

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Fri - 03/01/2019																	
*HS Breakfast	Total	100															
Brk Bowl Pancake (SEC)	Serving	50	311	310	661	2.00	*1.70	*62.0	*413	*0.0	6	17.36	28.51	15.4	3.48	0.00	0.583
*Cinnamon Apple Crumble	1 Each	50	260	35	250	2.00	1.44	60.0	0	0.0	19	5.0	39.0	9.0	1.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Potato, Hash Brown Round	1 Each	50	100	0	105	1.00	0.00	0.0	0	3.6	0	1.0	16.0	3.5	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			484	178	620	3.44	*1.66	*334.4	*1033	*59.14	*34	19.27	68.26	15.31	3.01	*0.00	0.510
% of Calories											*28.1%	15.9%	56.4%	28.4%	5.6%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Mon - 03/04/2019																	
*HS Breakfast	Total	100															
*Bagel, WG 2.6 oz.	1 Each	50	200	0	360	4.00	2.70	20.0	0	3.6	5	9.0	39.0	2.0	0.50	0.00	0.000
Cheese, Cream	1 Each	25	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
Peanut Butter	1 Each	25	201	0	73	2.23	0.80	22.3	0	0.0	4	7.81	10.04	16.74	2.79	0.00	0.110
Burrito, Egg & Cheese	1 ea	50	200	66	299	3.06	1.69	141.2	282	3.39	0	10.59	20.45	8.66	3.83	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Potato, Hash Brown Round	1 Each	75	100	0	105	1.00	0.00	0.0	0	3.6	0	1.0	16.0	3.5	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			489	42	560	6.03	2.49	374.6	1018	63.54	*26	21.09	71.24	14.49	4.13	*0.00	0.247
% of Calories											*21.0%	17.3%	58.3%	26.7%	7.6%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Tue - 03/05/2019																	
*HS Breakfast	Total	100															
*Sandwich, Breakfast	1 Each	50	386	84	621	3.00	3.39	54.9	3	0.0	*3	23.21	34.8	17.01	7.01	0.00	0.009
*Bread, Brk Strawberry Banana	Servings	50	205	16	244	2.01	0.52	26.0	*16	*14.2	*4	2.48	35.9	5.42	2.67	*0.00	0.854
Yogurt, Nonfat Peach	4 oz	50	360	0	220	0.00	0.00	1200.0	0	0.0	60	12.0	76.0	0.0	0.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Potato, Hash Brown Round	1 Each	75	100	0	105	1.00	0.00	0.0	0	3.6	0	1.0	16.0	3.5	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			699	55	733	4.19	2.04	913.9	*836	*67.15	*55	27.18	111.85	15.20	5.61	*0.00	0.651
% of Calories											*31.4%	15.6%	64.0%	19.6%	7.2%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Wed - 03/06/2019																	
*HS Breakfast	Total	100															
*Pizza, Breakfast Turkey Saus	1 Each	50	240	15	500	3.00	1.80	150.0	0	2.4	8	11.0	32.0	7.0	2.50	0.00	0.000
Parfait, Berry - Entree	serving	50	364	20	260	3.85	*0.56	*400.0	*500	*2.4	39	13.06	59.12	9.14	3.01	0.00	0.414
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Potato, Hash Brown Round	1 Each	75	100	0	105	1.00	0.00	0.0	0	3.6	0	1.0	16.0	3.5	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			526	23	571	5.11	*1.27	*548.4	*1077	*62.44	*45	20.37	84.06	12.05	3.53	*0.00	0.426
% of Calories											*34.5%	15.5%	64.0%	20.6%	6.0%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Thu - 03/07/2019																	
*HS Breakfast	Total	100															
Bagel,T Ham & Cheese 2018	1 EACH	50	320	35	713	4.36	2.71	206.5	300	0.39	5	11.9	46.93	6.29	2.99	0.00	0.000
*Pillsbury Mini Cinnis	1 Each	50	240	0	300	2.00	1.44	40.0	0	0.0	15	5.0	40.0	8.0	2.00	0.00	0.000
Yogurt, Nonfat Peach	4 oz	25	360	0	220	0.00	0.00	1200.0	0	0.0	60	12.0	76.0	0.0	0.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Potato, Hash Brown Round	1 Each	50	100	0	105	1.00	0.00	0.0	0	3.6	0	1.0	16.0	3.5	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Weighted Daily Average			569	23	726	4.62	2.16	696.7	977	59.34	*47	19.54	96.97	10.25	3.26	*0.00	0.219
% of Calories											*32.7%	13.7%	68.2%	16.2%	5.2%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Fri - 03/08/2019																	
*HS Breakfast	Total	100															
Brk Bowl Waffles (SEC)	Serving	50	322	304	557	3.02	3.74	137.6	790	0.0	8	16.38	28.96	15.18	4.61	0.00	0.242
*Cinnamon Apple Crumble	1 Each	50	260	35	250	2.00	1.44	60.0	0	0.0	19	5.0	39.0	9.0	1.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Potato, Hash Brown Round	1 Each	50	100	0	105	1.00	0.00	0.0	0	3.6	0	1.0	16.0	3.5	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			490	175	568	3.95	2.68	372.2	1222	59.14	*35	18.78	68.48	15.20	3.57	*0.00	0.340
% of Calories											*28.4%	15.3%	55.9%	27.9%	6.6%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Mon - 03/11/2019																	
*HS Breakfast	Total	100															
*Bagel, WG 2.6 oz.	1 Each	50	200	0	360	4.00	2.70	20.0	0	3.6	5	9.0	39.0	2.0	0.50	0.00	0.000
Cheese, Cream	1 Each	25	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
Peanut Butter	1 Each	25	201	0	73	2.23	0.80	22.3	0	0.0	4	7.81	10.04	16.74	2.79	0.00	0.110
Burrito,Egg & Cheese	1 ea	50	200	66	299	3.06	1.69	141.2	282	3.39	0	10.59	20.45	8.66	3.83	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Potato, Hash Brown Round	1 Each	75	100	0	105	1.00	0.00	0.0	0	3.6	0	1.0	16.0	3.5	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			489	42	560	6.03	2.49	374.6	1018	63.54	*26	21.09	71.24	14.49	4.13	*0.00	0.247
% of Calories											*21.0%	17.3%	58.3%	26.7%	7.6%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Tue - 03/12/2019																	
*HS Breakfast	Total	100															
*Sandwich, Breakfast	1 Each	50	386	84	621	3.00	3.39	54.9	3	0.0	*3	23.21	34.8	17.01	7.01	0.00	0.009
*Bread, Brk Strawberry Banana	Servings	50	205	16	244	2.01	0.52	26.0	*16	*14.2	*4	2.48	35.9	5.42	2.67	*0.00	0.854
Yogurt, Nonfat Peach	4 oz	50	360	0	220	0.00	0.00	1200.0	0	0.0	60	12.0	76.0	0.0	0.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Potato, Hash Brown Round	1 Each	75	100	0	105	1.00	0.00	0.0	0	3.6	0	1.0	16.0	3.5	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			699	55	733	4.19	2.04	913.9	*836	*67.15	*55	27.18	111.85	15.20	5.61	*0.00	0.651
% of Calories											*31.4%	15.6%	64.0%	19.6%	7.2%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Wed - 03/13/2019																	
*HS Breakfast	Total	100															
*Pizza, Breakfast Turkey Saus	1 Each	50	240	15	500	3.00	1.80	150.0	0	2.4	8	11.0	32.0	7.0	2.50	0.00	0.000
Parfait, Berry - Entree	serving	50	364	20	260	3.85	*0.56	*400.0	*500	*2.4	39	13.06	59.12	9.14	3.01	0.00	0.414
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Potato, Hash Brown Round	1 Each	75	100	0	105	1.00	0.00	0.0	0	3.6	0	1.0	16.0	3.5	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			526	23	571	5.11	*1.27	*548.4	*1077	*62.44	*45	20.37	84.06	12.05	3.53	*0.00	0.426
% of Calories											*34.5%	15.5%	64.0%	20.6%	6.0%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Thu - 03/14/2019																	
*HS Breakfast	Total	100															
Bagel,T Ham & Cheese 2018	1 EACH	50	320	35	713	4.36	2.71	206.5	300	0.39	5	11.9	46.93	6.29	2.99	0.00	0.000
*Pillsbury Mini Cinnis	1 Each	50	240	0	300	2.00	1.44	40.0	0	0.0	15	5.0	40.0	8.0	2.00	0.00	0.000
Yogurt, Nonfat Peach	4 oz	25	360	0	220	0.00	0.00	1200.0	0	0.0	60	12.0	76.0	0.0	0.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Potato, Hash Brown Round	1 Each	50	100	0	105	1.00	0.00	0.0	0	3.6	0	1.0	16.0	3.5	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190

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Weighted Daily Average % of Calories			569	23	726	4.62	2.16	696.7	977	59.34	*47 *32.7%	19.54 13.7%	96.97 68.2%	10.25 16.2%	3.26 5.2%	*0.00 *0.0%	0.219
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Fri - 03/15/2019																	
*HS Breakfast	Total	100															
Brk Bowl Pancake (SEC)	Serving	50	311	310	661	2.00	*1.70	*62.0	*413	*0.0	6	17.36	28.51	15.4	3.48	0.00	0.583
*Cinnamon Apple Crumble	1 Each	50	260	35	250	2.00	1.44	60.0	0	0.0	19	5.0	39.0	9.0	1.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Potato, Hash Brown Round	1 Each	50	100	0	105	1.00	0.00	0.0	0	3.6	0	1.0	16.0	3.5	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average % of Calories			484	178	620	3.44	*1.66	*334.4	*1033	*59.14	*34 *28.1%	19.27 15.9%	68.26 56.4%	15.31 28.4%	3.01 5.6%	*0.00 *0.0%	0.510
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Mon - 03/18/2019																	
*HS Breakfast	Total	100															
*Bagel, WG 2.6 oz.	1 Each	50	200	0	360	4.00	2.70	20.0	0	3.6	5	9.0	39.0	2.0	0.50	0.00	0.000
Cheese, Cream	1 Each	25	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
Peanut Butter	1 Each	25	201	0	73	2.23	0.80	22.3	0	0.0	4	7.81	10.04	16.74	2.79	0.00	0.110
Burrito,Egg & Cheese	1 ea	50	200	66	299	3.06	1.69	141.2	282	3.39	0	10.59	20.45	8.66	3.83	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Potato, Hash Brown Round	1 Each	75	100	0	105	1.00	0.00	0.0	0	3.6	0	1.0	16.0	3.5	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average % of Calories			489	42	560	6.03	2.49	374.6	1018	63.54	*26 *21.0%	21.09 17.3%	71.24 58.3%	14.49 26.7%	4.13 7.6%	*0.00 *0.0%	0.247
Nutrient Guideline			450-600		640									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Tue - 03/19/2019																	
*HS Breakfast	Total	100															
*Sandwich, Breakfast	1 Each	50	386	84	621	3.00	3.39	54.9	3	0.0	*3	23.21	34.8	17.01	7.01	0.00	0.009
*Bread, Brk Strawberry Banana	Servings	50	205	16	244	2.01	0.52	26.0	*16	*14.2	*4	2.48	35.9	5.42	2.67	*0.00	0.854
Yogurt, Nonfat Peach	4 oz	50	360	0	220	0.00	0.00	1200.0	0	0.0	60	12.0	76.0	0.0	0.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Potato, Hash Brown Round	1 Each	75	100	0	105	1.00	0.00	0.0	0	3.6	0	1.0	16.0	3.5	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			699	55	733	4.19	2.04	913.9	*836	*67.15	*55	27.18	111.85	15.20	5.61	*0.00	0.651
% of Calories											*31.4%	15.6%	64.0%	19.6%	7.2%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Wed - 03/20/2019																	
*HS Breakfast	Total	100															
*Pizza, Breakfast Turkey Saus	1 Each	50	240	15	500	3.00	1.80	150.0	0	2.4	8	11.0	32.0	7.0	2.50	0.00	0.000
Parfait, Berry - Entree	serving	50	364	20	260	3.85	*0.56	*400.0	*500	*2.4	39	13.06	59.12	9.14	3.01	0.00	0.414
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Potato, Hash Brown Round	1 Each	75	100	0	105	1.00	0.00	0.0	0	3.6	0	1.0	16.0	3.5	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			526	23	571	5.11	*1.27	*548.4	*1077	*62.44	*45	20.37	84.06	12.05	3.53	*0.00	0.426
% of Calories											*34.5%	15.5%	64.0%	20.6%	6.0%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Thu - 03/21/2019																	
*HS Breakfast	Total	100															
Bagel,T Ham & Cheese 2018	1 EACH	50	320	35	713	4.36	2.71	206.5	300	0.39	5	11.9	46.93	6.29	2.99	0.00	0.000
*Pillsbury Mini Cinnis	1 Each	50	240	0	300	2.00	1.44	40.0	0	0.0	15	5.0	40.0	8.0	2.00	0.00	0.000
Yogurt, Nonfat Peach	4 oz	25	360	0	220	0.00	0.00	1200.0	0	0.0	60	12.0	76.0	0.0	0.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Potato, Hash Brown Round	1 Each	50	100	0	105	1.00	0.00	0.0	0	3.6	0	1.0	16.0	3.5	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Weighted Daily Average			569	23	726	4.62	2.16	696.7	977	59.34	*47	19.54	96.97	10.25	3.26	*0.00	0.219
% of Calories											*32.7%	13.7%	68.2%	16.2%	5.2%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Fri - 03/22/2019																	
*HS Breakfast	Total	100															
Brk Bowl Waffles (SEC)	Serving	50	322	304	557	3.02	3.74	137.6	790	0.0	8	16.38	28.96	15.18	4.61	0.00	0.242
*Cinnamon Apple Crumble	1 Each	50	260	35	250	2.00	1.44	60.0	0	0.0	19	5.0	39.0	9.0	1.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Potato, Hash Brown Round	1 Each	50	100	0	105	1.00	0.00	0.0	0	3.6	0	1.0	16.0	3.5	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			490	175	568	3.95	2.68	372.2	1222	59.14	*35	18.78	68.48	15.20	3.57	*0.00	0.340
% of Calories											*28.4%	15.3%	55.9%	27.9%	6.6%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Mon - 03/25/2019																	
*HS Breakfast	Total	100															
*Bagel, WG 2.6 oz.	1 Each	50	200	0	360	4.00	2.70	20.0	0	3.6	5	9.0	39.0	2.0	0.50	0.00	0.000
Cheese, Cream	1 Each	25	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
Peanut Butter	1 Each	25	201	0	73	2.23	0.80	22.3	0	0.0	4	7.81	10.04	16.74	2.79	0.00	0.110
Burrito,Egg & Cheese	1 ea	50	200	66	299	3.06	1.69	141.2	282	3.39	0	10.59	20.45	8.66	3.83	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Potato, Hash Brown Round	1 Each	75	100	0	105	1.00	0.00	0.0	0	3.6	0	1.0	16.0	3.5	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			489	42	560	6.03	2.49	374.6	1018	63.54	*26	21.09	71.24	14.49	4.13	*0.00	0.247
% of Calories											*21.0%	17.3%	58.3%	26.7%	7.6%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Tue - 03/26/2019																	
*HS Breakfast	Total	100															
*Sandwich, Breakfast	1 Each	50	386	84	621	3.00	3.39	54.9	3	0.0	*3	23.21	34.8	17.01	7.01	0.00	0.009
*Bread, Brk Strawberry Banana	Servings	50	205	16	244	2.01	0.52	26.0	*16	*14.2	*4	2.48	35.9	5.42	2.67	*0.00	0.854
Yogurt, Nonfat Peach	4 oz	50	360	0	220	0.00	0.00	1200.0	0	0.0	60	12.0	76.0	0.0	0.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Potato, Hash Brown Round	1 Each	75	100	0	105	1.00	0.00	0.0	0	3.6	0	1.0	16.0	3.5	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			699	55	733	4.19	2.04	913.9	*836	*67.15	*55	27.18	111.85	15.20	5.61	*0.00	0.651
% of Calories											*31.4%	15.6%	64.0%	19.6%	7.2%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Wed - 03/27/2019																	
*HS Breakfast	Total	100															
*Pizza, Breakfast Turkey Saus	1 Each	50	240	15	500	3.00	1.80	150.0	0	2.4	8	11.0	32.0	7.0	2.50	0.00	0.000
Parfait, Berry - Entree	serving	50	364	20	260	3.85	*0.56	*400.0	*500	*2.4	39	13.06	59.12	9.14	3.01	0.00	0.414
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Potato, Hash Brown Round	1 Each	75	100	0	105	1.00	0.00	0.0	0	3.6	0	1.0	16.0	3.5	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			526	23	571	5.11	*1.27	*548.4	*1077	*62.44	*45	20.37	84.06	12.05	3.53	*0.00	0.426
% of Calories											*34.5%	15.5%	64.0%	20.6%	6.0%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Thu - 03/28/2019																	
*HS Breakfast	Total	100															
Bagel, T Ham & Cheese 2018	1 EACH	50	320	35	713	4.36	2.71	206.5	300	0.39	5	11.9	46.93	6.29	2.99	0.00	0.000
*Pillsbury Mini Cinnis	1 Each	50	240	0	300	2.00	1.44	40.0	0	0.0	15	5.0	40.0	8.0	2.00	0.00	0.000
Yogurt, Nonfat Peach	4 oz	25	360	0	220	0.00	0.00	1200.0	0	0.0	60	12.0	76.0	0.0	0.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Potato, Hash Brown Round	1 Each	50	100	0	105	1.00	0.00	0.0	0	3.6	0	1.0	16.0	3.5	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Weighted Daily Average			569	23	726	4.62	2.16	696.7	977	59.34	*47	19.54	96.97	10.25	3.26	*0.00	0.219
% of Calories											*32.7%	13.7%	68.2%	16.2%	5.2%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Fri - 03/29/2019																	
*HS Breakfast	Total	100															
Brk Bowl Pancake (SEC)	Serving	50	311	310	661	2.00	*1.70	*62.0	*413	*0.0	6	17.36	28.51	15.4	3.48	0.00	0.583
*Cinnamon Apple Crumble	1 Each	50	260	35	250	2.00	1.44	60.0	0	0.0	19	5.0	39.0	9.0	1.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Potato, Hash Brown Round	1 Each	50	100	0	105	1.00	0.00	0.0	0	3.6	0	1.0	16.0	3.5	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			484	178	620	3.44	*1.66	*334.4	*1033	*59.14	*34	19.27	68.26	15.31	3.01	*0.00	0.510
% of Calories											*28.1%	15.9%	56.4%	28.4%	5.6%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Weighted Average			551	69	636	4.67	*2.01	*565.8	*1008	*62.17	*41	21.34	85.63	13.54	3.92	*0.00	0.399
											*67.0%	15.5%	62.2%	22.1%	6.4%	*0.0%	

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	551		450 - 600	100%				
Cholesterol (mg)	69							
Sodium (mg)	636		640					
Fiber (g)	4.67							
Iron (mg)	2.01				Missing			
Calcium (mg)	565.8				Missing			
Vitamin A (IU)	1008				Missing			
Sugars (g)	41	29.78%			Missing			
Vitamin C (mg)	62.17				Missing			
Protein (g)	21.34	15.50%						
Carbohydrate (g)	85.63	62.22%						
Total Fat (g)	13.54	22.13%	<=35.00%					
Saturated Fat (g)	3.92	6.40%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.