

*Ventura County Special Education Local Plan Area (SELPA)*  
**Community Advisory Committee (CAC)**

The Community Advisory Committee fosters parent-professional collaboration to improve the special education system. It meets four times a year on the first Monday of the month at the SELPA office (address below). Call SELPA for meeting dates and times or check the website.

## Parents of Special Education Students...including “speech only,” “resource,” and “special class” kids...

**There’s lots of information & support available for you! –**  
**[www.vcselpa.org](http://www.vcselpa.org) – click on “For Families”**

### Annual Conferences and Forums of Interest to Families

- **Transition Fairs** For families and High School students (through age 22 years)  
**November 13, 2019**, 5:30 pm-8:00 pm, VCOE, Camarillo  
**March 7, 2020**, 9:00 am-12:00 pm, VCOE, Camarillo
- **Walking the Path Together** (Children with Special Needs 0-5yrs) – **April 18, 2020**, VCOE, Camarillo
- **Carpe Diem** (Students with Emotional Disturbance)  
**April 27, 2020**, VCOE, Camarillo
- **Autism Conference –Autism & Bullying: The Perfect Storm**  
**April 30, 2020**, 5:00 pm – 8:00 pm, VCOE, Camarillo

For a complete list of events, go to our website at:  
<http://www.vcselpa.org/Workshops-and-Conferences>

### Information and Support Groups for Parents of Kids with Disabilities (call for dates & times)

- Autism Society of Ventura County (805) 496-1632  
[www.autismventura.org](http://www.autismventura.org)
- Brain Injury Support Group (805) 482-1312  
[www.braininjurycenter.org](http://www.braininjurycenter.org)
- Center 4 Special Needs (805) 379-1681  
[www.center4specialneeds.org](http://www.center4specialneeds.org)
- Epilepsy Foundation  
<https://www.epilepsy.com/>
- Children & Adults with Attention Deficit Disorders:  
 (800) 233-4050 (help line) [www.chadd.org](http://www.chadd.org)
- PAUSE4Kids (805) 497-9596 [www.pause4kids.com](http://www.pause4kids.com)
- Rainbow Connection Family Resource Center –  
 (805) 485-9643 <https://rainbowconnectionfrc.weebly.com/>
- United Parents for Families in Crisis  
 (805) 384-1555 [www.unitedparents.org](http://www.unitedparents.org)

The Ventura County SELPA does not officially endorse any of these groups, but provides as information only.

### E-mail Announcements

Sign up to receive announcements of interest to families with special needs children directly to your e-mail.

E-mail: [fontenot@vcoe.org](mailto:fontenot@vcoe.org)

### Resource Materials Free To Families (click on “For Families/Resources & Booklets”)

*Download any of these from our website or call for a free copy!*

- 90 Ways to Help Students with ADHD
- A+ Access, Accommodations, and Acceptance “A Winning Grade”
- Are You Concerned About Your Child’s Progress in School? (3-22 years old, English/Spanish)
- Bullying & the Child with Special Needs
- Community Resource Directories of Services for People with Special Needs (all English/Spanish) Booklets - by age group:
  - ◆ Young Children (0-5) ◆ School Age ◆ Adults
- Epilepsy and Seizure Disorders
- Fact Sheet about Residential Care Options
- Family Fact Sheet - Sorting through services to help you help your child...Regional Center or Schools? (English/Spanish)
- Going to College...or Thinking About it?
- Informational Brochure for Parents of Children with Autism Spectrum Disorders (ASD)
- My Child has Emotional & Behavioral Challenges...How can I find help?
- My child with special needs is going to middle school. How can we get ready?
- Parent Guide to Special Education
- Parent Guide to Transition Planning (English/Spanish)
- Parent/Adult Student Rights (English/Spanish)
- Private School Procedures
- RtI<sup>2</sup> (Response to Instruction and Intervention) Parent Brochure
- Sensory Issues and Needs of Children in Early Start (English/Spanish)
- Transition Checklist for Parents
- Transitioning to High School – A Guide for Parents of Special Education Students
- What Exactly is a SELPA and What Does it Do? (English/Spanish)
- What is Apraxia of Speech? A Guide for Parents of 3-5 year olds (English/Spanish)
- WorkAbility Brochure

### 2019-2020 CAC Meeting Dates

Monday, **September 16, 2019** (4:00pm to 6:00pm)

Monday, **November 4, 2019** (4:00pm to 6:00pm)

Monday, **February 3, 2020** (4:00pm to 6:00pm)

Monday, **May 4, 2020 (4:00pm)** (Followed by SELPA Budget Public Hearing)