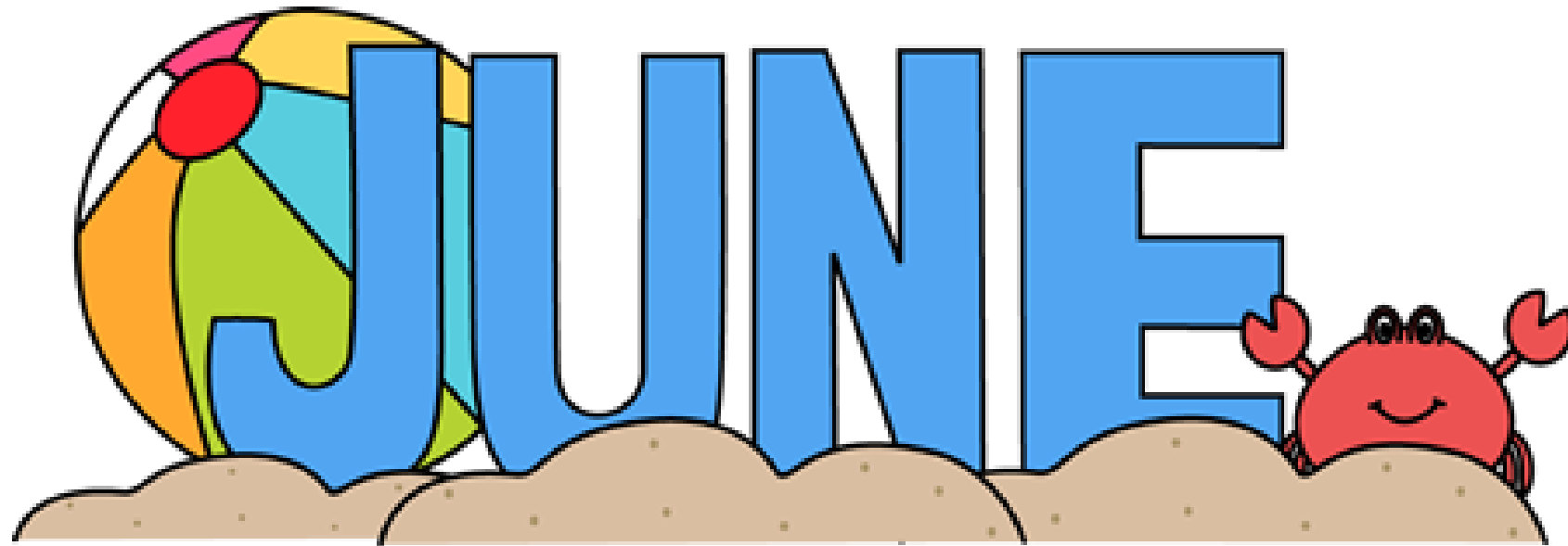


*Lunch Menu*

2019



Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> Cheeseburger Sliders 1.5M 1 G Side Salad 1/2 cup V Peach Cup 1/2 cup F	<b>4</b> <b>UPSIDE DOWN DAY!</b> Waffle Breakfast Bowl ^+ 1M, 2 G String Cheese@ 1M Celery Sticks 1/2 cup V Applesauce 1/2 cup F	<b>5</b> Double Dogs 2 M, 2. G Carrots 1/2 cup V Fresh Fruit .5 Cup F	<b>6</b> <b>PICNIC IN A BOX!</b> Turkey Sandwich 2M, 2 G Chips 1 oz. G Fruit & Veggies 1/2 cup f and V	<b>7</b> <b>PIZZA FRIDAY!</b> Cheese Pizza \$+^@ 2G 2M Carrots 1/2 cup V Fresh Fruit .5 Cup F
<b>10</b> Popcorn Chicken 2M Breadstick 1G Jicama 1/2 cup V Apple Slices 1/2 cup F	<b>11</b> Grilled Cheese Sandwich 1.5 M, 2 G Tater Tots 1/2 cup V Apple Slices 1/2 cup F	<b>12</b> Chicken Nuggets \$+^@ 1.5ozM Side Salad 1 cup V Pear 1/2 cup F Roll 1G	<b>13</b> Cheese Enchiladas \$+^@ 1.5ozM Jicama 1/2 cup V Apple Slices 1/2 cup F	<b>14</b> <b>PIZZA FRIDAY!</b> Fr Bread Cheese Pizza \$+^@ 2G 2M Carrots 1/2 cup V Fresh Fruit .5 Cup F
<b>17</b> Double Dogs 2 M, 2. G Carrots 1/2 cup V Applesauce 1/2 cup F	<b>18</b> <b>UPSIDE DOWN DAY!</b> Pancake Breakfast Bowl ^+ 1M, 2 G Carrots 1/2 cup V Strawberries 1/2 cup F	<b>19</b> Chicken Fritter \$+^@ 1.5ozM Corn 1/2 cup V Plums 1/2 cup F Roll 1G	<b>20</b> Chicken Nuggets \$+^@ 1.5ozM Tater Tots .5 Cup V Dinner Roll 1G Fresh Fruit .5 Cup F	<b>21</b> <b>PIZZA FRIDAY!</b> Cheese Pizza \$+^@ 2G 2M Carrots 1/2 cup V Fresh Fruit .5 Cup F
<b>24</b> Popcorn Chicken 2M Cheese Breadstick 1G Jicama 1/2 cup V Apple Slices 1/2 cup F	<b>25</b> Chicken Patty 1.5M 1 G Carrots 1/2 cup V Peaches 1/2 cup F	<b>26</b> Hamburger 2M, 2G Side Salad 1/2 cup V Apple Slices .5 Cup F	<b>27</b> Grilled Cheese Sandwich 1.5 M, 2 G Grape Tomatoes 1/2 cup V Side Salad 1/2 cup V	<b>28</b> <b>PIZZA FRIDAY!</b> Fr Bread Cheese Pizza \$+^@ 2G 2M Carrots 1/2 cup V Fresh Fruit .5 Cup F

**All lunches  
Are served with  
Choice of  
Milk  
• Non Fat  
• 1%  
8oz. M**

- Peanuts!!
- Pork\*                  Beef#
- Whey+                  Soy\$
- Corn>                  Wheat+
- Milk@                  Gluten^
- Eggs%                  Fish

**ALL GRAINS ARE WHOLE  
GRAIN RICH**