

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Fri - 03/01/2019																	
* HS lunch	Total	100															
*Nachos w/meat&Chips(SEC)*	servings	40	482	24	769	6.92	*1.36	*63.4	*50	*0.6	2	14.78	52.9	21.6	2.75	0.54	0.371
*Chicken, Nuggets (SEC)*	Serving (7 Ea)	50	286	52	505	0.00	1.71	19.0	95	0.0	0	14.29	16.19	19.05	4.29	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar	Servings	50	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Cookie, Dough Cho Chp 1.5oz	1 Each	75	160	10	90	1.00	1.08	0.0	0	1.2	15	2.0	27.0	6.0	1.50	0.00	0.000
*Apple, Fresh*	1 Each	50	77	0	1	3.58	0.18	8.9	80	6.85	15	0.39	20.58	0.25	0.04	*N/A*	0.197
*Milk, 1%*	8 oz	30	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	50	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Milk, Non Fat*	8 oz	30	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Condiment Variety@%*^+*	serv	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	50	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			766	61	1062	7.90	*3.86	*457.0	*3607	*15.24	*45	30.41	99.46	28.82	5.96	*0.21	0.706
% of Calories											*23.3%	15.9%	51.9%	33.8%	7.0%	*0.3%	
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

Mon - 03/04/2019																	
* HS lunch	Total	100															
*Flauquito, Anaheim Chile&Chs	1 Ea	40	338	31	383	3.00	6.00	574.0	390	2.8	0	19.0	31.0	10.5	5.50	0.00	0.000
*Pizza, Domino's Ch & Pepp	1 Each	50	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Brownie, Double Chocolate*	1 Each	75	198	20	85	2.40	1.26	20.0	50	0.0	18	2.8	32.3	7.6	1.30	0.00	0.000
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@%*^+*	serv	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch	2 oz Servings	75	86	9	243	0.11	0.05	5.8	23	0.21	0	0.18	0.6	9.21	0.93	0.00	0.078
Weighted Daily Average			819	61	1128	10.78	*6.96	*891.4	*6472	*52.22	*50	36.05	112.59	25.53	6.98	*0.00	0.629
% of Calories											*24.4%	17.6%	55.0%	28.1%	7.7%	*0.0%	
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Tue - 03/05/2019																	
* HS lunch	Total	100															
*Burrito Bar (HS)*	Servings	40	638	113	789	12.08	*5.84	*474.4	*628	*0.0	*2	45.19	73.93	17.62	6.18	*0.00	0.085
*Chicken, Nuggets (SEC)*	Serving (7 Ea)	50	286	52	505	0.00	1.71	19.0	95	0.0	0	14.29	16.19	19.05	4.29	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Chip, Variety*	1 Each	75	127	0	150	6.03	0.16	8.0	20	0.72	1	2.03	20.93	3.66	0.10	0.00	0.168
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@%*^+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			848	91	1187	15.13	*5.60	*628.1	*6235	*48.73	*38	42.78	112.45	26.84	6.40	*0.00	0.832
% of Calories											*17.8%	20.2%	53.0%	28.5%	6.8%	*0.0%	
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

Wed - 03/06/2019																	
* HS lunch	Total	100															
*Chicken, Wing (Boneless)w/Sri	Each (6 Pieces)	50	290	55	370	2.00	1.44	200.0	100	1.2	4	22.0	22.0	13.0	2.50	0.00	0.000
*Sandwich, Hot Ham & Cheese*	Sandwich	40	300	68	867	1.92	1.45	188.4	147	8.65	3	24.69	28.37	11.6	5.34	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Potatoes, Oven fries (Sec)*	1 Cup	90	86	0	20	0.99	0.00	0.0	0	0.0	0	0.99	14.88	2.98	0.99	0.00	0.157
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@%*^+*	serving	20	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
*Cookie, Choc Chip, 1.3 Oz IW*	1 Each	75	140	0	100	2.00	1.08	20.0	0	0.0	12	2.0	26.0	4.0	1.50	0.00	0.000
Weighted Daily Average			792	73	1096	9.93	*4.35	*613.2	*6016	*52.25	*48	39.30	113.18	23.72	7.12	*0.00	0.807
% of Calories											*24.0%	19.8%	57.1%	26.9%	8.1%	*0.0%	
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Thu - 03/07/2019																	
* HS lunch	Total	100															
*Pizza, Domino's Ch & Pepp	1 Each	70	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00	0.000
*Quesadilla, Chi & Cheese*	1 Each	20	450	84	791	6.97	*2.16	*311.7	*850	*0.0	2	27.84	42.27	18.58	8.00	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (1 c serv)	1 ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Potato, Tater Tots*	1 Each	75	130	0	310	2.00	0.00	0.0	0	3.6	0	2.0	16.0	6.0	1.00	0.00	0.000
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@\$\$%^+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			763	50	1349	11.46	*4.61	*817.6	*6616	*55.09	*39 *20.6%	38.15 20.0%	106.83 56.0%	21.69 25.6%	6.69 7.9%	*0.00 *0.0%	0.671
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

Fri - 03/08/2019																	
* HS lunch	Total	100															
*Cheeseburger With The Works	Cheeseburger	40	331	38	531	3.97	3.40	165.3	554	14.17	*4	21.07	33.85	13.03	4.90	*0.00	0.131
*Sandwich, Spicy Chic (SEC)*	Sandwich	50	427	25	641	5.64	3.50	87.9	460	13.37	*5	21.35	46.49	17.07	3.05	*0.00	0.350
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Chip, Variety*	1 Each	75	127	0	150	6.03	0.16	8.0	20	0.72	1	2.03	20.93	3.66	0.10	0.00	0.168
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@\$\$%^+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			796	47	1152	14.70	*5.52	*538.9	*6388	*61.08	*41 *20.6%	36.67 18.4%	111.57 56.1%	24.01 27.2%	5.28 6.0%	*0.00 *0.0%	1.025
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Mon - 03/11/2019																	
* HS lunch	Total	100															
*Sandwich, Turkey*	Sandwich	20	294	56	922	4.20	2.28	83.3	82	0.4	*6	24.21	38.31	6.06	2.05	0.00	0.256
*Pizza, Domino's Ch & Pepp	1 Each	70	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (.5 c serv)*	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Fruit, Frozen Sorbet, All Flav.	1 Each	80	70	0	10	0.00	0.00	800.0	0	60.0	15	0.0	20.0	0.0	0.00	0.00	0.000
*Chip, Variety*	1 Each	75	127	0	150	6.03	0.16	8.0	20	0.72	1	2.03	20.93	3.66	0.10	0.00	0.168
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			755	43	1215	13.00	*4.59	*1411.8	*6502	*84.07	*48	37.20	119.99	16.52	4.82	*0.00	0.808
Nutrient Guideline			750-850		1420						*25.4%	19.7%	63.6%	19.7%	5.7%	*0.0%	
														<=35.0	<10.00		

Tue - 03/12/2019																	
* HS lunch	Total	100															
*Burrito Bar (HS)*	Servings	40	638	113	789	12.08	*5.84	*474.4	*628	*0.0	*2	45.19	73.93	17.62	6.18	*0.00	0.085
*Hot Dog, Secondary	1 Each	50	273	20	714	2.04	2.19	40.8	100	6.12	4	12.1	28.55	13.04	4.00	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@\$\$%^+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
*Fruit, Frozen Bar Orange*	1 Each	75	50	0	10	0.00	0.00	0.0	0	0.0	11	0.0	12.0	0.0	0.00	0.00	0.000
Weighted Daily Average % of Calories			784	75	1187	11.62	*5.72	*633.0	*6222	*51.25	*47	40.16	111.93	21.09	6.19	*0.00	0.705
Nutrient Guideline			750-850		1420						*23.9%	20.5%	57.1%	24.2%	7.1%	*0.0%	
														<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Wed - 03/13/2019																	
* HS lunch	Total	100															
*California Rice Bowl	3 cup	50	437	42	505	10.57	*4.76	*248.2	*169	*9.86	*6	19.74	66.07	11.64	1.07	0.00	0.220
*Sandwich, Hot Ham & Cheese*	Sandwich	40	300	68	867	1.92	1.45	188.4	147	8.65	3	24.69	28.37	11.6	5.34	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Potato, Tater Tots*	1 Each	90	130	0	310	2.00	0.00	0.0	0	3.6	0	2.0	16.0	6.0	1.00	0.00	0.000
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@%*^+*	serving	20	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			800	67	1349	13.63	*5.20	*622.3	*6050	*59.82	*39 *19.7%	37.58 18.8%	116.73 58.3%	22.76 25.6%	5.29 5.9%	*0.00 *0.0%	0.776
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

Thu - 03/14/2019																	
* HS lunch	Total	100															
*Pizza, Domino's Ch & Pepp	1 Each	60	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00	0.000
*Quesadilla, Secondary	1 Each	30	451	92	1055	2.77	*3.64	*371.2	*943	*1.36	*2	35.69	33.13	19.74	8.23	*0.00	0.064
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (1 c serv)	1 ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Cookie, Dough Cho Chp 1.5oz	1 Each	75	160	10	90	1.00	1.08	0.0	0	1.2	15	2.0	27.0	6.0	1.50	0.00	0.000
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@%*^+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			799	67	1277	9.75	*5.81	*819.1	*6654	*53.10	*50 *25.0%	41.14 20.6%	112.67 56.4%	23.04 26.0%	7.56 8.5%	*0.00 *0.0%	0.691
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Fri - 03/15/2019																	
* HS lunch	Total	100															
*Cheeseburger With The Works	Cheeseburger	40	331	38	531	3.97	3.40	165.3	554	14.17	*4	21.07	33.85	13.03	4.90	*0.00	0.131
*Enchiladas, Cheese (SEC)*	3-each	50	404	55	2115	1.30	0.29	512.5	5740	73.39	5	22.21	30.4	24.63	12.09	0.00	0.412
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Brownie Bites*	1 Each	75	100	0	105	1.00	1.08	20.0	0	0.0	10	1.0	18.0	3.0	1.00	0.00	0.000
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@%*^+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			764	62	1855	8.76	*4.60	*760.2	*9013	*90.55	*48	36.32	101.32	27.30	10.47	*0.00	0.930
% of Calories											*25.0%	19.0%	53.0%	32.1%	12.3%	*0.0%	
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

Mon - 03/18/2019																	
* HS lunch	Total	100															
*Flauquito, Anaheim Chile&Chs	1 Ea	40	338	31	383	3.00	6.00	574.0	390	2.8	0	19.0	31.0	10.5	5.50	0.00	0.000
*Pizza, Domino's Ch & Pepp	1 Each	50	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Brownie, Double Chocolate*	1 Each	75	198	20	85	2.40	1.26	20.0	50	0.0	18	2.8	32.3	7.6	1.30	0.00	0.000
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@%*^+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch	2 oz Servings	75	86	9	243	0.11	0.05	5.8	23	0.21	0	0.18	0.6	9.21	0.93	0.00	0.078
Weighted Daily Average			819	61	1128	10.78	*6.96	*891.4	*6472	*52.22	*50	36.05	112.59	25.53	6.98	*0.00	0.629
% of Calories											*24.4%	17.6%	55.0%	28.1%	7.7%	*0.0%	
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Tue - 03/19/2019																	
* HS lunch	Total	100															
*Sandwich, Spicy Chic (SEC)*	Sandwich	50	427	25	641	5.64	3.50	87.9	460	13.37	*5	21.35	46.49	17.07	3.05	*0.00	0.350
*Burrito Bar (HS)*	Servings	40	638	113	789	12.08	*5.84	*474.4	*628	*0.0	*2	45.19	73.93	17.62	6.18	*0.00	0.085
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@\$\$%^+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			823	77	1143	13.42	*6.37	*656.6	*6402	*54.87	*39	44.79	111.90	23.10	5.71	*0.00	0.880
% of Calories											*18.9%	21.8%	54.4%	25.2%	6.2%	*0.0%	
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

Wed - 03/20/2019																	
* HS lunch	Total	100															
*Chicken, Mandarin Orange*	1 Each	40	163	44	305	0.00	0.78	0.0	0	1.31	11	11.98	20.69	3.27	0.54	0.00	0.000
*Rice, Brown, (H.S.)*	.5 Cup	40	224	0	9	2.11	0.91	17.6	0	0.0	*N/A*	4.82	46.9	1.77	0.36	*0.00	0.012
*Cheeseburger With The Works	Cheeseburger	50	331	38	531	3.97	3.40	165.3	554	14.17	*4	21.07	33.85	13.03	4.90	*0.00	0.131
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Cookie, Dbl Fudge 1.3 Oz*	1 Each	75	140	0	115	2.00	1.08	0.0	0	0.0	12	2.0	24.0	4.5	1.00	0.00	0.000
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@\$\$%^+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			780	56	983	10.10	*5.48	*512.5	*6198	*55.80	*51	34.79	121.04	19.42	5.28	*0.00	0.742
% of Calories											*26.4%	17.8%	62.0%	22.4%	6.1%	*0.0%	
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Thu - 03/21/2019																	
* HS lunch	Total	100															
*Pizza, Domino's Ch & Pepp	1 Each	60	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00	0.000
*Flauquito, Anaheim Chile&Chs	1 Ea	30	338	31	383	3.00	6.00	574.0	390	2.8	0	19.0	31.0	10.5	5.50	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar	Servings	50	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Cookie, Chocolate Chip Dough	1 Each	75	166	26	157	0.80	0.54	10.0	200	0.0	14	1.5	22.5	8.0	4.90	0.00	0.000
*Apple, Fresh*	1 Each	50	77	0	1	3.58	0.18	8.9	80	6.85	15	0.39	20.58	0.25	0.04	*N/A*	0.197
*Milk, 1%*	8 oz	30	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	50	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Milk, Non Fat*	8 oz	30	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Condiment Variety@%*^+*	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	50	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			726	59	1054	8.29	*5.47	*886.7	*4257	*18.54	*45	35.57	99.53	20.41	9.17	*0.00	0.558
% of Calories											*24.9%	19.6%	54.9%	25.3%	11.4%	*0.0%	
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

Fri - 03/22/2019																	
* HS lunch	Total	100															
*Hot Dog, Secondary	1 Each	40	273	20	714	2.04	2.19	40.8	100	6.12	4	12.1	28.55	13.04	4.00	0.00	0.000
*Chicken, Nuggets (SEC)*	Serving (7 Ea)	50	286	52	505	0.00	1.71	19.0	95	0.0	0	14.29	16.19	19.05	4.29	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar	Servings	50	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Cookie, Chocolate Chip Dough	1 Each	75	166	26	157	0.80	0.54	10.0	200	0.0	14	1.5	22.5	8.0	4.90	0.00	0.000
*Potato, Tater Tots*	1 Each	75	130	0	310	2.00	0.00	0.0	0	3.6	0	2.0	16.0	6.0	1.00	0.00	0.000
*Apple, Fresh*	1 Each	50	77	0	1	3.58	0.18	8.9	80	6.85	15	0.39	20.58	0.25	0.04	*N/A*	0.197
*Milk, 1%*	8 oz	30	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	50	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Milk, Non Fat*	8 oz	30	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Condiment Variety@%*^+*	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	50	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			785	72	1323	7.30	*3.78	*455.4	*3777	*19.25	*44	30.46	98.35	31.40	9.77	*0.00	0.558
% of Calories											*22.6%	15.5%	50.1%	36.0%	11.2%	*0.0%	
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

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Mon - 03/25/2019																	
* HS lunch	Total	100															
*Pizza, Domino's Ch & Pepp	1 Each	60	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00	0.000
*Sandwich, Turkey*	Sandwich	40	294	56	922	4.20	2.28	83.3	82	0.4	*6	24.21	38.31	6.06	2.05	0.00	0.256
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Breadstick, Mozzarella WG*	1 Each	50	240	10	360	3.00	1.80	250.0	200	0.0	3	12.0	30.0	8.0	4.00	0.00	0.000
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@\$%^+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch	2 oz Serv ings	75	86	9	243	0.11	0.05	5.8	23	0.21	0	0.18	0.6	9.21	0.93	0.00	0.078
Weighted Daily Average			804	63	1525	11.35	*5.70	*852.6	*6486	*51.86	*41	44.19	110.19	22.90	6.99	*0.00	0.731
% of Calories											*20.5%	22.0%	54.8%	25.6%	7.8%	*0.0%	
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

Tue - 03/26/2019																	
* HS lunch	Total	100															
*California Rice Bowl	3 cup	50	437	42	505	10.57	*4.76	*248.2	*169	*9.86	*6	19.74	66.07	11.64	1.07	0.00	0.220
*Cheeseburger With The Works	Cheeseburger	40	331	38	531	3.97	3.40	165.3	554	14.17	*4	21.07	33.85	13.03	4.90	*0.00	0.131
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Potatoes, Oven fries (Sec)*	1 Cup	90	86	0	20	0.99	0.00	0.0	0	0.0	0	0.99	14.88	2.98	0.99	0.00	0.157
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@\$%^+*	serving	20	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			774	54	954	13.54	*5.98	*613.1	*6213	*58.79	*40	35.23	117.91	20.61	5.10	*0.00	0.970
% of Calories											*20.7%	18.2%	61.0%	24.0%	5.9%	*0.0%	
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Wed - 03/27/2019																	
* HS lunch	Total	100															
*Chicken, Nuggets (SEC)*	Serving (7 Ea)	50	286	52	505	0.00	1.71	19.0	95	0.0	0	14.29	16.19	19.05	4.29	0.00	0.000
*Sandwich, Meatball (SEC)*	1 each	40	514	60	654	5.33	*3.45	*261.4	*346	*6.14	4	22.63	39.61	29.65	13.06	0.00	5.273
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Chip, Variety*	1 Each	90	127	0	150	6.03	0.16	8.0	20	0.72	1	2.03	20.93	3.66	0.10	0.00	0.168
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@%*^+*	serving	20	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			808	69	1120	13.33	*4.61	*544.1	*6111	*51.30	*38	34.06	100.72	31.58	9.17	*0.00	2.927
% of Calories											*18.9%	16.9%	49.9%	35.2%	10.2%	*0.0%	
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

Thu - 03/28/2019																	
* HS lunch	Total	100															
*Sandwich, Turkey*	Sandwich	40	294	56	922	4.20	2.28	83.3	82	0.4	*6	24.21	38.31	6.06	2.05	0.00	0.256
*Pizza, Domino's Ch & Pepp	1 Each	50	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (1 c serv)	1 ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Potato, Tater Tots*	1 Each	75	130	0	310	2.00	0.00	0.0	0	3.6	0	2.0	16.0	6.0	1.00	0.00	0.000
*Cookie, Chocolate Chip Dough	1 Each	75	166	26	157	0.80	0.54	10.0	200	0.0	14	1.5	22.5	8.0	4.90	0.00	0.000
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@%*^+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			852	72	1548	11.55	*4.95	*701.1	*6479	*54.05	*51	39.09	122.78	24.69	8.83	*0.00	0.774
% of Calories											*23.8%	18.4%	57.6%	26.1%	9.3%	*0.0%	
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Fri - 03/29/2019																	
* HS lunch	Total	100															
*Chicken Fritter WG*	1 Each	40	291	40	791	1.61	2.32	16.1	0	0.0	2	12.91	22.6	17.76	4.04	0.00	0.000
*Sandwich, Spicy Chic (SEC)*	Sandwich	50	427	25	641	5.64	3.50	87.9	460	13.37	*5	21.35	46.49	17.07	3.05	*0.00	0.350
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Chip, Variety*	1 Each	75	127	0	150	6.03	0.16	8.0	20	0.72	1	2.03	20.93	3.66	0.10	0.00	0.168
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Brownie Bites*	1 Each	75	100	0	105	1.00	1.08	20.0	0	0.0	10	1.0	18.0	3.0	1.00	0.00	0.000
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@%*^+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			855	48	1335	14.51	*5.89	*494.3	*6166	*55.41	*47	34.15	120.57	28.15	5.68	*0.00	0.973
% of Calories											*22.2%	16.0%	56.4%	29.6%	6.0%	*0.0%	
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

Weighted Average			796	63	1237	11.47	*5.33	*704.8	*6111	*52.17	*45	37.34	111.16	24.24	6.93	*0.01	0.872
											*50.6%	18.8%	55.9%	27.4%	7.8%	*0.0%	

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	796		750 - 850	100%				
Cholesterol (mg)	63							
Sodium (mg)	1237		1420					
Fiber (g)	11.47							
Iron (mg)	5.33				Missing			
Calcium (mg)	704.8				Missing			
Vitamin A (IU)	6111				Missing			
Sugars (g)	45	22.48%			Missing			
Vitamin C (mg)	52.17				Missing			
Protein (g)	37.34	18.77%						
Carbohydrate (g)	111.16	55.87%						
Total Fat (g)	24.24	27.42%	<=35.00%					
Saturated Fat (g)	6.93	7.83%	<10.00%					
Trans Fat <sup>1</sup> (g)	0.01	0.01%			Missing			

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