

Ventura County SELPA CAC News October 2019

Information for Families with Students with Special Needs



Ventura County SELPA
www.vcselpa.org



Website Highlights for October

[October is National Bullying Prevention Month](#)
[Down Syndrome Awareness Month](#)
[National Disability Employment Awareness Month](#)
[ADHD Awareness](#)
[90 Ways to Help Students with ADHD](#)

CAC Announcements

Nov 4, 4-6pm, CAC Meeting at SELPA Office (Santa Paula Room), 5100 Adolfo Road, Camarillo, CA 93012.

You are invited, please join us!

Consider joining the SELPA Community Advisory Committee (CAC), made up of parents and others representing students with disabilities. The CAC promotes services and resources for special education students and their families. We meet quarterly on the first Monday of November, February and May See the SELPA website's button, [For Families](#) for a schedule.

SELPA Events

Nov 13, 5:30-8pm, Transition Fair. Help your young adults with disabilities (ages 15-22 years old) prepare for the quality adult life they envision. Students, parents, teachers, and care providers are invited to join us at the Fall Transition Fair. Meet local agency representatives and attend breakout sessions to assist with making lifelong decisions, managing resources, self-advocacy, benefits planning, the college application process and resume building.

Nov 14, 4-5:30pm, IEP Goals For Parents. Do you have questions about the IEP process? Would you like to be more familiar and comfortable with the process? This workshop will take you through the IEP start to finish with a particular focus on Goals and Objectives.

You can also find the fliers for any /all SELPA events by clicking the "Workshops and Conferences" tab on the SELPA website www.vcselpa.org homepage, then click on the date.

Rainbow Connection Events

Oct 18, 5:30-8:30pm, Halloween Dance for Teens and Young Adults. For teens and young adults with special needs, siblings and friends of the same age (13-22).

Oct 19, 10-2pm, Epilepsy Workshop and Social. Be informed and connect with others to be empowered in the fight to end Epilepsy.

Oct 24, 6-7:30pm, Cancer In Women With Developmental Disabilities. Women with developmental disabilities are at a higher risk for cervical and breast cancer. Come learn about risk, early detection and resources.

Nov 1, 5:30-8pm, Halloween Family Dance. For Kids and Adults with Special Needs, and their families.

To register or for ongoing Support Groups, Training & Activities go to:
www.rainbowconnectionfrc.weebly.com or call 805 485-9643 or 800 332-3679

Community Resources

December 2-6, [Inclusive Schools Week 2019](#)

Tri Counties Regional Center

<https://www.tri-counties.org>

Oct 16, Atascadero, Town Hall Meeting

Autism Society of Ventura County

Oct 2, 6:30-8:30pm, ASVC Board of Directors Meeting

Oct 10 and 17, 6-7:30pm, Parent Support Group Support Group

To sign up please email: programs@autismventura.org

Commendations- To nominate someone (Teacher, Student, Parent, Specialist) for "going above and beyond" in serving special education students and/or families, go to the [SELPA website](#), click on "For Families" and look under CAC for an application.