

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Fri - 03/01/2019																	
Breakfast, Sycamore	Total	100															
*Pillsbury Mini Cinnis	1 Each	100			300	2.00	1.44	40.0	0	0.0	15	5.0	40.0	8.0	2.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	240	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average % of Calories			457	8	452	3.88	1.62	414.9	1167	85.12	*46 *40.2%	15.43 13.5%	79.51 69.7%	10.09 19.9%	3.16 6.2%	*0.00 *0.0%	0.338
Nutrient Guideline			400-550		600										<10.00		

Mon - 03/04/2019																	
Breakfast, Sycamore	Total	100															
*Cinnamon Apple Crumble	1 Each	100	260	35	250	2.00	1.44	60.0	0	0.0	19	5.0	39.0	9.0	1.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average % of Calories			477	43	402	3.88	1.62	434.9	1167	85.12	*50 *41.9%	15.43 12.9%	78.51 65.9%	11.09 20.9%	2.16 4.1%	*0.00 *0.0%	0.338
Nutrient Guideline			400-550		600										<10.00		

Tue - 03/05/2019																	
Breakfast, Sycamore	Total	100															
Cereal, Assorted 2018	1 Each	100	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
Cheese, String Mozz	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, Non Fat	8 oz	75	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average % of Calories			387	19	507	8.38	5.13	489.9	1817	90.52	*37 *37.9%	17.18 17.8%	61.01 63.1%	8.71 20.3%	4.66 10.9%	*0.00 *0.0%	0.528
Nutrient Guideline			400-550		600										<10.00		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Wed - 03/06/2019																	
Breakfast, Sycamore	Total	100															
Muffin, Apple Cinnamon WG	1 Each	100	250	25	270	2.00	*N/A*	20.0	0	0.0	17	4.0	44.0	7.0	0.50	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			467	33	422	3.88	*0.18	394.9	1167	85.12	*48	14.43	83.51	9.09	1.66	*0.00	0.338
% of Calories											*41.1%	12.4%	71.6%	17.5%	3.2%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

Thu - 03/07/2019																	
Breakfast, Sycamore	Total	100															
Bagel, Tony Roberts 2.24 Oz.	1 Each	100	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00	0.000
Cheese, Cream	1 Each	100	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			440	23	409	5.88	1.98	444.9	1367	85.12	*36	20.33	75.01	6.70	3.22	*0.00	0.338
% of Calories											*32.7%	18.5%	68.3%	13.7%	6.6%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

Fri - 03/08/2019																	
Breakfast, Sycamore	Total	100															
*Pillsbury Mini Cinnis	1 Each	100	240	0	300	2.00	1.44	40.0	0	0.0	15	5.0	40.0	8.0	2.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			457	8	452	3.88	1.62	414.9	1167	85.12	*46	15.43	79.51	10.09	3.16	*0.00	0.338
% of Calories											*40.2%	13.5%	69.7%	19.9%	6.2%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Mon - 03/11/2019																	
Breakfast, Sycamore	Total	100															
*Cinnamon Apple Crumble	1 Each	100	260	35	250	2.00	1.44	60.0	0	0.0	19	5.0	39.0	9.0	1.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			477	43	402	3.88	1.62	434.9	1167	85.12	*50	15.43	78.51	11.09	2.16	*0.00	0.338
% of Calories											*41.9%	12.9%	65.9%	20.9%	4.1%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

Tue - 03/12/2019																	
Breakfast, Sycamore	Total	100															
Cereal, Assorted 2018	1 Each	100	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
Cheese, String Mozz	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, Non Fat	8 oz	75	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			387	19	507	8.38	5.13	489.9	1817	90.52	*37	17.18	61.01	8.71	4.66	*0.00	0.528
% of Calories											*37.9%	17.8%	63.1%	20.3%	10.9%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

Wed - 03/13/2019																	
Breakfast, Sycamore	Total	100															
Muffin, Apple Cinnamon WG	1 Each	100	250	25	270	2.00	*N/A*	20.0	0	0.0	17	4.0	44.0	7.0	0.50	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			467	33	422	3.88	*0.18	394.9	1167	85.12	*48	14.43	83.51	9.09	1.66	*0.00	0.338
% of Calories											*41.1%	12.4%	71.6%	17.5%	3.2%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Thu - 03/14/2019																	
Breakfast, Sycamore	Total	100															
Bagel, Tony Roberts 2.24 Oz.	1 Each	100	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00	0.000
Cheese, Cream	1 Each	100	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			440	23	409	5.88	1.98	444.9	1367	85.12	*36	20.33	75.01	6.70	3.22	*0.00	0.338
% of Calories											*32.7%	18.5%	68.3%	13.7%	6.6%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

Fri - 03/15/2019																	
Breakfast, Sycamore	Total	100															
*Pillsbury Mini Cinnis	1 Each	100	240	0	300	2.00	1.44	40.0	0	0.0	15	5.0	40.0	8.0	2.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			457	8	452	3.88	1.62	414.9	1167	85.12	*46	15.43	79.51	10.09	3.16	*0.00	0.338
% of Calories											*40.2%	13.5%	69.7%	19.9%	6.2%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

Mon - 03/18/2019																	
Breakfast, Sycamore	Total	100															
*Cinnamon Apple Crumble	1 Each	100	260	35	250	2.00	1.44	60.0	0	0.0	19	5.0	39.0	9.0	1.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			477	43	402	3.88	1.62	434.9	1167	85.12	*50	15.43	78.51	11.09	2.16	*0.00	0.338
% of Calories											*41.9%	12.9%	65.9%	20.9%	4.1%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Tue - 03/19/2019																	
Breakfast, Sycamore	Total	100															
Cereal, Assorted 2018	1 Each	100	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
Cheese, String Mozz	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, Non Fat	8 oz	75	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			387	19	507	8.38	5.13	489.9	1817	90.52	*37	17.18	61.01	8.71	4.66	*0.00	0.528
% of Calories											*37.9%	17.8%	63.1%	20.3%	10.9%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

Wed - 03/20/2019																	
Breakfast, Sycamore	Total	100															
Muffin, Apple Cinnamon WG	1 Each	100	250	25	270	2.00	*N/A*	20.0	0	0.0	17	4.0	44.0	7.0	0.50	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			467	33	422	3.88	*0.18	394.9	1167	85.12	*48	14.43	83.51	9.09	1.66	*0.00	0.338
% of Calories											*41.1%	12.4%	71.6%	17.5%	3.2%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

Thu - 03/21/2019																	
Breakfast, Sycamore	Total	100															
Bagel, Tony Roberts 2.24 Oz.	1 Each	100	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00	0.000
Cheese, Cream	1 Each	100	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			440	23	409	5.88	1.98	444.9	1367	85.12	*36	20.33	75.01	6.70	3.22	*0.00	0.338
% of Calories											*32.7%	18.5%	68.3%	13.7%	6.6%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Fri - 03/22/2019																	
Breakfast, Sycamore	Total	100															
*Pillsbury Mini Cinnis	1 Each	100			300	2.00	1.44	40.0	0	0.0	15	5.0	40.0	8.0	2.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	240	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average % of Calories			457	8	452	3.88	1.62	414.9	1167	85.12	*46 *40.2%	15.43 13.5%	79.51 69.7%	10.09 19.9%	3.16 6.2%	*0.00 *0.0%	0.338
Nutrient Guideline			400-550		600										<10.00		

Mon - 03/25/2019																	
Breakfast, Sycamore	Total	100															
*Cinnamon Apple Crumble	1 Each	100	260	35	250	2.00	1.44	60.0	0	0.0	19	5.0	39.0	9.0	1.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average % of Calories			477	43	402	3.88	1.62	434.9	1167	85.12	*50 *41.9%	15.43 12.9%	78.51 65.9%	11.09 20.9%	2.16 4.1%	*0.00 *0.0%	0.338
Nutrient Guideline			400-550		600										<10.00		

Tue - 03/26/2019																	
Breakfast, Sycamore	Total	100															
Cereal, Assorted 2018	1 Each	100	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
Cheese, String Mozz	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, Non Fat	8 oz	75	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average % of Calories			387	19	507	8.38	5.13	489.9	1817	90.52	*37 *37.9%	17.18 17.8%	61.01 63.1%	8.71 20.3%	4.66 10.9%	*0.00 *0.0%	0.528
Nutrient Guideline			400-550		600										<10.00		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Wed - 03/27/2019																	
Breakfast, Sycamore	Total	100															
Muffin, Apple Cinnamon WG	1 Each	100	250	25	270	2.00	*N/A*	20.0	0	0.0	17	4.0	44.0	7.0	0.50	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			467	33	422	3.88	*0.18	394.9	1167	85.12	*48	14.43	83.51	9.09	1.66	*0.00	0.338
% of Calories											*41.1%	12.4%	71.6%	17.5%	3.2%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

Thu - 03/28/2019																	
Breakfast, Sycamore	Total	100															
Bagel, Tony Roberts 2.24 Oz.	1 Each	100	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00	0.000
Cheese, Cream	1 Each	100	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			440	23	409	5.88	1.98	444.9	1367	85.12	*36	20.33	75.01	6.70	3.22	*0.00	0.338
% of Calories											*32.7%	18.5%	68.3%	13.7%	6.6%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

Fri - 03/29/2019																	
Breakfast, Sycamore	Total	100															
*Pillsbury Mini Cinnis	1 Each	100	240	0	300	2.00	1.44	40.0	0	0.0	15	5.0	40.0	8.0	2.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			457	8	452	3.88	1.62	414.9	1167	85.12	*46	15.43	79.51	10.09	3.16	*0.00	0.338
% of Calories											*40.2%	13.5%	69.7%	19.9%	6.2%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Weighted Average			446	24	439	5.11	*2.08	434.9	1329	86.15	*43 *87.6%	16.50 14.8%	75.70 67.9%	9.18 18.5%	2.98 6.0%	*0.00 *0.0%	0.374

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	446		400 - 550	100%				
Cholesterol (mg)	24							
Sodium (mg)	439		600					
Fiber (g)	5.11							
Iron (mg)	2.08				Missing			
Calcium (mg)	434.9							
Vitamin A (IU)	1329							
Sugars (g)	43	38.91%			Missing			
Vitamin C (mg)	86.15							
Protein (g)	16.50	14.81%						
Carbohydrate (g)	75.70	67.93%						
Total Fat (g)	9.18	18.54%						
Saturated Fat (g)	2.98	6.02%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.