

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Mon - 06/03/2019																	
Breakfast, Sycamore	Total	100															
*Cinnamon Apple Crumble	1 Each	100	260	35	250	2.00	1.44	60.0	0	0.0	19	5.0	39.0	9.0	1.00	0.00	0.000
*Fruit, Fresh (.5 c serv)*	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Juice, Fruit, Assorted 2018*	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Milk, 1%*	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Non Fat*	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			477	43	402	3.88	1.62	434.9	1167	85.12	*50	15.43	78.51	11.09	2.16	*0.00	0.338
% of Calories											*41.9%	12.9%	65.9%	20.9%	4.1%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

Tue - 06/04/2019																	
Breakfast, Sycamore	Total	100															
*Cereal, Assorted 2019*	1 Each	100	105	0	163	6.79	4.89	95.0	443	7.44	8	0.75	22.3	1.7	0.25	0.00	0.000
*Cheese, String Mozz*	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
*Fruit, Fresh (.5 c serv)*	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Juice, Fruit, Assorted 2018*	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Milk, Non Fat*	8 oz	75	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			387	19	500	8.66	5.06	464.9	1810	92.56	*38	16.68	61.81	8.53	4.66	*0.00	0.528
% of Calories											*38.8%	17.3%	63.9%	19.9%	10.9%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

Wed - 06/05/2019																	
Breakfast, Sycamore	Total	100															
*Muffin, Apple Cinnamon WG*	1 Each	100	250	25	270	2.00	*N/A*	20.0	0	0.0	17	4.0	44.0	7.0	0.50	0.00	0.000
*Fruit, Fresh (.5 c serv)*	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Juice, Fruit, Assorted 2018*	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Milk, 1%*	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Non Fat*	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			467	33	422	3.88	*0.18	394.9	1167	85.12	*48	14.43	83.51	9.09	1.66	*0.00	0.338
% of Calories											*41.1%	12.4%	71.6%	17.5%	3.2%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Thu - 06/06/2019																	
Breakfast, Sycamore	Total	100															
*Bagel, Tony Roberts 2.24 Oz.*	1 Each	100	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00	0.000
*Cheese, Cream*	1 Each	100	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
*Fruit, Fresh (.5 c serv)*	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Juice, Fruit, Assorted 2018*	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Milk, 1%*	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Non Fat*	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			440	23	409	5.88	1.98	444.9	1367	85.12	*36	20.33	75.01	6.70	3.22	*0.00	0.338
% of Calories											*32.7%	18.5%	68.3%	13.7%	6.6%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

Weighted Average			442	29	433	5.57	*2.21	434.9	1378	86.98	*43	16.71	74.71	8.85	2.93	*0.00	0.386
											*87.1%	15.1%	67.6%	18.0%	6.0%	*0.0%	

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	442		400 - 550	100%				
Cholesterol (mg)	29							
Sodium (mg)	433		600					
Fiber (g)	5.57							
Iron (mg)	2.21				Missing			
Calcium (mg)	434.9							
Vitamin A (IU)	1378							
Sugars (g)	43	38.70%			Missing			
Vitamin C (mg)	86.98							
Protein (g)	16.71	15.11%						
Carbohydrate (g)	74.71	67.56%						
Total Fat (g)	8.85	18.01%						
Saturated Fat (g)	2.93	5.95%	<10.00%					
Trans Fat <sup>1</sup> (g)	0.00	0.00%			Missing			

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**