

SYCAMORE MIDDLE SCHOOL LUNCH

MARCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1				
Peanuts!! Pork* Beef# Whey+ Soy\$ Corn> Wheat+ Milk@ Gluten^ Eggs% Fish				Cheeseburger w/ the works!^+@ Chicken Nuggets \$^+ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit Chips
4		5		6
Beef Hot Dog ^+ Cheese Pizza ^+%@ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit Chips	Chicken Sandwich%\$^+ Grilled Cheese \$^+@ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit	Wings w/Siracha Sauce ^+ Cheeseburger w/the works !^+@ SALAD BAR Grab and Go Lunch Tater Tots Seasonal Fresh Fruit	Ravioli w/Red Sauce%^+@ Chicken Fritter^~@ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit	Orange Chicken with Rice ^+\$ French Bread Pizza^+@\$@ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit Choc Chip Cookie\$^+@
11		12		13
Turkey Sandwich^+ Cheese Pizza ^+%@ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit Choc Chip Cookie\$^+@	Meatball sub %\$^+ Burrito \$^+@ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit	Cheeseburger w/the works !^+@ Popcorn Chicken Grab and Go Lunch SALAD BAR Tater Tots Seasonal Fresh Fruit	Spicy Chicken Sandwich %\$^+ French Bread Pizza^+@\$@ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit	Cheeseburger w/ the works!^+@ Chicken Nuggets \$^+ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit Chips
18		19		20
Hot Ham&Cheese^+ Cheese Pizza ^+%@ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit Choc Chip Cookie\$^+@	Spicy Chicken Sandwich %\$^+ PB&J Sandwich^+! Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit	Anaheim Chile Flauquito ^+@ Beef Hot Dog ^+ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit	French Bread Pizza+\$^+@ Chicken Fritter^~@ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit Tater Tots	Nachos w/Meat\$^+@ Turkey Sandwich +^ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit
25		26		27
Cheese Pizza^+%@ Spicy Chicken Sandwich %^+ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit	Turkey & Cheese Hoagie ^+ Grilled Cheese \$^+@ SALAD BAR Grab and Go Lunch Seasonal Fresh Fruit	Chicken Nuggets\$^+ Deli Hot Dog Tater Tots SALAD BAR Grab and Go Lunch Seasonal Fresh Fruit	Chili & Cheese Quesadilla\$^+@ Cheese Pizza ^+%@ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit	Nachos w/Meat\$^+@ Cheeseburger w/ the works!^+@ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit

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