

## HERITAGE PROJECT

The Heritage Project is the primary assignment in International Foods. It should combine the skills learned while researching the other countries studied during this class, and include similar types of information (for example how the history, culture, geography, customs, etc. influence the cuisine of your country of origin).

This project consists of three parts:

FAMILY TREE 15 POINTS DUE [REDACTED]

WRITTEN REPORT 30 POINTS DUE ON DATE OF DEMO

DEMO 45 POINTS SIGN UP IN CLASS  
90 POINTS (A BIG ASSIGNMENT!!!)

EVALUATION REQUIRED BY EACH STUDENT FOR EACH DEMO.

## WRITTEN REPORT

The written report needs to contain:

1. Title page
2. Family tree, in very legible format.
3. Paragraph discussing your family's immigration to the United States (unless your family is American Indian we all have origins from other countries), include when the initial immigration occurred, why it occurred (political influence, financial, jobs, family situations, etc.).
4. Paragraph discussing one family custom or tradition.
5. Paragraph discussing two of your family's favorite foods, with recipes, when it's usually served, etc.
6. Description of your demonstration project, including the recipe, when it is usually served, projected time table you plan to use during demo, etc.

Take pride in this project. Put your best effort into all parts of this assignment.

## DEMONSTRATION

The demonstration portion of this assignment is designed to provide experience in front of a group of people, increase organizational skills, sharing a bit of your heritage, and hopefully the satisfaction of completing a job well done.

Elements of the demo needs to include the following:

1. Share your family's history of the item.
2. Provide a copy of the recipe to the teacher at least two days before the demo.
3. Provide your own ingredients, and any special pieces of equipment.
4. Limit demo time to thirty minutes.
5. Provide samples for the class to taste.
6. Demo tips: 1) assemble all supplies and ingredients before beginning the demo. 2) Plan to keep talking, giving pertinent facts about your country, the food, the customs, etc. 3) include clean-up in your demonstration.

### EVALUATION

Each class member will evaluate each demonstration, the evaluation will be written, and will provide a portion of your final grade. It is expected that full attention will be given to each demonstration group, and that all behavior will be courteous, respectful, and appropriate at all times.

You may work as an individual, or in groups of two ~~or more~~. If your work in a group plan on using about 45 minutes, and sharing the work load evenly. You must sign up as you plan to demonstrate (no last minute changes), the group should be representing the same country.

## COUNTRY PROJECT OPTION 2

The Country Project is the primary assignment in International Foods. It should combine the skills learned while researching the other countries studied during this class, and include similar types of information (for example how the history, culture, geography, customs, etc. influence the cuisine of your country of choice).

This project consists of three parts:

WRITTEN REPORT 45 POINTS DUE ON DATE OF DEMO

DEMO 45 POINTS SIGN UP IN CLASS  
90 POINTS (A BIG ASSIGNMENT!!!)

EVALUATION REQUIRED BY EACH STUDENT FOR EACH DEMO

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### WRITTEN REPORT

The written report needs to contain:

1. Title Page
2. A paragraph discussing the holiday your project represents
3. A map and flag of the country you have chosen
4. A paragraph discussing the history, economy, customs, people, geography and climate of the country you have chosen
5. Description of your demonstration project, including the recipe, when it is usually served, projected time table you plan to use during demo, etc.

Take pride in this project. Put your best effort into all parts of this assignment.

### DEMONSTRATION

The demonstration portion of this assignment is designed to provide experience in front of a group of people, increase organizational skills, sharing the world's culture, and hopefully the satisfaction of completing a job well done.

Elements of the demo needs to include the following:

1. Provide a copy of the recipe to the teacher at least two days before the demo
2. Provide your own ingredients, and any special pieces of equipment.
3. Limit demo time to thirty minutes
4. Provide samples for the class to taste.
5. Demo tips: 1) Assemble all supplies and ingredients before beginning the demo. 2) Plan to keep talking, giving pertinent facts about your country, the food, the customs, etc. 3) Include clean-up in your demonstration

## EVALUATION:

Each class member will evaluate each demonstration, the evaluation will be written, and will provide a portion of your final grade. It is expected that full attention will be given to each demonstration group, and that all behavior will be courteous, respectful, and appropriate at all times.

You may work as an individual, or in groups of two. If you work in a group plan on using about 30 minutes, and sharing the work load evenly. You must sign up as you plan to demonstrate (no last minute changes), the group should be representing the same country.