



FRESH FOR YOU!

DISTRICT OFFICE STAFF

MARCH/APRIL MENU

**Check out our website for ordering instructions
(use your Q Account—no cash accepted!)**

\$5.00 Per Meal

Sandwich

MEALS INCLUDE: CHIPS, FRUIT, COOKIE AND WATER

#1) Half Turkey Sandwich & Caesar Salad

Ciabatta Bread, Sliced Turkey, Provolone Cheese, Lettuce, Tomato, side of Pesto Mayo

#2) Roast Beef on a Deli French Roll

Roast Beef, Swiss Cheese, Caramelized Red Onions, side of Spicy Dejon Mustard

#3) Chicken Club Wrap

Flour Tortilla, Chicken, Turkey Bacon, Cheddar Cheese, Lettuce, Tomato, Ranch & BBQ Sauce
(Can be made as lettuce Wrap upon request)

SALADS

SALADS INCLUDE: KALAMATA OLIVE DINNER ROLL, COOKIE AND WATER

#4) Greek Salad

Romaine, Chicken, Feta Cheese, Olives, Red Onions, Cucumbers, Balsamic Vinaigrette

#5) BBQ Chicken Salad

Lettuce, Chicken, Cucumber, Tomato, Corn, Black Beans, Topped with Tortilla Strips
and side of BBQ Ranch Dressing

ORDER BY EMAIL—lunchfreshforyou@Conejousd.org before 9:00AM and pick up at the Child Nutrition Office after 11:45AM! Check out our website for more information and ordering instructions! Questions? - Call 805-497-9511X256