

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Fri - 03/01/2019																	
Elem. Grab & Go Breakfast	Total	100															
*Bagel, Cinnamon Raisin	1 Each	100	230	0	280	3.00	2.70	20.0	0	0.0	0	8.0	47.0	1.0	0.00	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Plum	1 Each	100	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	0.00	0.000
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			422	6	424	3.92	2.81	367.9	1201	65.41	31	17.96	81.53	2.43	0.76	0.00	0.200
% of Calories											29.3%	17.0%	77.3%	5.2%	1.6%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Mon - 03/04/2019																	
Elem. Grab & Go Breakfast	Total	100															
Cereal, Assorted 2018	1 Each	100	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
Cheese, String Mozz	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Fruit, Cocktail, canned	4 oz	100	65	0	7	1.13	0.33	6.8	236	2.15	16	0.45	16.93	0.08	0.01	*N/A*	0.018
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			411	21	520	7.63	5.28	490.7	1859	66.69	47	17.20	66.43	9.20	5.01	*0.00	0.418
% of Calories											45.6%	16.7%	64.6%	20.1%	11.0%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Tue - 03/05/2019																	
Elem. Grab & Go Breakfast	Total	1															
Cheese, String Mozz	Serving	1	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Apple, Fresh	1 Each	1	77	0	1	3.58	0.18	8.9	80	6.85	15	0.39	20.58	0.25	0.04	*N/A*	0.197
Weighted Daily Average			157	15	201	3.58	0.18	28.9	280	6.85	15	6.39	21.58	6.25	4.04	*0.00	0.396
% of Calories											39.3%	16.2%	54.8%	35.7%	23.1%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Wed - 03/06/2019																	
Elem. Grab & Go Breakfast	Total	100															
Muffin, Apple Cinnamon WG	1 Each	100	250	25	270	2.00	*N/A*	20.0	0	0.0	17	4.0	44.0	7.0	0.50	0.00	0.000
Apple Slices	1 Each	100	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			462	31	419	4.00	*0.36	423.9	1073	95.14	50	13.50	83.00	8.25	1.25	0.00	0.200
% of Calories											43.6%	11.7%	71.9%	16.1%	2.4%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Thu - 03/07/2019																	
Elem. Grab & Go Breakfast	Total	1															
Milk, 1%	8 oz	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Muffin, Apple Cinn. Mini	1 Each	1	117	0	74	1.80	0.75	5.2	32	5.2	7	2.4	19.5	3.2	0.00	0.00	0.000
Weighted Daily Average			237	10	224	1.80	0.75	355.2	532	7.60	21	12.40	33.50	5.70	1.50	0.00	0.210
% of Calories											35.9%	20.9%	56.5%	21.6%	5.7%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Fri - 03/08/2019																	
Elem. Grab & Go Breakfast	Total	100															
*Bagel, Cinnamon Raisin	1 Each	100	230	0	280	3.00	2.70	20.0	0	0.0	0	8.0	47.0	1.0	0.00	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Plum	1 Each	100	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	0.00	0.000
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			422	6	424	3.92	2.81	367.9	1201	65.41	31	17.96	81.53	2.43	0.76	0.00	0.200
% of Calories											29.3%	17.0%	77.3%	5.2%	1.6%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Mon - 03/11/2019																	
Elem. Grab & Go Breakfast	Total	100															
Cereal, Assorted 2018	1 Each	100	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
Cheese, String Mozz	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Fruit, Cocktail, canned	4 oz	100	65	0	7	1.13	0.33	6.8	236	2.15	16	0.45	16.93	0.08	0.01	*N/A*	0.018
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			411	21	520	7.63	5.28	490.7	1859	66.69	47	17.20	66.43	9.20	5.01	*0.00	0.418
% of Calories											45.6%	16.7%	64.6%	20.1%	11.0%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Tue - 03/12/2019																	
Elem. Grab & Go Breakfast	Total	100															
*Pillsbury Mini Cinnis	1 Each	100	240	0	300	2.00	1.44	40.0	0	0.0	15	5.0	40.0	8.0	2.00	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Pears (Fresh)	1 Each	100	79	0	1	4.31	0.25	12.5	35	5.98	14	0.5	21.17	0.19	0.03	*N/A*	0.007
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			481	6	445	6.31	1.69	396.4	1008	65.11	53	15.00	88.17	9.44	2.78	*0.00	0.207
% of Calories											44.0%	12.5%	73.3%	17.7%	5.2%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Wed - 03/13/2019																	
Elem. Grab & Go Breakfast	Total	100															
Muffin, Apple Cinnamon WG	1 Each	100	250	25	270	2.00	*N/A*	20.0	0	0.0	17	4.0	44.0	7.0	0.50	0.00	0.000
Apple Slices	1 Each	100	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			462	31	419	4.00	*0.36	423.9	1073	95.14	50	13.50	83.00	8.25	1.25	0.00	0.200
% of Calories											43.6%	11.7%	71.9%	16.1%	2.4%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Thu - 03/14/2019																	
Elem. Grab & Go Breakfast	Total	1															
Fruit, Cocktail, canned	4 oz	1	65	0	7	1.13	0.33	6.8	236	2.15	16	0.45	16.93	0.08	0.01	*N/A*	0.018
Yogurt, Nonfat Recipe	1 Each	1	90	0	51	0.00	0.00	300.0	0	0.9	15	3.0	19.0	0.0	0.00	0.00	0.000
Weighted Daily Average			155	0	58	1.13	0.33	306.8	236	3.05	31	3.45	35.93	0.08	0.01	*0.00	0.018
% of Calories											79.0%	8.9%	92.9%	0.5%	0.1%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Fri - 03/15/2019																	
Elem. Grab & Go Breakfast	Total	100															
*Bagel, Cinnamon Raisin	1 Each	100	230	0	280	3.00	2.70	20.0	0	0.0	0	8.0	47.0	1.0	0.00	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Plum	1 Each	100	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	0.00	0.000
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			422	6	424	3.92	2.81	367.9	1201	65.41	31	17.96	81.53	2.43	0.76	0.00	0.200
% of Calories											29.3%	17.0%	77.3%	5.2%	1.6%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Mon - 03/18/2019																	
Elem. Grab & Go Breakfast	Total	1															
Juice, Apple & Eve, MixBerry	1 Each	1	60	0	5	0.00	0.00	20.0	500	60.0	11	0.0	15.0	0.0	0.00	0.00	0.000
Crackers, Animal 1 oz.	1 Each	1	110	0	40	1.00	0.72	0.0	0	0.0	7	2.0	18.0	3.5	0.00	0.00	0.111
Weighted Daily Average			170	0	45	1.00	0.72	20.0	500	60.00	18	2.00	33.00	3.50	0.00	0.00	0.111
% of Calories											42.4%	4.7%	77.6%	18.5%	0.0%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Tue - 03/19/2019																	
Elem. Grab & Go Breakfast	Total	100															
*Pillsbury Mini Cinnis	1 Each	100	240	0	300	2.00	1.44	40.0	0	0.0	15	5.0	40.0	8.0	2.00	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Pears (Fresh)	1 Each	100	79	0	1	4.31	0.25	12.5	35	5.98	14	0.5	21.17	0.19	0.03	*N/A*	0.007
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Weighted Daily Average			481	6	445	6.31	1.69	396.4	1008	65.11	53	15.00	88.17	9.44	2.78	*0.00	0.207
% of Calories											44.0%	12.5%	73.3%	17.7%	5.2%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Wed - 03/20/2019																	
Elem. Grab & Go Breakfast	Total	1															
Juice, Apple & Eve, MixBerry	1 Each	1	60	0	5	0.00	0.00	20.0	500	60.0	11	0.0	15.0	0.0	0.00	0.00	0.000
Brownie Bites	1 Each	1	100	0	105	1.00	1.08	20.0	0	0.0	10	1.0	18.0	3.0	1.00	0.00	0.000
Weighted Daily Average			160	0	110	1.00	1.08	40.0	500	60.00	21	1.00	33.00	3.00	1.00	0.00	0.000
% of Calories											52.5%	2.5%	82.5%	16.9%	5.6%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Thu - 03/21/2019																	
Elem. Grab & Go Breakfast	Total	100															
Cereal, Assorted 2018	1 Each	100	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
Cheese, String Mozz	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Apple, Fresh	1 Each	100	77	0	1	3.58	0.18	8.9	80	6.85	15	0.39	20.58	0.25	0.04	*N/A*	0.197
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			424	21	515	10.08	5.13	492.9	1703	71.39	47	17.14	70.07	9.38	5.04	*0.00	0.596
% of Calories											43.9%	16.2%	66.1%	19.9%	10.7%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Fri - 03/22/2019																	
Elem. Grab & Go Breakfast	Total	100															
*Bagel, Cinnamon Raisin	1 Each	100	230	0	280	3.00	2.70	20.0	0	0.0	0	8.0	47.0	1.0	0.00	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Plum	1 Each	100	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	0.00	0.000
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			422	6	424	3.92	2.81	367.9	1201	65.41	31	17.96	81.53	2.43	0.76	0.00	0.200
% of Calories											29.3%	17.0%	77.3%	5.2%	1.6%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Mon - 03/25/2019																	
Elem. Grab & Go Breakfast	Total	100															
Cereal, Assorted 2018	1 Each	100	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
Cheese, String Mozz	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Fruit, Cocktail, canned	4 oz	100	65	0	7	1.13	0.33	6.8	236	2.15	16	0.45	16.93	0.08	0.01	*N/A*	0.018
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			411	21	520	7.63	5.28	490.7	1859	66.69	47	17.20	66.43	9.20	5.01	*0.00	0.418
% of Calories											45.6%	16.7%	64.6%	20.1%	11.0%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Tue - 03/26/2019																	
Elem. Grab & Go Breakfast	Total	100															
*Pillsbury Mini Cinnis	1 Each	100	240	0	300	2.00	1.44	40.0	0	0.0	15	5.0	40.0	8.0	2.00	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Pears (Fresh)	1 Each	100	79	0	1	4.31	0.25	12.5	35	5.98	14	0.5	21.17	0.19	0.03	*N/A*	0.007
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			481	6	445	6.31	1.69	396.4	1008	65.11	53	15.00	88.17	9.44	2.78	*0.00	0.207
% of Calories											44.0%	12.5%	73.3%	17.7%	5.2%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Wed - 03/27/2019																	
Elem. Grab & Go Breakfast	Total	1															
Juice, Apple & Eve, FrtPunch	1 Each	1	60	0	15	0.00	0.00	20.0	500	60.0	13	0.0	15.0	0.0	0.00	0.00	0.000
Cracker, Scooby Doo Graham	Pkg	1	130	0	125	1.00	0.72	100.0	500	0.0	*N/A*	2.0	22.0	4.0	0.00	0.00	0.000
Weighted Daily Average			190	0	140	1.00	0.72	120.0	1000	60.00	*13	2.00	37.00	4.00	0.00	0.00	0.000
% of Calories											*27.4%	4.2%	77.9%	18.9%	0.0%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Thu - 03/28/2019																	
Elem. Grab & Go Breakfast	Total	100															
Cereal, Assorted 2018	1 Each	100	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
Cheese, String Mozz	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Apple, Fresh	1 Each	100	77	0	1	3.58	0.18	8.9	80	6.85	15	0.39	20.58	0.25	0.04	*N/A*	0.197
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			424	21	515	10.08	5.13	492.9	1703	71.39	47	17.14	70.07	9.38	5.04	*0.00	0.596
% of Calories											43.9%	16.2%	66.1%	19.9%	10.7%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		
Fri - 03/29/2019																	
Elem. Grab & Go Breakfast	Total	100															
*Bagel, Cinnamon Raisin	1 Each	100	230	0	280	3.00	2.70	20.0	0	0.0	0	8.0	47.0	1.0	0.00	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Plum	1 Each	100	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	0.00	0.000
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			422	6	424	3.92	2.81	367.9	1201	65.41	31	17.96	81.53	2.43	0.76	0.00	0.200
% of Calories											29.3%	17.0%	77.3%	5.2%	1.6%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		
Weighted Average			363	11	365	4.72	*2.37	343.1	1105	59.67	*37 *90.5%	13.09 14.4%	65.31 71.9%	6.00 14.9%	2.20 5.5%	*0.00 *0.0%	0.248

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
		% of Cals	Weekly Target		% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	363		350 - 500		100%													
Cholesterol (mg)	11																	
Sodium (mg)	365		540															
Fiber (g)	4.72																	
Iron (mg)	2.37					Missing												
Calcium (mg)	343.1																	
Vitamin A (IU)	1105																	
Sugars (g)	37	40.22%				Missing												
Vitamin C (mg)	59.67																	
Protein (g)	13.09	14.42%																
Carbohydrate (g)	65.31	71.92%																
Total Fat (g)	6.00	14.85%			<=35.00%													
Saturated Fat (g)	2.20	5.46%			<10.00%													
Trans Fat ¹ (g)	0.00	0.00%				Missing												

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