

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Fri - 03/01/2019																	
* Ele Breakfast	Total	100															
*Brk Bowl Waffles ELE*	Serving	75	210	29	244	3.02	2.74	95.1	378	0.0	8	8.88	26.46	7.68	2.11	0.00	0.000
*Cereal, Assorted 2018*	1 Each	25	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
*Yogurt, Nonfat Recipe*	1 Each	50	90	0	51	0.00	0.00	300.0	0	0.9	15	3.0	19.0	0.0	0.00	0.00	0.000
*Plum*	1 Each	50	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Non Fat*	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			355	27	361	4.35	3.35	512.8	1121	35.10	34	15.95	55.49	7.57	2.40	0.00	0.152
% of Calories											38.0%	18.0%	62.6%	19.2%	6.1%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Mon - 03/04/2019																	
* Ele Breakfast	Total	100															
*Bagel, Tony Roberts 2.24 Oz.*	1 Each	60	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00	0.000
*Cheese, Cream*	1 Each	30	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
*Peanut Butter*	1 Each	30	201	0	73	2.23	0.80	22.3	0	0.0	4	7.81	10.04	16.74	2.79	0.00	0.110
*Cereal, Assorted 2018*	1 Each	40	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
*Yogurt, Nonfat Recipe*	1 Each	50	90	0	51	0.00	0.00	300.0	0	0.9	15	3.0	19.0	0.0	0.00	0.00	0.000
*Apple, Fresh*	1 Each	50	77	0	1	3.58	0.18	8.9	80	6.85	15	0.39	20.58	0.25	0.04	*N/A*	0.197
*Juice, Fruit, Assorted 2018*	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Non Fat*	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			413	10	354	7.16	3.39	492.6	892	36.21	37	16.53	69.10	8.71	2.34	*0.00	0.284
% of Calories											36.1%	16.0%	67.0%	19.0%	5.1%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Tue - 03/05/2019																	
* Ele Breakfast	Total	100															
*Sandwich, Breakfast	1 Each	50	386	84	621	3.00	3.39	54.9	3	0.0	*3	23.21	34.8	17.01	7.01	0.00	0.009
*Pillsbury Mini Cinnis	1 Each	50	240	0	300	2.00	1.44	40.0	0	0.0	15	5.0	40.0	8.0	2.00	0.00	0.000
*Cheese, String Mozz*	Serving	50	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
*Apple Slices*	1 Each	50	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Non Fat*	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Weighted Daily Average % of Calories			489	55	672	3.50	2.59	346.9	763	48.17	*29 *23.9%	24.35 19.9%	60.90 49.8%	16.76 30.8%	7.26 13.4%	0.00 0.0%	0.257
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Wed - 03/06/2019																	
* Ele Breakfast	Total	100															
*French Toast Sticks WG, Rich	1 Each	50	270	0	280	3.00	2.00	235.0	0	431.0	11	6.0	35.0	12.0	2.00	0.00	0.000
*Muffin Top, Chocolate Chip*	1 Each	50	235	29	108	3.10	1.20	4.0	820	1.4	17	3.9	41.0	6.0	0.90	0.00	0.000
*Syrup, Maple*	1.5 oz	50	120	0	30	0.00	0.00	0.0	0	0.0	21	0.0	30.0	0.0	0.00	0.00	0.201
*Pears (Fresh)*	1 Cup	50	79	0	1	4.31	0.25	12.5	35	5.98	14	0.5	21.17	0.19	0.03	*N/A*	0.007
*Juice, Fruit, Assorted 2018*	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Non Fat*	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average % of Calories			463	20	319	5.20	1.72	385.2	1039	249.36	47 40.6%	12.45 10.8%	80.58 69.6%	10.35 20.1%	2.21 4.3%	*0.00 *0.0%	0.256
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Thu - 03/07/2019																	
* Ele Breakfast	Total	100															
*Parfait, Berry - (Ele)*	serving	75	246	10	179	2.70	*0.56	*200.0	*250	*1.2	24	7.56	39.35	6.89	1.77	0.00	0.207
*Burrito,Egg & Cheese*	1 ea	25	200	66	299	3.06	1.69	141.2	282	3.39	0	10.59	20.45	8.66	3.83	0.00	0.000
*Fruit, Cocktail, canned*	4 oz	50	65	0	7	1.13	0.33	6.8	236	2.15	16	0.45	16.93	0.08	0.01	*N/A*	0.018
*Juice, Fruit, Assorted 2018*	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Non Fat*	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average % of Calories			378	29	322	3.36	*1.01	*448.2	*987	*32.99	41 43.7%	15.79 16.7%	60.09 63.6%	8.62 20.5%	3.04 7.2%	*0.00 *0.0%	0.317
Nutrient Guideline			350-500		540									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Fri - 03/08/2019																	
* Ele Breakfast	Total	100															
*Brk Bowl Pancakes Elementar	Serving	75	287	249	410	1.89	1.96	66.1	330	0.0	8	14.38	26.61	13.69	3.29	0.00	0.194
*Cereal, Assorted 2018*	1 Each	25	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
*Cheese, String Mozz*	Serving	50	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
*Plum*	1 Each	50	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Non Fat*	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			408	200	559	3.51	2.76	351.0	1185	34.65	26	21.58	46.60	15.08	5.28	0.00	0.398
% of Calories											25.8%	21.2%	45.7%	33.3%	11.7%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Mon - 03/11/2019																	
* Ele Breakfast	Total	100															
*Bagel, Tony Roberts 2.24 Oz.*	1 Each	60	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00	0.000
*Cheese, Cream*	1 Each	30	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
*Peanut Butter*	1 Each	30	201	0	73	2.23	0.80	22.3	0	0.0	4	7.81	10.04	16.74	2.79	0.00	0.110
*Cereal, Assorted 2018*	1 Each	40	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
*Yogurt, Nonfat Recipe*	1 Each	50	90	0	51	0.00	0.00	300.0	0	0.9	15	3.0	19.0	0.0	0.00	0.00	0.000
*Apple, Fresh*	1 Each	50	77	0	1	3.58	0.18	8.9	80	6.85	15	0.39	20.58	0.25	0.04	*N/A*	0.197
*Juice, Fruit, Assorted 2018*	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Non Fat*	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			413	10	354	7.16	3.39	492.6	892	36.21	37	16.53	69.10	8.71	2.34	*0.00	0.284
% of Calories											36.1%	16.0%	67.0%	19.0%	5.1%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Tue - 03/12/2019																	
* Ele Breakfast	Total	100															
*Sandwich, Breakfast	1 Each	50	386	84	621	3.00	3.39	54.9	3	0.0	*3	23.21	34.8	17.01	7.01	0.00	0.009
*Pillsbury Mini Cinnis	1 Each	50	240	0	300	2.00	1.44	40.0	0	0.0	15	5.0	40.0	8.0	2.00	0.00	0.000
*Cheese, String Mozz*	Serving	50	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
*Apple Slices*	1 Each	50	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Non Fat*	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Weighted Daily Average			489	55	672	3.50	2.59	346.9	763	48.17	*29	24.35	60.90	16.76	7.26	0.00	0.257
% of Calories											*23.9%	19.9%	49.8%	30.8%	13.4%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Wed - 03/13/2019																	
* Ele Breakfast	Total	100															
*French Toast Sticks WG, Rich	1 Each	50	270	0	280	3.00	2.00	235.0	0	431.0	11	6.0	35.0	12.0	2.00	0.00	0.000
*Muffin Top, Chocolate Chip*	1 Each	50	235	29	108	3.10	1.20	4.0	820	1.4	17	3.9	41.0	6.0	0.90	0.00	0.000
*Syrup, Maple*	1.5 oz	50	120	0	30	0.00	0.00	0.0	0	0.0	21	0.0	30.0	0.0	0.00	0.00	0.201
*Cheese, String Mozz*	Serving	50	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
*Pears (Fresh)*	1 Cup	50	79	0	1	4.31	0.25	12.5	35	5.98	14	0.5	21.17	0.19	0.03	*N/A*	0.007
*Juice, Fruit, Assorted 2018*	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Non Fat*	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			503	27	419	5.20	1.72	395.2	1139	249.36	47	15.45	81.08	13.35	4.21	*0.00	0.356
% of Calories											37.3%	12.3%	64.5%	23.9%	7.5%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Thu - 03/14/2019																	
* Ele Breakfast	Total	100															
*Parfait, Berry - (Ele)*	serving	75	246	10	179	2.70	*0.56	*200.0	*250	*1.2	24	7.56	39.35	6.89	1.77	0.00	0.207
*Burrito,Egg & Cheese*	1 ea	25	200	66	299	3.06	1.69	141.2	282	3.39	0	10.59	20.45	8.66	3.83	0.00	0.000
*Fruit, Cocktail, canned*	4 oz	50	65	0	7	1.13	0.33	6.8	236	2.15	16	0.45	16.93	0.08	0.01	*N/A*	0.018
*Juice, Fruit, Assorted 2018*	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Non Fat*	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			378	29	322	3.36	*1.01	*448.2	*987	*32.99	41	15.79	60.09	8.62	3.04	*0.00	0.317
% of Calories											43.7%	16.7%	63.6%	20.5%	7.2%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Fri - 03/15/2019																	
* Ele Breakfast	Total	100															
*Brk Bowl Waffles ELE*	Serving	75	210	29	244	3.02	2.74	95.1	378	0.0	8	8.88	26.46	7.68	2.11	0.00	0.000
*Cereal, Assorted 2018*	1 Each	25	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
*Yogurt, Nonfat Recipe*	1 Each	50	90	0	51	0.00	0.00	300.0	0	0.9	15	3.0	19.0	0.0	0.00	0.00	0.000
*Plum*	1 Each	50	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Non Fat*	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			355	27	361	4.35	3.35	512.8	1121	35.10	34	15.95	55.49	7.57	2.40	0.00	0.152
% of Calories											38.0%	18.0%	62.6%	19.2%	6.1%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Mon - 03/18/2019																	
* Ele Breakfast	Total	100															
*Bagel, Tony Roberts 2.24 Oz.*	1 Each	60	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00	0.000
*Cheese, Cream*	1 Each	30	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
*Peanut Butter*	1 Each	30	201	0	73	2.23	0.80	22.3	0	0.0	4	7.81	10.04	16.74	2.79	0.00	0.110
*Cereal, Assorted 2018*	1 Each	40	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
*Yogurt, Nonfat Recipe*	1 Each	50	90	0	51	0.00	0.00	300.0	0	0.9	15	3.0	19.0	0.0	0.00	0.00	0.000
*Apple, Fresh*	1 Each	50	77	0	1	3.58	0.18	8.9	80	6.85	15	0.39	20.58	0.25	0.04	*N/A*	0.197
*Juice, Fruit, Assorted 2018*	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Non Fat*	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			413	10	354	7.16	3.39	492.6	892	36.21	37	16.53	69.10	8.71	2.34	*0.00	0.284
% of Calories											36.1%	16.0%	67.0%	19.0%	5.1%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Tue - 03/19/2019																	
* Ele Breakfast	Total	100															
*Sandwich, Breakfast	1 Each	50	386	84	621	3.00	3.39	54.9	3	0.0	*3	23.21	34.8	17.01	7.01	0.00	0.009
*Pillsbury Mini Cinnis	1 Each	50	240	0	300	2.00	1.44	40.0	0	0.0	15	5.0	40.0	8.0	2.00	0.00	0.000
*Cheese, String Mozz*	Serving	50	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
*Apple Slices*	1 Each	50	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Non Fat*	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Weighted Daily Average			489	55	672	3.50	2.59	346.9	763	48.17	*29	24.35	60.90	16.76	7.26	0.00	0.257
% of Calories											*23.9%	19.9%	49.8%	30.8%	13.4%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Wed - 03/20/2019																	
* Ele Breakfast	Total	100															
*French Toast Sticks WG, Rich	1 Each	50	270	0	280	3.00	2.00	235.0	0	431.0	11	6.0	35.0	12.0	2.00	0.00	0.000
*Muffin Top, Chocolate Chip*	1 Each	50	235	29	108	3.10	1.20	4.0	820	1.4	17	3.9	41.0	6.0	0.90	0.00	0.000
*Syrup, Maple*	1.5 oz	50	120	0	30	0.00	0.00	0.0	0	0.0	21	0.0	30.0	0.0	0.00	0.00	0.201
*Cheese, String Mozz*	Serving	50	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
*Pears (Fresh)*	1 Cup	50	79	0	1	4.31	0.25	12.5	35	5.98	14	0.5	21.17	0.19	0.03	*N/A*	0.007
*Juice, Fruit, Assorted 2018*	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Non Fat*	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			503	27	419	5.20	1.72	395.2	1139	249.36	47	15.45	81.08	13.35	4.21	*0.00	0.356
% of Calories											37.3%	12.3%	64.5%	23.9%	7.5%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Thu - 03/21/2019																	
* Ele Breakfast	Total	100															
*Parfait, Berry - (Ele)*	serving	75	246	10	179	2.70	*0.56	*200.0	*250	*1.2	24	7.56	39.35	6.89	1.77	0.00	0.207
*Burrito,Egg & Cheese*	1 ea	25	200	66	299	3.06	1.69	141.2	282	3.39	0	10.59	20.45	8.66	3.83	0.00	0.000
*Fruit, Cocktail, canned*	4 oz	50	65	0	7	1.13	0.33	6.8	236	2.15	16	0.45	16.93	0.08	0.01	*N/A*	0.018
*Juice, Fruit, Assorted 2018*	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Non Fat*	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			378	29	322	3.36	*1.01	*448.2	*987	*32.99	41	15.79	60.09	8.62	3.04	*0.00	0.317
% of Calories											43.7%	16.7%	63.6%	20.5%	7.2%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Fri - 03/22/2019																	
* Ele Breakfast	Total	100															
*Brk Bowl Pancakes Elementar	Serving	75	287	249	410	1.89	1.96	66.1	330	0.0	8	14.38	26.61	13.69	3.29	0.00	0.194
*Cereal, Assorted 2018*	1 Each	25	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
*Cheese, String Mozz*	Serving	50	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
*Plum*	1 Each	50	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Non Fat*	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			408	200	559	3.51	2.76	351.0	1185	34.65	26	21.58	46.60	15.08	5.28	0.00	0.398
% of Calories											25.8%	21.2%	45.7%	33.3%	11.7%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Mon - 03/25/2019																	
* Ele Breakfast	Total	100															
*Bagel, Tony Roberts 2.24 Oz.*	1 Each	60	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00	0.000
*Cheese, Cream*	1 Each	30	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
*Peanut Butter*	1 Each	30	201	0	73	2.23	0.80	22.3	0	0.0	4	7.81	10.04	16.74	2.79	0.00	0.110
*Cereal, Assorted 2018*	1 Each	40	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
*Yogurt, Nonfat Recipe*	1 Each	50	90	0	51	0.00	0.00	300.0	0	0.9	15	3.0	19.0	0.0	0.00	0.00	0.000
*Apple, Fresh*	1 Each	50	77	0	1	3.58	0.18	8.9	80	6.85	15	0.39	20.58	0.25	0.04	*N/A*	0.197
*Juice, Fruit, Assorted 2018*	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Non Fat*	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			413	10	354	7.16	3.39	492.6	892	36.21	37	16.53	69.10	8.71	2.34	*0.00	0.284
% of Calories											36.1%	16.0%	67.0%	19.0%	5.1%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Tue - 03/26/2019																	
* Ele Breakfast	Total	100															
*Sandwich, Breakfast	1 Each	50	386	84	621	3.00	3.39	54.9	3	0.0	*3	23.21	34.8	17.01	7.01	0.00	0.009
*Pillsbury Mini Cinnis	1 Each	50	240	0	300	2.00	1.44	40.0	0	0.0	15	5.0	40.0	8.0	2.00	0.00	0.000
*Cheese, String Mozz*	Serving	50	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
*Apple Slices*	1 Each	50	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Non Fat*	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Weighted Daily Average			489	55	672	3.50	2.59	346.9	763	48.17	*29	24.35	60.90	16.76	7.26	0.00	0.257
% of Calories											*23.9%	19.9%	49.8%	30.8%	13.4%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Wed - 03/27/2019																	
* Ele Breakfast	Total	100															
*French Toast Sticks WG, Rich	1 Each	50	270	0	280	3.00	2.00	235.0	0	431.0	11	6.0	35.0	12.0	2.00	0.00	0.000
*Muffin Top, Chocolate Chip*	1 Each	50	235	29	108	3.10	1.20	4.0	820	1.4	17	3.9	41.0	6.0	0.90	0.00	0.000
*Syrup, Maple*	1.5 oz	50	120	0	30	0.00	0.00	0.0	0	0.0	21	0.0	30.0	0.0	0.00	0.00	0.201
*Cheese, String Mozz*	Serving	50	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
*Pears (Fresh)*	1 Cup	50	79	0	1	4.31	0.25	12.5	35	5.98	14	0.5	21.17	0.19	0.03	*N/A*	0.007
*Juice, Fruit, Assorted 2018*	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Non Fat*	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			503	27	419	5.20	1.72	395.2	1139	249.36	47	15.45	81.08	13.35	4.21	*0.00	0.356
% of Calories											37.3%	12.3%	64.5%	23.9%	7.5%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Thu - 03/28/2019																	
* Ele Breakfast	Total	100															
*Parfait, Berry - (Ele)*	serving	75	246	10	179	2.70	*0.56	*200.0	*250	*1.2	24	7.56	39.35	6.89	1.77	0.00	0.207
*Burrito,Egg & Cheese*	1 ea	25	200	66	299	3.06	1.69	141.2	282	3.39	0	10.59	20.45	8.66	3.83	0.00	0.000
*Fruit, Cocktail, canned*	4 oz	50	65	0	7	1.13	0.33	6.8	236	2.15	16	0.45	16.93	0.08	0.01	*N/A*	0.018
*Juice, Fruit, Assorted 2018*	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Non Fat*	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			378	29	322	3.36	*1.01	*448.2	*987	*32.99	41	15.79	60.09	8.62	3.04	*0.00	0.317
% of Calories											43.7%	16.7%	63.6%	20.5%	7.2%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Fri - 03/29/2019																	
* Ele Breakfast	Total	100															
*Brk Bowl Waffles ELE*	Serving	75	210	29	244	3.02	2.74	95.1	378	0.0	8	8.88	26.46	7.68	2.11	0.00	0.000
*Cereal, Assorted 2018*	1 Each	25	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
*Yogurt, Nonfat Recipe*	1 Each	50	90	0	51	0.00	0.00	300.0	0	0.9	15	3.0	19.0	0.0	0.00	0.00	0.000
*Plum*	1 Each	50	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Non Fat*	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			355	27	361	4.35	3.35	512.8	1121	35.10	34	15.95	55.49	7.57	2.40	0.00	0.152
% of Calories											38.0%	18.0%	62.6%	19.2%	6.1%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Weighted Average			427	46	437	4.62	*2.40	*426.8	*988	*78.17	*37	17.93	63.99	11.41	3.96	*0.00	0.286
											*77.5%	16.8%	59.9%	24.0%	8.3%	*0.0%	

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	427		350 - 500	100%				
Cholesterol (mg)	46							
Sodium (mg)	437		540					
Fiber (g)	4.62							
Iron (mg)	2.40				Missing			
Calcium (mg)	426.8				Missing			
Vitamin A (IU)	988				Missing			
Sugars (g)	37	34.44%			Missing			
Vitamin C (mg)	78.17				Missing			
Protein (g)	17.93	16.79%						
Carbohydrate (g)	63.99	59.93%						
Total Fat (g)	11.41	24.05%	<=35.00%					
Saturated Fat (g)	3.96	8.34%	<10.00%					
Trans Fat <sup>1</sup> (g)	0.00	0.00%			Missing			

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