

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Fri - 03/01/2019																	
*Ele Lunch	Total	100															
Pizza,(Ele)	Servings	75	220	10	502	2.89	*0.99	*9.9	*93	*1.01	*3	11.22	27.25	7.2	2.67	*0.00	0.286
Sandwich, PBJ, Grape @\$^+	1 Each	25	397	0	465	6.21	*2.96	*102.1	*0	*0.0	15	13.75	51.17	18.61	2.77	0.00	0.348
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
Cookie, Choc Chip IW 1 Oz	1 each	75	110	10	60	1.00	0.72	0.0	0	1.2	9	2.0	18.0	4.0	1.00	0.00	0.178
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			541	24	841	5.94	*3.37	*382.9	*2997	*5.91	*34	23.95	77.05	16.92	4.34	*0.00	0.832
% of Calories											*25.0%	17.7%	57.0%	28.2%	7.2%	*0.0%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

Mon - 03/04/2019																	
*Ele Lunch	Total	100															
Hot Dog, Turkey-ELE	2 oz	75	280	45	930	1.00	1.44	120.0	0	9.0	1	12.0	29.0	13.0	3.00	0.00	0.188
Chip, Variety	1 Each	75	127	0	150	6.03	0.16	8.0	20	0.72	1	2.03	20.93	3.66	0.10	0.00	0.168
*Burrito, WG Crispy B & C	1 Each	25	270	0	410	8.00	3.60	100.0	500	3.6	2	15.0	43.0	5.0	0.00	0.00	0.000
Apple, Fresh	1 Each	80	77	0	1	3.58	0.18	8.9	80	6.85	15	0.39	20.58	0.25	0.04	*N/A*	0.197
*Salad Bar (ELE)	.5 Cup	75	48	0	166	3.50	0.89	28.3	1056	14.81	*0	2.56	8.22	0.73	0.20	*0.00	0.102
Cookie, Choc Chip IW 1 Oz	1 each	75	110	10	60	1.00	0.72	0.0	0	1.2	9	2.0	18.0	4.0	1.00	0.00	0.178
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Milk, Variety	8 oz	75	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00	0.188
Weighted Daily Average			681	48	1291	13.59	3.51	398.5	1407	27.42	*36	24.94	101.63	20.85	3.93	*0.00	0.877
% of Calories											*21.2%	14.6%	59.7%	27.6%	5.2%	*0.0%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

Tue - 03/05/2019																	
*Ele Lunch	Total	100															
Sandwich, Chicken(ele)	Sandwich	75	420	25	640	5.00	3.06	80.0	100	9.0	4	21.0	45.0	17.0	2.50	0.00	0.000
Sandwich, Grilled Cheese CC	Sandwich	25	285	23	845	4.00	2.16	380.0	450	0.0	*7	16.5	39.0	8.0	3.75	0.00	0.255
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*craisins	1 Each	75	110	0	0	3.00	0.00	0.0	0	0.0	24	0.0	28.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Condiment Variety @\$%^+	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135

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Weighted Daily Average % of Calories			672	35	1026	8.47	4.24	504.9	3127	11.00	*45 *26.5%	30.47 18.1%	95.85 57.1%	19.19 25.7%	3.71 5.0%	*0.00 *0.0%	0.466
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

Wed - 03/06/2019																	
*Ele Lunch	Total	100															
Hamburger, Ele	Burger	75	300	37	479	2.00	3.48	60.6	1	9.0	3	22.14	30.41	10.18	0.00	0.00	0.212
Sandwich, PBJ, Grape @\$^+	1 Each	25	397	0	465	6.21	*2.96	*102.1	*0	*0.0	15	13.75	51.17	18.61	2.77	0.00	0.348
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
Chip, Variety	1 Each	75	127	0	150	6.03	0.16	8.0	20	0.72	1	2.03	20.93	3.66	0.10	0.00	0.168
*Fruit, Canned Mix	1/2 cup serving	50	63	0	6	1.46	0.35	5.4	86	1.88	10	0.39	16.85	0.05	0.00	*0.00	0.018
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			645	37	894	9.78	*4.99	*429.6	*2986	*12.48	*33 *20.6%	32.36 20.1%	90.05 55.8%	18.93 26.4%	1.66 2.3%	*0.00 *0.0%	0.779
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

Thu - 03/07/2019																	
*Ele Lunch	Total	100															
Chicken, Nuggets, ELE	Serving (5 Ea)	75	160	20	270	2.00	1.80	0.0	100	0.0	0	14.0	10.0	7.0	1.50	0.00	0.000
Sandwich, Grilled Cheese CC	Sandwich	25	285	23	845	4.00	2.16	380.0	450	0.0	*7	16.5	39.0	8.0	3.75	0.00	0.255
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Fruit, Canned Mix	1/2 cup serving	50	63	0	6	1.46	0.35	5.4	86	1.88	10	0.39	16.85	0.05	0.00	*0.00	0.018
Potato, Tater Tots	1 Each	75	130	0	310	2.00	0.00	0.0	0	3.6	0	2.0	16.0	6.0	1.00	0.00	0.000
Cracker, Elf Graham Choc	1 Each	75	120	0	125	2.00	1.08	100.0	500	0.0	7	2.0	20.0	4.0	1.00	0.00	0.000
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			604	30	1046	7.70	4.23	522.6	3533	7.89	*33 *22.0%	28.41 18.8%	83.00 54.9%	18.65 27.8%	4.46 6.6%	*0.00 *0.0%	0.470
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Fri - 03/08/2019																	
*Ele Lunch	Total	100															
Pizza,(Ele)	Servings	75	220	10	502	2.89	*0.99	*9.9	*93	*1.01	*3	11.22	27.25	7.2	2.67	*0.00	0.286
Sandwich, PBJ, Grape @\$^+	1 Each	25	397	0	465	6.21	*2.96	*102.1	*0	*0.0	15	13.75	51.17	18.61	2.77	0.00	0.348
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
Pears (Fresh)	.5 Cup	75	40	0	1	2.15	0.13	6.3	17	2.99	7	0.25	10.58	0.1	0.02	*N/A*	0.003
Yogurt, Nonfat Recipe	1 Each	60	90	0	51	0.00	0.00	300.0	0	0.9	15	3.0	19.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			542	17	827	6.81	*2.93	*567.6	*3010	*7.79	*41	24.44	82.89	14.00	3.60	*0.00	0.702
% of Calories											*30.2%	18.0%	61.2%	23.3%	6.0%	*0.0%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

Mon - 03/11/2019																	
*Ele Lunch	Total	100															
Cheeseburger Twins	1 Each	75	331	38	579	2.91	3.77	139.2	96	12.55	3	22.72	36.33	10.97	3.66	0.00	0.000
Sandwich, PBJ, Grape @\$^+	1 Each	25	397	0	465	6.21	*2.96	*102.1	*0	*0.0	15	13.75	51.17	18.61	2.77	0.00	0.348
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Fruit, Canned Mix	1/2 cup s erving	50	63	0	6	1.46	0.35	5.4	86	1.88	10	0.39	16.85	0.05	0.00	*0.00	0.018
Chip, Variety	1 Each	75	127	0	150	6.03	0.16	8.0	20	0.72	1	2.03	20.93	3.66	0.10	0.00	0.168
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			668	37	969	10.46	*5.21	*488.5	*3057	*15.14	*34	32.79	94.49	19.52	4.40	*0.00	0.620
% of Calories											*20.1%	19.6%	56.5%	26.3%	5.9%	*0.0%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

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Tue - 03/12/2019																	
*Ele Lunch	Total	100															
Brk Bowl Waffles ELE	Serving	75	210	29	244	3.02	2.74	95.1	378	0.0	8	8.88	26.46	7.68	2.11	0.00	0.000
*Burrito, WG Crispy B & C	1 Each	25	270	0	410	8.00	3.60	100.0	500	3.6	2	15.0	43.0	5.0	0.00	0.00	0.000
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Cookie, Dick and Jane Pres.	1 Each	75	130	0	95	1.00	1.80	0.0	0	0.0	8	2.0	22.0	4.0	1.00	0.00	0.000
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Condiment Variety@\$\$^+	serving	25	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Syrup, Maple	1.5 oz	75	120	0	30	0.00	0.00	0.0	0	0.0	21	0.0	30.0	0.0	0.00	0.00	0.201
Weighted Daily Average			611	32	698	6.49	5.69	446.3	3342	5.15	*49	22.50	100.43	14.17	3.23	*0.00	0.550
% of Calories											*32.4%	14.7%	65.8%	20.9%	4.8%	*0.0%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

Wed - 03/13/2019																	
*Ele Lunch	Total	100															
Nachos w/meat-POK	servings	75	338	31	425	3.91	1.72	52.9	25	1.78	1	12.41	34.74	15.99	3.93	*0.72	0.004
Sandwich, PBJ, Grape @\$^+	1 Each	25	397	0	465	6.21	*2.96	*102.1	*0	*0.0	15	13.75	51.17	18.61	2.77	0.00	0.348
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
Pears, Diced	1 Each	75	60	0	5	2.00	0.00	0.0	0	0.0	12	0.0	16.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			592	33	742	7.46	*3.38	*415.2	*2946	*5.59	*34	23.34	81.17	20.52	4.54	*0.54	0.487
% of Calories											*23.3%	15.8%	54.9%	31.2%	6.9%	*0.8%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

Thu - 03/14/2019																	
*Ele Lunch	Total	100															
Picnic in a Box!	1 Each	75	586	66	1162	13.90	3.57	164.6	336	39.12	*26	28.58	90.24	13.72	3.14	0.00	0.602
*Burrito, WG Crispy B & C	1 Each	25	270	0	410	8.00	3.60	100.0	500	3.6	2	15.0	43.0	5.0	0.00	0.00	0.000
*Salad Bar	.5 cups	25	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
Milk, Chocolate Non Fat	8 oz	25	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Taco sauce	Packet	25	5	0	110	0.00	0.00	0.0	0	1.2	0	0.0	1.0	0.0	0.00	0.00	0.022
Dressing, Ranch POK	1 ounce	50	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135

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Weighted Daily Average % of Calories			667	60	1235	12.94	4.05	504.4	1698	33.63	*37 *22.1%	35.57 21.3%	99.14 59.5%	15.51 20.9%	3.82 5.2%	*0.00 *0.0%	0.763
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

Fri - 03/15/2019																	
*Ele Lunch	Total	100															
Pizza, French bread Variety	Servings	75	307	29	588	3.38	0.31	371.3	432	9.36	2	17.12	31.66	13.95	6.38	0.00	0.807
Sandwich, PBJ, Grape @\$^+	1 Each	25	397	0	465	6.21	*2.96	*102.1	*0	*0.0	15	13.75	51.17	18.61	2.77	0.00	0.348
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
Cookie, Choc Chip IW 1 Oz	1 each	75	110	10	60	1.00	0.72	0.0	0	1.2	9	2.0	18.0	4.0	1.00	0.00	0.178
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			605	38	905	6.31	*2.87	*653.9	*3251	*12.17	*33 *21.9%	28.37 18.7%	80.36 53.1%	21.99 32.7%	7.12 10.6%	*0.00 *0.0%	1.223
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

Mon - 03/18/2019																	
*Ele Lunch	Total	100															
*Chicken, Popcorn	1 Each	75	290	40	290	2.00	0.90	0.0	0	0.0	0	15.0	17.0	18.0	3.50	0.00	0.000
Potato, Tater Tots	1 Each	75	130	0	310	2.00	0.00	0.0	0	3.6	0	2.0	16.0	6.0	1.00	0.00	0.000
Sandwich, Grilled Cheese CC	Sandwich	25	285	23	845	4.00	2.16	380.0	450	0.0	*7	16.5	39.0	8.0	3.75	0.00	0.255
Pineapple Tidbits	1 Each	80	60	0	10	2.00	0.72	20.0	100	9.0	11	1.0	14.0	0.0	0.00	0.00	0.000
*Salad Bar (ELE)	.5 Cup	75	48	0	166	3.50	0.89	28.3	1056	14.81	*0	2.56	8.22	0.73	0.20	*0.00	0.102
Fruit, Frozen Snowman	1 Each	75	70	0	10	3.00	0.36	80.0	200	60.0	16	0.0	19.0	0.0	0.00	0.00	0.000
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Milk, Variety	8 oz	75	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00	0.188
Weighted Daily Average % of Calories			651	42	1009	10.55	2.79	441.4	1545	67.75	*37 *23.0%	26.53 16.3%	83.42 51.3%	23.90 33.1%	5.14 7.1%	*0.00 *0.0%	0.383
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Tue - 03/19/2019																	
*Ele Lunch	Total	100															
Chicken, Nuggets, ELE	Serving (5 Ea)	75	160	20	270	2.00	1.80	0.0	100	0.0	0	14.0	10.0	7.0	1.50	0.00	0.000
*Burrito, WG Crispy B & C	1 Each	25	270	0	410	8.00	3.60	100.0	500	3.6	2	15.0	43.0	5.0	0.00	0.00	0.000
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
Tangerines, Fresh	1 Each	75	52	0	2	1.76	0.15	36.1	664	26.03	10	0.79	13.01	0.3	0.03	0.00	0.221
Chip, Variety	1 Each	75	127	0	150	6.03	0.16	8.0	20	0.72	1	2.03	20.93	3.66	0.10	0.00	0.168
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Cheese, String Mozz	Serving	75	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Weighted Daily Average % of Calories			575	35	872	10.81	3.83	423.0	3790	25.21	*31 *21.3%	31.46 21.9%	74.78 52.0%	17.85 27.9%	5.12 8.0%	*0.00 *0.0%	0.839
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Wed - 03/20/2019																	
*Ele Lunch	Total	100															
Double Dogs	1 Each	75	260	30	449	2.00	5.00	132.0	55	0.0	3	15.0	31.5	8.0	2.00	0.00	0.000
*Burrito, WG Crispy B & C	1 Each	25	270	0	410	8.00	3.60	100.0	500	3.6	2	15.0	43.0	5.0	0.00	0.00	0.000
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
Apple Slices	1 Each	75	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00	0.000
Yogurt, Nonfat Recipe	1 Each	75	90	0	51	0.00	0.00	300.0	0	0.9	15	3.0	19.0	0.0	0.00	0.00	0.000
Milk, Chocolate Non Fat	8 oz	25	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			561	34	784	6.47	6.27	768.9	3169	33.12	*39 *27.4%	28.85 20.6%	83.95 59.8%	12.38 19.8%	3.14 5.0%	*0.00 *0.0%	0.411
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Thu - 03/21/2019																	
*Ele Lunch	Total	100															
Chicken Fritter WG	1 Each	75	291	40	791	1.61	2.32	16.1	0	0.0	2	12.91	22.6	17.76	4.04	0.00	0.000
*Burrito, WG Crispy B & C	1 Each	25	270	0	410	8.00	3.60	100.0	500	3.6	2	15.0	43.0	5.0	0.00	0.00	0.000
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
Tangerines, Fresh	1 Each	75	52	0	2	1.76	0.15	36.1	664	26.03	10	0.79	13.01	0.3	0.03	0.00	0.221
Cupcake, Vanilla/Choc.	1 Each	75	140	20	185	6.00	1.26	100.0	0	0.0	8	2.0	26.5	2.75	0.75	0.00	0.000
Milk, Chocolate Non Fat	8 oz	25	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			623	57	1139	10.50	5.05	514.1	3550	24.97	*33	27.12	83.65	21.98	5.25	*0.00	0.577
% of Calories											*21.4%	17.4%	53.7%	31.8%	7.6%	*0.0%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

Fri - 03/22/2019																	
*Ele Lunch	Total	100															
Pizza,(Ele)	Servings	75	220	10	502	2.89	*0.99	*9.9	*93	*1.01	*3	11.22	27.25	7.2	2.67	*0.00	0.286
Sandwich, PBJ, Grape @\$^+	1 Each	25	397	0	465	6.21	*2.96	*102.1	*0	*0.0	15	13.75	51.17	18.61	2.77	0.00	0.348
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Cookie, Dick and Jane Pres.	1 Each	75	130	0	95	1.00	1.80	0.0	0	0.0	8	2.0	22.0	4.0	1.00	0.00	0.000
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			556	17	867	5.94	*4.18	*382.9	*2997	*5.01	*33	23.95	80.05	16.92	4.34	*0.00	0.699
% of Calories											*23.8%	17.2%	57.6%	27.4%	7.0%	*0.0%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Mon - 03/25/2019																	
*Ele Lunch	Total	100															
Cheeseburger Twins	1 Each	75	331	38	579	2.91	3.77	139.2	96	12.55	3	22.72	36.33	10.97	3.66	0.00	0.000
Sandwich, PBJ, Grape @\$^+	1 Each	25	397	0	465	6.21	*2.96	*102.1	*0	*0.0	15	13.75	51.17	18.61	2.77	0.00	0.348
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Fruit, Canned Mix	1/2 cup serving	50	63	0	6	1.46	0.35	5.4	86	1.88	10	0.39	16.85	0.05	0.00	*0.00	0.018
Chip, Variety	1 Each	75	127	0	150	6.03	0.16	8.0	20	0.72	1	2.03	20.93	3.66	0.10	0.00	0.168
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			668	37	969	10.46	*5.21	*488.5	*3057	*15.14	*34	32.79	94.49	19.52	4.40	*0.00	0.620
% of Calories											*20.1%	19.6%	56.5%	26.3%	5.9%	*0.0%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

Tue - 03/26/2019																	
*Ele Lunch	Total	100															
*Brk Bowl Pancakes Elementar	Serving	75	287	249	410	1.89	1.96	66.1	330	0.0	8	14.38	26.61	13.69	3.29	0.00	0.194
Sandwich, Grilled Cheese CC	Sandwich	25	285	23	845	4.00	2.16	380.0	450	0.0	*7	16.5	39.0	8.0	3.75	0.00	0.255
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
Applesauce, Unsweetened Cups	1 each	75	57	0	2	1.13	0.00	0.0	0	13.5	12	0.0	15.75	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Syrup, Maple	1.5 oz	75	120	0	30	0.00	0.00	0.0	0	0.0	21	0.0	30.0	0.0	0.00	0.00	0.201
Weighted Daily Average			614	202	846	4.73	3.36	494.5	3287	14.37	*54	25.50	94.34	16.14	4.30	*0.00	0.757
% of Calories											*35.1%	16.6%	61.5%	23.7%	6.3%	*0.0%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Wed - 03/27/2019																	
*Ele Lunch	Total	100															
Sandwich, Chicken(ele)	Sandwich	75	420	25	640	5.00	3.06	80.0	100	9.0	4	21.0	45.0	17.0	2.50	0.00	0.000
Sandwich, PBJ, Grape @\$^+	1 Each	25	397	0	465	6.21	*2.96	*102.1	*0	*0.0	15	13.75	51.17	18.61	2.77	0.00	0.348
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Fruit, Canned Mix	1/2 cup serving	50	63	0	6	1.46	0.35	5.4	86	1.88	10	0.39	16.85	0.05	0.00	*0.00	0.018
Chip, Variety	1 Each	75	127	0	150	6.03	0.16	8.0	20	0.72	1	2.03	20.93	3.66	0.10	0.00	0.168
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			735	28	1015	12.03	*4.68	*444.1	*3060	*12.48	*34	31.50	100.99	24.05	3.54	*0.00	0.620
% of Calories											*18.5%	17.1%	55.0%	29.4%	4.3%	*0.0%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Thu - 03/28/2019																	
*Ele Lunch	Total	100															
Enchiladas, Cheese (Ele)	2 ea	75	268	31	359	1.93	1.28	*321.3	*483	1.59	*2	11.83	16.65	18.3	8.10	*0.00	0.047
Sandwich, PBJ, Grape @\$^+	1 Each	25	397	0	465	6.21	*2.96	*102.1	*0	*0.0	15	13.75	51.17	18.61	2.77	0.00	0.348
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
Cookie, Choc Chip IW 1 Oz	1 each	75	110	10	60	1.00	0.72	0.0	0	1.2	9	2.0	18.0	4.0	1.00	0.00	0.178
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			576	40	734	5.22	*3.59	*616.4	*3290	*6.34	*33	24.40	69.11	25.25	8.41	*0.00	0.653
% of Calories											*23.1%	16.9%	48.0%	39.4%	13.1%	*0.0%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Fri - 03/29/2019																	
*Ele Lunch	Total	100															
Pizza,(Ele)	Servings	75	220	10	502	2.89	*0.99	*9.9	*93	*1.01	*3	11.22	27.25	7.2	2.67	*0.00	0.286
Sandwich, PBJ, Grape @\$^+	1 Each	25	397	0	465	6.21	*2.96	*102.1	*0	*0.0	15	13.75	51.17	18.61	2.77	0.00	0.348
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
Yogurt, Nonfat Recipe	1 Each	75	90	0	51	0.00	0.00	300.0	0	0.9	15	3.0	19.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Fruit, Frozen Bar Orange	1 Each	75	50	0	10	0.00	0.00	0.0	0	0.0	11	0.0	12.0	0.0	0.00	0.00	0.000
Weighted Daily Average			563	17	842	5.19	*2.83	*607.9	*2997	*5.69	*46	24.70	86.80	13.92	3.59	*0.00	0.699
% of Calories											*32.9%	17.5%	61.7%	22.3%	5.7%	*0.0%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

Weighted Average			617	43	931	8.47	*4.11	*499.8	*2957	*16.87	*37	27.81	87.51	18.68	4.38	*0.03	0.668
											*54.4%	18.0%	56.8%	27.3%	6.4%	*0.0%	

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	617		550 - 650	100%				
Cholesterol (mg)	43							
Sodium (mg)	931		1230					
Fiber (g)	8.47							
Iron (mg)	4.11				Missing			
Calcium (mg)	499.8				Missing			
Vitamin A (IU)	2957				Missing			
Sugars (g)	37	24.19%			Missing			
Vitamin C (mg)	16.87				Missing			
Protein (g)	27.81	18.04%						
Carbohydrate (g)	87.51	56.76%						
Total Fat (g)	18.68	27.26%	<=35.00%					
Saturated Fat (g)	4.38	6.40%	<10.00%					
Trans Fat ¹ (g)	0.03	0.04%			Missing			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.