



# Los Cerritos PTSA



## proudly presents a Series of Information Nights

Please join us as experts speak on current topics facing our students.

Each night will cover a different subject.

Parents are welcome to any and all presentations.

Students are welcome to the Feb. 8<sup>th</sup> Presentation

***Dr. Tracy Bennett, Psychologist (Parents Only, please)***

***"Social Media-Your Child and You"***



**Thursday February 1<sup>st</sup>**

**6:30-8:30**

**Los Cerritos MPR**

***Assistant Police Chief, Don Aguilar (Parents and Students Welcome)***

***"Being a Teen in Thousand Oaks"***

**Thursday February 8<sup>th</sup>**

**6:30-8:00**

**Los Cerritos MPR**



***Mission Oaks Counseling (Parents Only, Please)***

***"Anxiety and Stress-Helping your Student Cope with Pressure"***



**Thursday February 22<sup>nd</sup>**

**6:30-8:00**

**Los Cerritos MPR**