

# FLU SHOTS

**October 2016**

Please be aware that flu vaccines are offered at many locations, including your doctor's offices, clinics, health departments, pharmacies, and urgent care locations. The following Vaccine Locator is a useful tool for finding various vaccines in your area: <http://vaccine.healthmap.org/>

Here are links to some local locations that provide flu shots at little or no cost (click on the link to go to their website):

- [Anthem](#) – this link provides a list of pharmacies that provide flu shots at no cost. Just show your member ID card at the pharmacy. Also, you can receive flu shots from your medical provider.
- [Kaiser Permanente](#) – free walk-in clinics for Kaiser members (Thousand Oaks and Simi Valley locations are under the Woodland Hills Area link).
- [Exer More Than Urgent Care](#) – Exer offers free flu shots to CVUSD employees with proof of employment (call first to confirm that vaccines are available).
- [Conejo Free Clinic](#) – a donation is requested.
- [Ventura County Health Care Agency](#)
- [CVS Pharmacy](#)
- [Walgreens](#)
- [Costco](#)

For more information on the flu vaccine, see the [Centers for Disease Control and Prevention](#) website.