

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Mon - 01/07/2019																	
*HS Breakfast	Total	100															
*Bagel, WG 2.6 oz.	1 Each	50	200	0	360	4.00	2.70	20.0	0	3.6	5	9.0	39.0	2.0	0.50	0.00	0.000
Cheese, Cream	1 Each	25	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
Peanut Butter	1 Each	25	201	0	73	2.23	0.80	22.3	0	0.0	4	7.81	10.04	16.74	2.79	0.00	0.110
Burrito, Egg & Cheese	1 ea	50	200	66	299	3.06	1.69	141.2	282	3.39	0	10.59	20.45	8.66	3.83	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Potato, Hash Brown Round	1 Each	75	100	0	105	1.00	0.00	0.0	0	3.6	0	1.0	16.0	3.5	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			489	42	560	6.03	2.49	374.6	1018	63.54	*26	21.09	71.24	14.49	4.13	*0.00	0.247
% of Calories											*21.0%	17.3%	58.3%	26.7%	7.6%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Tue - 01/08/2019																	
*HS Breakfast	Total	100															
*Sandwich, Breakfast	1 Each	50	386	84	621	3.00	3.39	54.9	3	0.0	*3	23.21	34.8	17.01	7.01	0.00	0.009
*Bread, Brk Strawberry Banana	Servings	50	205	16	244	2.01	0.52	26.0	*16	*14.2	*4	2.48	35.9	5.42	2.67	*0.00	0.854
Yogurt, Nonfat Peach	4 oz	50	360	0	220	0.00	0.00	1200.0	0	0.0	60	12.0	76.0	0.0	0.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Potato, Hash Brown Round	1 Each	75	100	0	105	1.00	0.00	0.0	0	3.6	0	1.0	16.0	3.5	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			699	55	733	4.19	2.04	913.9	*836	*67.15	*55	27.18	111.85	15.20	5.61	*0.00	0.651
% of Calories											*31.4%	15.6%	64.0%	19.6%	7.2%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Wed - 01/09/2019																	
*HS Breakfast	Total	100															
*Pizza, Breakfast Turkey Saus	1 Each	50	240	15	500	3.00	1.80	150.0	0	2.4	8	11.0	32.0	7.0	2.50	0.00	0.000
Parfait, Berry - Entree	50 serving	50	364	20	260	3.85	*0.56	*400.0	*500	*2.4	39	13.06	59.12	9.14	3.01	0.00	0.414
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Potato, Hash Brown Round	1 Each	75	100	0	105	1.00	0.00	0.0	0	3.6	0	1.0	16.0	3.5	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			526	23	571	5.11	*1.27	*548.4	*1077	*62.44	*45	20.37	84.06	12.05	3.53	*0.00	0.426
% of Calories											*34.5%	15.5%	64.0%	20.6%	6.0%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Thu - 01/10/2019																	
*HS Breakfast	Total	100															
Bagel,T Ham & Cheese 2018	1 EACH	50	320	35	713	4.36	2.71	206.5	300	0.39	5	11.9	46.93	6.29	2.99	0.00	0.000
Muffin Top, Orange Blossom	1 Each	50	222	29	108	3.30	1.10	9.0	148	4.6	17	3.9	39.0	5.5	0.90	0.00	0.000
Yogurt, Nonfat Peach	4 oz	25	360	0	220	0.00	0.00	1200.0	0	0.0	60	12.0	76.0	0.0	0.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Potato, Hash Brown Round	1 Each	50	100	0	105	1.00	0.00	0.0	0	3.6	0	1.0	16.0	3.5	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			560	37	630	5.27	1.99	681.2	1051	61.64	*48	18.99	96.47	9.00	2.71	*0.00	0.219
% of Calories											*34.0%	13.6%	69.0%	14.5%	4.4%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Fri - 01/11/2019																	
*HS Breakfast	Total	100															
Brk Bowl Pancake (SEC)	Serving	50	311	310	661	2.00	*1.70	*62.0	*413	*0.0	6	17.36	28.51	15.4	3.48	0.00	0.583
*Cinnamon Apple Crumble	1 Each	50	260	35	250	2.00	1.44	60.0	0	0.0	19	5.0	39.0	9.0	1.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Potato, Hash Brown Round	1 Each	50	100	0	105	1.00	0.00	0.0	0	3.6	0	1.0	16.0	3.5	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Weighted Daily Average % of Calories			484	178	620	3.44	*1.66	*334.4	*1033	*59.14	*34 *28.1%	19.27 15.9%	68.26 56.4%	15.31 28.4%	3.01 5.6%	*0.00 *0.0%	0.510
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Mon - 01/14/2019																	
*HS Breakfast	Total	100															
*Bagel, WG 2.6 oz.	1 Each	50	200	0	360	4.00	2.70	20.0	0	3.6	5	9.0	39.0	2.0	0.50	0.00	0.000
Cheese, Cream	1 Each	25	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
Peanut Butter	1 Each	25	201	0	73	2.23	0.80	22.3	0	0.0	4	7.81	10.04	16.74	2.79	0.00	0.110
Burrito,Egg & Cheese	1 ea	50	200	66	299	3.06	1.69	141.2	282	3.39	0	10.59	20.45	8.66	3.83	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Potato, Hash Brown Round	1 Each	75	100	0	105	1.00	0.00	0.0	0	3.6	0	1.0	16.0	3.5	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average % of Calories			489	42	560	6.03	2.49	374.6	1018	63.54	*26 *21.0%	21.09 17.3%	71.24 58.3%	14.49 26.7%	4.13 7.6%	*0.00 *0.0%	0.247
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Tue - 01/15/2019																	
*HS Breakfast	Total	100															
*Sandwich, Breakfast	1 Each	50	386	84	621	3.00	3.39	54.9	3	0.0	*3	23.21	34.8	17.01	7.01	0.00	0.009
*Bread, Brk Strawberry Banana	Servings	50	205	16	244	2.01	0.52	26.0	*16	*14.2	*4	2.48	35.9	5.42	2.67	*0.00	0.854
Yogurt, Nonfat Peach	4 oz	50	360	0	220	0.00	0.00	1200.0	0	0.0	60	12.0	76.0	0.0	0.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Potato, Hash Brown Round	1 Each	75	100	0	105	1.00	0.00	0.0	0	3.6	0	1.0	16.0	3.5	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average % of Calories			699	55	733	4.19	2.04	913.9	*836	*67.15	*55 *31.4%	27.18 15.6%	111.85 64.0%	15.20 19.6%	5.61 7.2%	*0.00 *0.0%	0.651
Nutrient Guideline			450-600		640									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Wed - 01/16/2019																	
*HS Breakfast	Total	100															
*Pizza, Breakfast Turkey Saus	1 Each	50	240	15	500	3.00	1.80	150.0	0	2.4	8	11.0	32.0	7.0	2.50	0.00	0.000
Parfait, Berry - Entree	50 serving	50	364	20	260	3.85	*0.56	*400.0	*500	*2.4	39	13.06	59.12	9.14	3.01	0.00	0.414
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Potato, Hash Brown Round	1 Each	75	100	0	105	1.00	0.00	0.0	0	3.6	0	1.0	16.0	3.5	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			526	23	571	5.11	*1.27	*548.4	*1077	*62.44	*45	20.37	84.06	12.05	3.53	*0.00	0.426
% of Calories											*34.5%	15.5%	64.0%	20.6%	6.0%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Thu - 01/17/2019																	
*HS Breakfast	Total	100															
Bagel,T Ham & Cheese 2018	1 EACH	50	320	35	713	4.36	2.71	206.5	300	0.39	5	11.9	46.93	6.29	2.99	0.00	0.000
Muffin Top, Orange Blossom	1 Each	50	222	29	108	3.30	1.10	9.0	148	4.6	17	3.9	39.0	5.5	0.90	0.00	0.000
Yogurt, Nonfat Peach	4 oz	25	360	0	220	0.00	0.00	1200.0	0	0.0	60	12.0	76.0	0.0	0.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Potato, Hash Brown Round	1 Each	50	100	0	105	1.00	0.00	0.0	0	3.6	0	1.0	16.0	3.5	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			560	37	630	5.27	1.99	681.2	1051	61.64	*48	18.99	96.47	9.00	2.71	*0.00	0.219
% of Calories											*34.0%	13.6%	69.0%	14.5%	4.4%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Fri - 01/18/2019																	
*HS Breakfast	Total	100															
Brk Bowl Pancake (SEC)	Serving	50	311	310	661	2.00	*1.70	*62.0	*413	*0.0	6	17.36	28.51	15.4	3.48	0.00	0.583
*Cinnamon Apple Crumble	1 Each	50	260	35	250	2.00	1.44	60.0	0	0.0	19	5.0	39.0	9.0	1.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Potato, Hash Brown Round	1 Each	50	100	0	105	1.00	0.00	0.0	0	3.6	0	1.0	16.0	3.5	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Weighted Daily Average			484	178	620	3.44	*1.66	*334.4	*1033	*59.14	*34	19.27	68.26	15.31	3.01	*0.00	0.510
% of Calories											*28.1%	15.9%	56.4%	28.4%	5.6%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Tue - 01/22/2019																	
*HS Breakfast	Total	100															
*Sandwich, Breakfast	1 Each	50	386	84	621	3.00	3.39	54.9	3	0.0	*3	23.21	34.8	17.01	7.01	0.00	0.009
*Bread, Brk Strawberry Banana	Servings	50	205	16	244	2.01	0.52	26.0	*16	*14.2	*4	2.48	35.9	5.42	2.67	*0.00	0.854
Yogurt, Nonfat Peach	4 oz	50	360	0	220	0.00	0.00	1200.0	0	0.0	60	12.0	76.0	0.0	0.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Potato, Hash Brown Round	1 Each	75	100	0	105	1.00	0.00	0.0	0	3.6	0	1.0	16.0	3.5	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			699	55	733	4.19	2.04	913.9	*836	*67.15	*55	27.18	111.85	15.20	5.61	*0.00	0.651
% of Calories											*31.4%	15.6%	64.0%	19.6%	7.2%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Wed - 01/23/2019																	
*HS Breakfast	Total	100															
Bagel, T Ham & Cheese 2018	1 EACH	50	320	35	713	4.36	2.71	206.5	300	0.39	5	11.9	46.93	6.29	2.99	0.00	0.000
Muffin Top, Orange Blossom	1 Each	50	222	29	108	3.30	1.10	9.0	148	4.6	17	3.9	39.0	5.5	0.90	0.00	0.000
Yogurt, Nonfat Peach	4 oz	25	360	0	220	0.00	0.00	1200.0	0	0.0	60	12.0	76.0	0.0	0.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Potato, Hash Brown Round	1 Each	50	100	0	105	1.00	0.00	0.0	0	3.6	0	1.0	16.0	3.5	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			560	37	630	5.27	1.99	681.2	1051	61.64	*48	18.99	96.47	9.00	2.71	*0.00	0.219
% of Calories											*34.0%	13.6%	69.0%	14.5%	4.4%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Thu - 01/24/2019																	
*HS Breakfast	Total	100															
Bagel, T Ham & Cheese 2018	1 EACH	50	320	35	713	4.36	2.71	206.5	300	0.39	5	11.9	46.93	6.29	2.99	0.00	0.000
Muffin Top, Orange Blossom	1 Each	50	222	29	108	3.30	1.10	9.0	148	4.6	17	3.9	39.0	5.5	0.90	0.00	0.000
Yogurt, Nonfat Peach	4 oz	25	360	0	220	0.00	0.00	1200.0	0	0.0	60	12.0	76.0	0.0	0.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Potato, Hash Brown Round	1 Each	50	100	0	105	1.00	0.00	0.0	0	3.6	0	1.0	16.0	3.5	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			560	37	630	5.27	1.99	681.2	1051	61.64	*48	18.99	96.47	9.00	2.71	*0.00	0.219
% of Calories											*34.0%	13.6%	69.0%	14.5%	4.4%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Fri - 01/25/2019																	
*HS Breakfast	Total	100															
Brk Bowl Pancake (SEC)	Serving	50	311	310	661	2.00	*1.70	*62.0	*413	*0.0	6	17.36	28.51	15.4	3.48	0.00	0.583
*Cinnamon Apple Crumble	1 Each	50	260	35	250	2.00	1.44	60.0	0	0.0	19	5.0	39.0	9.0	1.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Potato, Hash Brown Round	1 Each	50	100	0	105	1.00	0.00	0.0	0	3.6	0	1.0	16.0	3.5	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			484	178	620	3.44	*1.66	*334.4	*1033	*59.14	*34	19.27	68.26	15.31	3.01	*0.00	0.510
% of Calories											*28.1%	15.9%	56.4%	28.4%	5.6%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Mon - 01/28/2019																	
*HS Breakfast	Total	100															
*Bagel, WG 2.6 oz.	1 Each	50	200	0	360	4.00	2.70	20.0	0	3.6	5	9.0	39.0	2.0	0.50	0.00	0.000
Cheese, Cream	1 Each	25	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
Peanut Butter	1 Each	25	201	0	73	2.23	0.80	22.3	0	0.0	4	7.81	10.04	16.74	2.79	0.00	0.110
Burrito,Egg & Cheese	1 ea	50	200	66	299	3.06	1.69	141.2	282	3.39	0	10.59	20.45	8.66	3.83	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Potato, Hash Brown Round	1 Each	75	100	0	105	1.00	0.00	0.0	0	3.6	0	1.0	16.0	3.5	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			489	42	560	6.03	2.49	374.6	1018	63.54	*26	21.09	71.24	14.49	4.13	*0.00	0.247
% of Calories											*21.0%	17.3%	58.3%	26.7%	7.6%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Tue - 01/29/2019																	
*HS Breakfast	Total	100															
*Sandwich, Breakfast	1 Each	50	386	84	621	3.00	3.39	54.9	3	0.0	*3	23.21	34.8	17.01	7.01	0.00	0.009
*Bread, Brk Strawberry Banana	Servings	50	205	16	244	2.01	0.52	26.0	*16	*14.2	*4	2.48	35.9	5.42	2.67	*0.00	0.854
Yogurt, Nonfat Peach	4 oz	50	360	0	220	0.00	0.00	1200.0	0	0.0	60	12.0	76.0	0.0	0.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Potato, Hash Brown Round	1 Each	75	100	0	105	1.00	0.00	0.0	0	3.6	0	1.0	16.0	3.5	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			699	55	733	4.19	2.04	913.9	*836	*67.15	*55	27.18	111.85	15.20	5.61	*0.00	0.651
% of Calories											*31.4%	15.6%	64.0%	19.6%	7.2%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Wed - 01/30/2019																	
*HS Breakfast	Total	100															
*Pizza, Breakfast Turkey Saus	1 Each	50	240	15	500	3.00	1.80	150.0	0	2.4	8	11.0	32.0	7.0	2.50	0.00	0.000
Parfait, Berry - Entree	serving	50	364	20	260	3.85	*0.56	*400.0	*500	*2.4	39	13.06	59.12	9.14	3.01	0.00	0.414
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Potato, Hash Brown Round	1 Each	75	100	0	105	1.00	0.00	0.0	0	3.6	0	1.0	16.0	3.5	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			526	23	571	5.11	*1.27	*548.4	*1077	*62.44	*45	20.37	84.06	12.05	3.53	*0.00	0.426
% of Calories											*34.5%	15.5%	64.0%	20.6%	6.0%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Thu - 01/31/2019																	
*HS Breakfast	Total	100															
Bagel, T Ham & Cheese 2018	1 EACH	50	320	35	713	4.36	2.71	206.5	300	0.39	5	11.9	46.93	6.29	2.99	0.00	0.000
Muffin Top, Orange Blossom	1 Each	50	222	29	108	3.30	1.10	9.0	148	4.6	17	3.9	39.0	5.5	0.90	0.00	0.000
Yogurt, Nonfat Peach	4 oz	25	360	0	220	0.00	0.00	1200.0	0	0.0	60	12.0	76.0	0.0	0.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Potato, Hash Brown Round	1 Each	50	100	0	105	1.00	0.00	0.0	0	3.6	0	1.0	16.0	3.5	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			560	37	630	5.27	1.99	681.2	1051	61.64	*48	18.99	96.47	9.00	2.71	*0.00	0.219
% of Calories											*34.0%	13.6%	69.0%	14.5%	4.4%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Weighted Average			561	63	630	4.83	*1.91	*601.9	*999	*62.90	*43	21.44	88.91	12.85	3.78	*0.00	0.403
											*68.8%	15.3%	63.4%	20.6%	6.1%	*0.0%	

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
		% of Cals	Weekly Target		% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	561		450 - 600		100%													
Cholesterol (mg)	63																	
Sodium (mg)	630		640															
Fiber (g)	4.83																	
Iron (mg)	1.91					Missing												
Calcium (mg)	601.9					Missing												
Vitamin A (IU)	999					Missing												
Sugars (g)	43	30.59%				Missing												
Vitamin C (mg)	62.90					Missing												
Protein (g)	21.44	15.30%																
Carbohydrate (g)	88.91	63.45%																
Total Fat (g)	12.85	20.64%			<=35.00%													
Saturated Fat (g)	3.78	6.06%			<10.00%													
Trans Fat ¹ (g)	0.00	0.00%				Missing												

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