

Sample Letter for the California Healthy Youth Act

Dear Parent/Guardian:

The California Healthy Youth Act requires that comprehensive sexual health education and human immunodeficiency virus (HIV) prevention education be taught to students at least once in middle school and once in high school, beginning no later than grade seven. Instruction and materials must be medically accurate, objective, age-appropriate and inclusive of all students, as defined by law. The law requires that instruction and materials must encourage students to communicate with parents, guardians, or other trusted adults about human sexuality.

The purpose of this instruction is to:

- Provide students with the knowledge and skills necessary to protect their sexual and reproductive health from HIV and other sexually transmitted infections and from unintended pregnancy.
- Provide students with the knowledge and skills they need to develop healthy attitudes concerning adolescent growth and development, body image, gender, sexual orientation, relationships, marriage, and family.
- Promote understanding of sexuality as a normal part of human development.
- Ensure students receive integrated, comprehensive, accurate, and unbiased sexual health and HIV prevention instruction and provide educators with clear tools and guidance to accomplish that end.
- Provide students with the knowledge and skills necessary to have healthy, positive, and safe relationships and behaviors.

All instructional materials are available for review [here](#). You may also view the California Healthy Youth Act (California *Education Code* sections [51930–51939](#)). This instruction will be provided by the Conejo Valley Unified School District staff.

If you do not want your student to participate in comprehensive sexual health or HIV prevention education, please provide a signed, written note to the Conejo Valley Unified School District, your school site Principal and your student's Health teacher no later than, _____.

If you have any questions, please contact your student's teacher or principal.

Sincerely,