

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Fri - 03/01/2019																	
* MS lunch	Total	100															
*Cheeseburger With The Works	Cheeseburger	50	331	38	531	3.97	3.40	165.3	554	14.17	*4	21.07	33.85	13.03	4.90	*0.00	0.131
*Nachos w/meat&Chips(SEC)*	servings	40	482	24	769	6.92	*1.36	*63.4	*50	*0.6	2	14.78	52.9	21.6	2.75	0.54	0.371
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (.5 c serv)*	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@\$\$%^+*	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			692	48	1063	9.59	*4.42	*524.7	*6255	*38.58	*34 *19.9%	32.23 18.6%	92.45 53.4%	22.33 29.0%	5.26 6.8%	*0.21 *0.3%	0.849
Nutrient Guideline			600-700		1360									<=35.0	<10.00		

Mon - 03/04/2019																	
* MS lunch	Total	100															
*Pizza, Domino's Ch & Pepp	1 Each	50	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00	0.000
*Flauquito, Anaheim Chile&Chs	1 Ea	30	338	31	383	3.00	6.00	574.0	390	2.8	0	19.0	31.0	10.5	5.50	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	20	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
*Condiment Variety@\$\$%^+*	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Weighted Daily Average % of Calories			695	47	1061	9.94	*5.98	*874.9	*6172	*58.12	*42 *24.0%	36.92 21.2%	99.27 57.1%	17.16 22.2%	6.02 7.8%	*0.00 *0.0%	0.744
Nutrient Guideline			600-700		1360									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Tue - 03/05/2019																	
* MS lunch	Total	100															
*Sandwich, Meatball (SEC)*	1 each	20	514	60	654	5.33	*3.45	*261.4	*346	*6.14	4	22.63	39.61	29.65	13.06	0.00	5.273
*Chicken, Nuggets (SEC)*	Serving (7 Ea)	70	286	52	505	0.00	1.71	19.0	95	0.0	0	14.29	16.19	19.05	4.29	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Potatoes, Oven fries (Sec)*	.5 Cup	75	43	0	10	0.50	0.00	0.0	0	0.0	0	0.5	7.44	1.49	0.50	0.00	0.079
*Fruit, Fresh (.5 c serv)*	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
*Condiment Variety@%*^+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Weighted Daily Average			669	68	987	5.93	*4.05	*477.1	*4546	*31.77	*32	30.56	78.67	27.81	7.69	*0.00	1.723
% of Calories											*19.0%	18.3%	47.1%	37.4%	10.3%	*0.0%	
Nutrient Guideline			600-700		1360									<=35.0	<10.00		

Wed - 03/06/2019																	
* MS lunch	Total	100															
*Chicken, Wing (Boneless)w/Sri	Each (6 Pieces)	50	290	55	370	2.00	1.44	200.0	100	1.2	4	22.0	22.0	13.0	2.50	0.00	0.000
*Sandwich, Hot Ham & Cheese*	Sandwich	40	300	68	867	1.92	1.45	188.4	147	8.65	3	24.69	28.37	11.6	5.34	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Chip, Variety*	1 Each	50	127	0	150	6.03	0.16	8.0	20	0.72	1	2.03	20.93	3.66	0.10	0.00	0.168
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Fruit, Fresh (.5 c serv)*	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@%*^+*	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			657	74	1086	9.28	*3.52	*590.8	*4523	*34.96	*35	37.56	86.14	20.12	5.14	*0.00	0.691
% of Calories											*21.1%	22.9%	52.4%	27.5%	7.0%	*0.0%	
Nutrient Guideline			600-700		1360									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Thu - 03/07/2019																	
* MS lunch	Total	100															
*Pizza, Domino's Ch & Pepp	1 Each	70	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00	0.000
*Burrito, Chicken, Chs & Rice	1 Each	20	338	55	478	5.00	2.84	752.0	259	2.51	0	22.0	37.0	9.5	3.00	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Potato, Tater Tots*	1 Each	75	130	0	310	2.00	0.00	0.0	0	3.6	0	2.0	16.0	6.0	1.00	0.00	0.000
*Fruit, Fresh (.5 c serv)*	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@%*^+*	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			715	44	1259	9.79	*4.60	*894.3	*4981	*37.94	*34 *18.8%	36.61 20.5%	100.02 56.0%	19.50 24.6%	5.68 7.2%	*0.00 *0.0%	0.607
Nutrient Guideline			600-700		1360									<=35.0	<10.00		

Fri - 03/08/2019																	
* MS lunch	Total	100															
*Burrito, Chicken, Chs & Rice	1 Each	40	338	55	478	5.00	2.84	752.0	259	2.51	0	22.0	37.0	9.5	3.00	0.00	0.000
*Sandwich, Spicy Chic (SEC)*	Sandwich	50	427	25	641	5.64	3.50	87.9	460	13.37	*5	21.35	46.49	17.07	3.05	*0.00	0.350
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Fruit, Fresh (.5 c serv)*	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@%*^+*	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			678	54	992	9.31	*5.02	*756.2	*4738	*38.23	*33 *19.6%	35.14 20.7%	91.37 53.9%	19.48 25.9%	4.43 5.9%	*0.00 *0.0%	0.782
Nutrient Guideline			600-700		1360									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Mon - 03/11/2019																	
* MS lunch	Total	100															
*Sandwich, Turkey*	Sandwich	20	294	56	922	4.20	2.28	83.3	82	0.4	*6	24.21	38.31	6.06	2.05	0.00	0.256
*Pizza, Domino's Ch & Pepp	1 Each	70	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Chip, Variety*	1 Each	75	127	0	150	6.03	0.16	8.0	20	0.72	1	2.03	20.93	3.66	0.10	0.00	0.168
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@\$\$^+*	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			668	44	1227	11.25	*4.47	*752.7	*4815	*15.87	*31	36.57	94.96	16.90	4.78	*0.00	0.684
% of Calories											*18.8%	21.9%	56.9%	22.8%	6.4%	*0.0%	
Nutrient Guideline			600-700		1360									<=35.0	<10.00		

Tue - 03/12/2019																	
* MS lunch	Total	100															
*Hot Dog, Secondary	1 Each	50	273	20	714	2.04	2.19	40.8	100	6.12	4	12.1	28.55	13.04	4.00	0.00	0.000
*Chicken, Nuggets (SEC)*	Serving ( 7 Ea)	40	286	52	505	0.00	1.71	19.0	95	0.0	0	14.29	16.19	19.05	4.29	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Potato, Tater Tots*	1 Each	75	130	0	310	2.00	0.00	0.0	0	3.6	0	2.0	16.0	6.0	1.00	0.00	0.000
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@\$\$^+*	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			694	50	1271	7.95	*4.01	*445.6	*4449	*53.24	*37	29.18	90.27	25.85	6.17	*0.00	0.640
% of Calories											*21.5%	16.8%	52.0%	33.5%	8.0%	*0.0%	
Nutrient Guideline			600-700		1360									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Wed - 03/13/2019																	
* MS lunch	Total	100															
*California Rice Bowl	3 cup	50	437	42	505	10.57	*4.76	*248.2	*169	*9.86	*6	19.74	66.07	11.64	1.07	0.00	0.220
*Sandwich, Hot Ham & Cheese*	Sandwich	40	300	68	867	1.92	1.45	188.4	147	8.65	3	24.69	28.37	11.6	5.34	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Fruit, Fresh (.5 c serv)*	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@\$\$%^+*	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			668	67	1079	10.55	*5.10	*611.0	*4547	*38.93	*35	35.41	97.70	17.61	4.38	*0.00	0.717
% of Calories											*20.8%	21.2%	58.5%	23.7%	5.9%	*0.0%	
Nutrient Guideline			600-700		1360									<=35.0	<10.00		

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Thu - 03/14/2019																	
* MS lunch	Total	100															
*Pizza, Domino's Ch & Pepp	1 Each	70	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00	0.000
*Quesadilla, Chi & Cheese*	1 Each	20	450	84	791	6.97	*2.16	*311.7	*850	*0.0	2	27.84	42.27	18.58	8.00	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Fruit, Fresh (.5 c serv)*	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Cookie, Choc Chip Dough 1 O	1 Each	75	110	0	60	1.00	0.72	0.0	0	0.0	9	1.0	18.0	4.0	1.00	0.00	0.000
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@\$\$%^+*	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			722	50	1134	9.44	*5.00	*806.2	*5099	*34.74	*41	37.03	102.57	19.81	6.68	*0.00	0.607
% of Calories											*22.6%	20.5%	56.8%	24.7%	8.3%	*0.0%	
Nutrient Guideline			600-700		1360									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Fri - 03/15/2019																	
* MS lunch	Total	100															
*Cheeseburger With The Works	Cheeseburger	50	331	38	531	3.97	3.40	165.3	554	14.17	*4	21.07	33.85	13.03	4.90	*0.00	0.131
*Enchiladas, Cheese (SEC)*	3-each	40	404	55	2115	1.30	0.29	512.5	5740	73.39	5	22.21	30.4	24.63	12.09	0.00	0.412
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (.5 c serv)*	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@\$%^+*	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			661	60	1602	7.34	*4.00	*704.4	*8531	*67.69	*36	35.20	83.45	23.55	8.99	*0.00	0.866
Nutrient Guideline			600-700		1360						*21.6%	21.3%	50.5%	32.1%	12.2%	*0.0%	
														<=35.0	<10.00		

Mon - 03/18/2019																	
* MS lunch	Total	100															
*Pizza, Domino's Ch & Pepp	1 Each	50	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00	0.000
*Chicken, Mandarin Orange*	1 Each	30	163	44	305	0.00	0.78	0.0	0	1.31	11	11.98	20.69	3.27	0.54	0.00	0.000
*Rice,Brown(M.S&Ele)*	1/2 cup	30	125	0	14	2.09	0.50	16.9	0	0.0	*0	2.91	25.91	1.02	0.20	*0.00	0.000
*GRAB N GO LUNCH*	1 EACH	20	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
*Condiment Variety@\$%^+*	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Weighted Daily Average % of Calories			680	51	1042	9.67	*4.57	*707.8	*6055	*57.67	*45	35.69	103.96	15.29	4.59	*0.00	0.744
Nutrient Guideline			600-700		1360						*26.5%	21.0%	61.1%	20.2%	6.1%	*0.0%	
														<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Tue - 03/19/2019																	
* MS lunch	Total	100															
*Sandwich, Hot Turkey (sec)*	Sandwich	20	396	68	958	3.00	1.87	230.0	147	12.0	4	30.98	42.39	12.27	5.89	0.00	0.284
*Sandwich, Spicy Chic (SEC)*	Sandwich	60	427	25	641	5.64	3.50	87.9	460	13.37	*5	21.35	46.49	17.07	3.05	*0.00	0.350
*GRAB N GO LUNCH*	1 EACH	20	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Fruit, Fresh (.5 c serv)*	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			746	55	1168	10.09	*5.17	*557.9	*6016	*47.76	*39	39.23	101.62	21.83	5.50	*0.00	0.973
% of Calories											*20.7%	21.0%	54.5%	26.3%	6.6%	*0.0%	
Nutrient Guideline			600-700		1360									<=35.0	<10.00		

Wed - 03/20/2019																	
* MS lunch	Total	100															
*Sandwich, Grilled Cheese CC*	Sandwich	20	285	23	845	4.00	2.16	380.0	450	0.0	*7	16.5	39.0	8.0	3.75	0.00	0.255
*Cheeseburger With The Works	Cheeseburger	60	331	38	531	3.97	3.40	165.3	554	14.17	*4	21.07	33.85	13.03	4.90	*0.00	0.131
*GRAB N GO LUNCH*	1 EACH	20	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Fruit, Fresh (.5 c serv)*	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			666	54	1079	9.29	*5.17	*634.3	*6133	*45.84	*39	36.16	93.36	18.55	6.18	*0.00	0.835
% of Calories											*23.4%	21.7%	56.0%	25.1%	8.3%	*0.0%	
Nutrient Guideline			600-700		1360									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Thu - 03/21/2019																	
* MS lunch	Total	100															
*Pizza, Domino's Ch & Pepp	1 Each	70	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00	0.000
*Burrito, Chicken, Chs & Rice	1 Each	20	338	55	478	5.00	2.84	752.0	259	2.51	0	22.0	37.0	9.5	3.00	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Potato, Tater Tots*	1 Each	50	130	0	310	2.00	0.00	0.0	0	3.6	0	2.0	16.0	6.0	1.00	0.00	0.000
*Fruit, Fresh (.5 c serv)*	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@\$\$%^+*	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			682	44	1182	9.29	*4.60	*894.3	*4981	*37.04	*34 *19.7%	36.11 21.2%	96.02 56.3%	18.00 23.7%	5.43 7.2%	*0.00 *0.0%	0.607
Nutrient Guideline			600-700		1360									<=35.0	<10.00		

Fri - 03/22/2019																	
* MS lunch	Total	100															
*Hot Dog, Secondary	1 Each	30	273	20	714	2.04	2.19	40.8	100	6.12	4	12.1	28.55	13.04	4.00	0.00	0.000
*Chicken, Nuggets (SEC)*	Serving (7 Ea)	60	286	52	505	0.00	1.71	19.0	95	0.0	0	14.29	16.19	19.05	4.29	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Potatoes, Oven fries (Sec)*	1 Cup	75	86	0	20	0.99	0.00	0.0	0	0.0	0	0.99	14.88	2.98	0.99	0.00	0.157
*Fruit, Fresh (.5 c serv)*	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@\$\$%^+*	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			647	57	1012	5.85	*3.82	*435.1	*4491	*32.37	*32 *19.8%	28.61 17.7%	82.76 51.2%	24.72 34.4%	6.22 8.6%	*0.00 *0.0%	0.725
Nutrient Guideline			600-700		1360									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Mon - 03/25/2019																	
* MS lunch	Total	100															
*Pizza, Domino's Ch & Pepp	1 Each	50	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00	0.000
*Quesadilla, Chi & Cheese*	1 Each	30	450	84	791	6.97	*2.16	*311.7	*850	*0.0	2	27.84	42.27	18.58	8.00	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	20	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
*Condiment Variety@\$\$^+*	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Weighted Daily Average			729	63	1184	11.13	*4.83	*796.2	*6310	*57.28	*43	39.57	102.66	19.58	6.77	*0.00	0.744
% of Calories											*23.3%	21.7%	56.3%	24.2%	8.4%	*0.0%	
Nutrient Guideline			600-700		1360									<=35.0	<10.00		

Tue - 03/26/2019																	
* MS lunch	Total	100															
*Chicken, Nuggets (SEC)*	Serving (7 Ea)	40	286	52	505	0.00	1.71	19.0	95	0.0	0	14.29	16.19	19.05	4.29	0.00	0.000
*Cheeseburger With The Works	Cheeseburger	50	331	38	531	3.97	3.40	165.3	554	14.17	*4	21.07	33.85	13.03	4.90	*0.00	0.131
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@\$\$^+*	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			625	59	947	7.41	*4.61	*507.9	*4676	*54.56	*37	32.16	80.93	21.34	5.87	*0.00	0.705
% of Calories											*23.9%	20.6%	51.8%	30.7%	8.5%	*0.0%	
Nutrient Guideline			600-700		1360									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Wed - 03/27/2019																	
* MS lunch	Total	100															
*Chicken, Wing (Boneless)w/Sri	Each (6 Pieces)	50	290	55	370	2.00	1.44	200.0	100	1.2	4	22.0	22.0	13.0	2.50	0.00	0.000
*Sandwich, Meatball (SEC)*	1 each	40	514	60	654	5.33	*3.45	*261.4	*346	*6.14	4	22.63	39.61	29.65	13.06	0.00	5.273
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@\$\$^+*	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			696	71	926	8.56	*4.33	*622.2	*4549	*50.53	*39	35.96	84.37	25.57	8.18	*0.00	2.749
Nutrient Guideline			600-700		1360						*22.2%	20.7%	48.5%	33.1%	10.6%	*0.0%	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Thu - 03/28/2019																	
* MS lunch	Total	100															
*Pizza, Domino's Ch & Pepp	1 Each	70	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00	0.000
*Flauquito, Anaheim Chile&Chs	1 Ea	20	338	31	383	3.00	6.00	574.0	390	2.8	0	19.0	31.0	10.5	5.50	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Variety (Sec)	Salads	10	378	61	597	5.59	2.89	287.9	1240	10.8	*0	22.78	35.44	16.94	5.72	*0.00	1.108
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Fruit, Fresh (.5 c serv)*	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@\$\$^+*	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			655	45	1067	8.45	*5.52	*887.5	*5131	*36.38	*34	36.79	90.36	16.89	6.00	*0.00	0.717
Nutrient Guideline			600-700		1360						*20.5%	22.5%	55.2%	23.2%	8.2%	*0.0%	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Fri - 03/29/2019																	
* MS lunch	Total	100															
*Burrito, Chicken, Chs & Rice	1 Each	40	338	55	478	5.00	2.84	752.0	259	2.51	0	22.0	37.0	9.5	3.00	0.00	0.000
*Sandwich, Spicy Chic (SEC)*	Sandwich	50	427	25	641	5.64	3.50	87.9	460	13.37	*5	21.35	46.49	17.07	3.05	*0.00	0.350
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Fruit, Fresh (.5 c serv)*	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@\$\$%^+*	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			678	54	992	9.31	*5.02	*756.2	*4738	*38.23	*33	35.14	91.37	19.48	4.43	*0.00	0.782
% of Calories											*19.6%	20.7%	53.9%	25.9%	5.9%	*0.0%	
Nutrient Guideline			600-700		1360									<=35.0	<10.00		

Weighted Average			682	55	1112	9.02	*4.66	*678.0	*5321	*43.22	*36	35.13	92.58	20.54	5.92	*0.01	0.880
											*47.9%	20.6%	54.3%	27.1%	7.8%	*0.0%	

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	682		600 - 700	100%				
Cholesterol (mg)	55							
Sodium (mg)	1112		1360					
Fiber (g)	9.02							
Iron (mg)	4.66				Missing			
Calcium (mg)	678.0				Missing			
Vitamin A (IU)	5321				Missing			
Sugars (g)	36	21.29%			Missing			
Vitamin C (mg)	43.22				Missing			
Protein (g)	35.13	20.60%						
Carbohydrate (g)	92.58	54.29%						
Total Fat (g)	20.54	27.10%	<=35.00%					
Saturated Fat (g)	5.92	7.82%	<10.00%					
Trans Fat <sup>1</sup> (g)	0.01	0.01%			Missing			

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