



Parent/Guardian Resources

Study Skills for Students

[How to Study](#)

[High School Advanced Placement Exam Resources](#)

[SAT Practice Tests](#)

[Education Corner: Study Skills for Students](#)

General Resources & Basic Needs

[2-1-1 Hotline](#) - Information and Referrals

[Interface](#) - Child and Family Services

[Ventura County Behavioral Health](#)

[Conejo Free Clinic](#)

ORGANIZATION	SERVICES PROVIDED	CONTACT
<p>211-VC <i>*through Interface</i></p>	<p>Referrals to LOCAL health or social services (ex. food pantries, meal pick-ups for students and seniors, employment, transportation, mental health care, local etc.)</p> <p>During times of disaster, 211 provides incident specific information in coordination with local emergency services, including road closures and shelters both locally and nationwide.</p>	<ul style="list-style-type: none"> • CALL: Dial the numbers 211 from landline or cell phone in Ventura County or dial 1-800-339-9597. <i>(English & Spanish)</i> • TEXT: Text your zip code to 898-211. • ONLINE DATA BASE OF RESOURCES <ul style="list-style-type: none"> ○ English: www.211ventura.org ○ Spanish: https://211ventura.org/inicio • FACEBOOK: https://bit.ly/3dkKBoO

HUMAN SERVICES AGENCY	Bilingual list of local and online resources to support the community during coronavirus, which includes basic needs, employment interruption support, support for seniors, mental health, educational activities, and stories, projects and more, as well as how to talk about coronavirus with kids and teens to help with fear and anxiety.	<ul style="list-style-type: none"> • WEBSITE ENGLISH: https://bit.ly/3bo1Fsj • WEBSITE SPANISH: https://bit.ly/2JbDi50
KIDS & FAMILIES TOGETHER	Continuing to offer its clinical and support services <u>remotely</u> to foster, kinship, resource families	<ul style="list-style-type: none"> • CALL: 805-643-1446
VC Area Agency on Aging	<ul style="list-style-type: none"> • Delivering 2 weeks' worth of canned goods & produce for Seniors 60+ • Announcing which grocery stores have special shopping hours for seniors • Mental Health Support . . . and more. 	<ul style="list-style-type: none"> • CALL: (805) 477-7300 (<i>English & Spanish</i>) • HOTLINE for SENIORS WHO ARE FEELING LONELY: 1-800-235-9980 • WEBSITE: https://bit.ly/3bpwoop • FACEBOOK: https://bit.ly/2JeY8k5 • EMAIL: vcaa@ventura.org
Employment Development Dept-CA	If you are unable to work because you are sick, quarantined, caring for other, have reduced work hours, or you are self-employed and have been affected, you may be eligible for unemployment assistance.	<ul style="list-style-type: none"> • English: https://bit.ly/3bp0CIK • Spanish: https://bit.ly/2wCQWLI
SELF-EMPLOYED	If you run your own small business and are losing income due to	<ul style="list-style-type: none"> • Economic Development Collaborative <ul style="list-style-type: none"> ▪ COVID-19 Small Business Guide: https://bit.ly/3brlm2k

COVID-19, there are services available to help you figure out immediate next steps to take

- Free Business Coaching and help finding resources: <https://bit.ly/3bshaQ4>

- **Women's Economic Ventures Small Business Disaster Loans:** <https://bit.ly/2y6zj7v>