5598				Missing			
Sugars (g)	37	23.66%			Missing			
Vitamin C (mg)	34.35							
Protein (g)	37.11	23.76%						
Carbohydrate (g)	82.84	53.02%						
Total Fat (g)	18.04	25.98%						
Saturated Fat (g)	5.00	7.20%	<10.00%					
Trans Fat <sup>1</sup> (g)	0.00	0.00%			Missing			

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.