

Student Name: \_\_\_\_\_ Class of \_\_\_\_\_

Major : \_\_\_\_\_ EThOS: yes \_\_\_ no \_\_\_ Date: \_\_\_\_\_

Name of Company or  
Host: \_\_\_\_\_

1. **Which careers did you learn about during your Job Shadow experience?**
  
2. **Describe the activities that were involved during your Job Shadow experience.** For example was there a tour, did you have any guest speakers, were there any activities, did you see equipment demonstrated or explained?
  
3. **Which aspect(s) of the career(s) did you find most interesting?**
  
4. **Did this Job Shadow experience help you narrow or broaden your career interests? List your career interests at this time.**
  
5. **How does this Job Shadow relate to the type of career that you are interested in studying?**

\_\_\_\_\_  
Host Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

**THIS SIGNED FORM IS DUE IN THE CAREER ED. OFFICE K2B BY: \_\_\_\_\_**

6. What is the highest grade level of education recommended for this career? Which classes should you take in high school or college to prepare for this career?
  
7. Personal reflection - What did you learn from this experience and how will it affect your future?

**EVALUATION**

**Directions:** Let us know what you think about your experience. Rate the following:

	<b>Agree</b>	<b>Disagree</b>
My Job Shadow experience prompted me to think about my career options.	<input type="checkbox"/>	<input type="checkbox"/>
I learned about the general expectations for being a good employee.	<input type="checkbox"/>	<input type="checkbox"/>
I learned which skills are needed to perform my host's job.	<input type="checkbox"/>	<input type="checkbox"/>
My host was helpful and informative during my Job Shadow.	<input type="checkbox"/>	<input type="checkbox"/>
I enjoyed my Job Shadow experience.	<input type="checkbox"/>	<input type="checkbox"/>
My Job Shadow experience helped me see how school is important to my future plans.	<input type="checkbox"/>	<input type="checkbox"/>
I understand that my host will appreciate receiving a thank you note from me. 😊	<input type="checkbox"/>	<input type="checkbox"/>

**For Future Job Shadows**

How could the Job Shadow experience be improved?