

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Mon - 06/03/2019																	
Lunch, Sycamore	Total	100															
Chicken, Nuggets (SEC)	Serving (7 Ea)	80	286	52	505	0.00	1.71	19.0	95	0.0	0	14.29	16.19	19.05	4.29	0.00	0.000
GRAB N GO LUNCH	1 EACH	20	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Salad Bar (SEC)	Servings	50	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Dressing, Ranch POK	1 ounce	50	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Condiment Variety@\$\$^+	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Weighted Daily Average			620	69	1000	5.38	*3.67	*460.7	*5984	*30.55	*33	30.87	74.00	24.10	5.74	*0.00	0.630
% of Calories											*21.6%	19.9%	47.8%	35.0%	8.3%	*0.0%	
Nutrient Guideline			600-700		1360										<10.00		

Tue - 06/04/2019																	
Lunch, Sycamore	Total	100															
Burrito, Ultra Spicy	1 Each	80	393	18	571	4.76	3.21	71.4	0	0.0	1	17.85	47.6	14.28	5.36	0.00	0.699
GRAB N GO LUNCH	1 EACH	20	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	Servings	50	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Dressing, Ranch POK	1 ounce	50	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			692	40	1005	9.19	*4.80	*502.6	*5889	*30.55	*34	33.72	97.58	19.45	6.59	*0.00	1.182
% of Calories											*19.5%	19.5%	56.4%	25.3%	8.6%	*0.0%	
Nutrient Guideline			600-700		1360										<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Wed - 06/05/2019																	
Lunch, Sycamore	Total	100															
*Chicken, Popcorn	1 Each	75	290	40	290	2.00	0.90	0.0	0	0.0	0	15.0	17.0	18.0	3.50	0.00	0.000
GRAB N GO LUNCH	1 EACH	25	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	Servings	50	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	25	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Dressing, Ranch POK	1 ounce	50	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Condiment Variety@\$\$^+	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Weighted Daily Average			654	64	885	7.69	*3.28	*494.3	*6567	*34.25	*33	33.97	76.27	24.89	6.07	*0.00	0.696
% of Calories											*20.0%	20.8%	46.7%	34.3%	8.4%	*0.0%	
Nutrient Guideline			600-700		1360										<10.00		

Thu - 06/06/2019																	
Lunch, Sycamore	Total	100															
Sandwich, Spicy Chic (SEC)	Sandwich	80	427	25	641	5.64	3.50	87.9	460	13.37	*5	21.35	46.49	17.07	3.05	*0.00	0.350
GRAB N GO LUNCH	1 EACH	20	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	Servings	50	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Dressing, Ranch POK	1 ounce	50	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Condiment Variety@\$\$^+	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Weighted Daily Average			728	47	1093	9.89	*5.08	*515.9	*6269	*41.24	*37	36.52	97.72	22.24	4.75	*0.00	0.908
% of Calories											*20.4%	20.1%	53.7%	27.5%	5.9%	*0.0%	
Nutrient Guideline			600-700		1360										<10.00		

Weighted Average			673	55	996	8.04	*4.21	*493.4	*6177	*34.15	*34	33.77	86.39	22.67	5.79	*0.00	0.854
											*45.8%	20.1%	51.3%	30.3%	7.7%	*0.0%	

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
		% of Cals	Weekly Target		% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	673		600 - 700		100%													
Cholesterol (mg)	55																	
Sodium (mg)	996		1360															
Fiber (g)	8.04																	
Iron (mg)	4.21					Missing												
Calcium (mg)	493.4					Missing												
Vitamin A (IU)	6177					Missing												
Sugars (g)	34	20.36%				Missing												
Vitamin C (mg)	34.15					Missing												
Protein (g)	33.77	20.06%																
Carbohydrate (g)	86.39	51.33%																
Total Fat (g)	22.67	30.31%																
Saturated Fat (g)	5.79	7.74%	<10.00%															
Trans Fat ¹ (g)	0.00	0.00%				Missing												

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