

SYCAMORE MIDDLE SCHOOL LUNCH MENU

JANUARY

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|---|--|
| 7 | 8 | 9 | 10 | 11 |
| Chili & Cheese Quesadilla\$^+@ Cheese Pizza ^+%@ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit | Chicken Sandwich%\$^+ Ravioli w/Red Sauce%^+@ SALAD BAR Grab and Go Lunch Seasonal Fresh Fruit | Wings w/Siracha Sauce ^+ Chicken Bean & Rice Bowl SALAD BAR Grab and Go Lunch Cheese Bites \$^+@ Seasonal Fresh Fruit | French Bread Pizza+\$^@ Chicken Fritter^~@ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit Tater Tots | Cheeseburger w/ the works!^+@ French Bread Pizza^+@\$@ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit Chips Fruit Sorbet |
| 14 | 15 | 16 | 17 | 18 |
| Chicken Patty \$^+@ Cheese Pizza ^+%@ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit Choc Chip Cookie+^\$%@ | Meatball sub %\$^+ Burrito \$^+@ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit | Cheeseburger w/the works !^+@ Chicken Nuggets\$^+ Grab and Go Lunch SALAD BAR Tortilla Chips Seasonal Fresh Fruit | Spicy Chicken Sandwich %\$^+ French Bread Pizza^+@\$@ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit | 3 Cheese enchilada @ Hot Ham & Cheese Sandwich ^+@ Choc Chip Cookie%\$^+@ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit Frozen Sorbet |
| 21 | 22 | 23 | 24 | 25 |
| SCHOOL HOLIDAY | Spicy Chicken Sandwich %\$^+ Macaroni & Cheese^+@ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit | Anaheim Chile Flauquito ^+@ Beef Hot Dog ^+ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit | French Bread Pizza+\$^@ Chicken Fritter^~@ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit Tater Tots | Nachos w/Meat\$^+@ Cheeseburger w/ the works!^+@ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit |
| 28 | 29 | 30 | 31 | |
| Cheese Pizza^+%@ Spicy Chicken Sandwich %^+@ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit | Orange Chicken with Rice ^+@ Grilled Cheese \$^+@ SALAD BAR Grab and Go Lunch Seasonal Fresh Fruit Choc Chip Cookie\$^+@ | Chicken Nuggets\$^+ Cheeseburger w/ the works!^+@ Tater Tots SALAD BAR Grab and Go Lunch Seasonal Fresh Fruit | Chili & Cheese Quesadilla\$^+@ Cheese Pizza ^+%@ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit | Peanuts!! Pork* Beef# Whey+ Soy\$ Corn> Wheat+ Milk@ Gluten^ Eggs% Fish |