

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Mon - 01/07/2019																	
Elem. Grab & Go Breakfast	Total	100															
*Bun, Oatmeal Breakfast	1 Each	100			340	3.00	2.70	80.0	200	0.0	10	6.0	39.0	7.0	2.00	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	230	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Pears (Fresh)	1 Each	100	79	0	1	4.31	0.25	12.5	35	5.98	14	0.5	21.17	0.19	0.03	*N/A*	0.007
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			471	6	485	7.31	2.95	436.4	1208	65.11	48	16.00	87.17	8.44	2.78	*0.00	0.207
% of Calories											40.7%	13.6%	74.0%	16.1%	5.3%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Tue - 01/08/2019																	
Elem. Grab & Go Breakfast	Total	100															
Cereal, Assorted 2018	1 Each	100	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
Cheese, String Mozz	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Fruit, Cocktail, canned	4 oz	100	65	0	7	1.13	0.33	6.8	236	2.15	16	0.45	16.93	0.08	0.01	*N/A*	0.018
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			411	21	520	7.63	5.28	490.7	1859	66.69	47	17.20	66.43	9.20	5.01	*0.00	0.418
% of Calories											45.6%	16.7%	64.6%	20.1%	11.0%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Wed - 01/09/2019																	
Elem. Grab & Go Breakfast	Total	100															
Muffin Top, Orange Blossom	1 Each	100	222	29	108	3.30	1.10	9.0	148	4.6	17	3.9	39.0	5.5	0.90	0.00	0.000
Apple Slices	1 Each	100	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			434	35	257	5.30	1.46	412.9	1221	99.74	50	13.40	78.00	6.75	1.65	0.00	0.200
% of Calories											46.4%	12.4%	71.9%	14.0%	3.4%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Thu - 01/10/2019																	
Elem. Grab & Go Breakfast	Total	100															
Cereal, Assorted 2018	1 Each	100	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
Cheese, String Mozz	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Apple, Fresh	1 Each	100	77	0	1	3.58	0.18	8.9	80	6.85	15	0.39	20.58	0.25	0.04	*N/A*	0.197
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			424	21	515	10.08	5.13	492.9	1703	71.39	47	17.14	70.07	9.38	5.04	*0.00	0.596
% of Calories											43.9%	16.2%	66.1%	19.9%	10.7%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Fri - 01/11/2019																	
Elem. Grab & Go Breakfast	Total	100															
*Bagel, Cinnamon Raisin	1 Each	100	230	0	280	3.00	2.70	20.0	0	0.0	0	8.0	47.0	1.0	0.00	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Plum	1 Each	100	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	0.00	0.000
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			422	6	424	3.92	2.81	367.9	1201	65.41	31	17.96	81.53	2.43	0.76	0.00	0.200
% of Calories											29.3%	17.0%	77.3%	5.2%	1.6%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Mon - 01/14/2019																	
Elem. Grab & Go Breakfast	Total	100															
*Bun, Oatmeal Breakfast	1 Each	100	230	0	340	3.00	2.70	80.0	200	0.0	10	6.0	39.0	7.0	2.00	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Pears (Fresh)	1 Each	100	79	0	1	4.31	0.25	12.5	35	5.98	14	0.5	21.17	0.19	0.03	*N/A*	0.007
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			471	6	485	7.31	2.95	436.4	1208	65.11	48	16.00	87.17	8.44	2.78	*0.00	0.207
% of Calories											40.7%	13.6%	74.0%	16.1%	5.3%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Tue - 01/15/2019																	
Elem. Grab & Go Breakfast	Total	100															
Cereal, Assorted 2018	1 Each	100	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
Cheese, String Mozz	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Fruit, Cocktail, canned	4 oz	100	65	0	7	1.13	0.33	6.8	236	2.15	16	0.45	16.93	0.08	0.01	*N/A*	0.018
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			411	21	520	7.63	5.28	490.7	1859	66.69	47	17.20	66.43	9.20	5.01	*0.00	0.418
% of Calories											45.6%	16.7%	64.6%	20.1%	11.0%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Wed - 01/16/2019																	
Elem. Grab & Go Breakfast	Total	100															
Muffin Top, Orange Blossom	1 Each	100	222	29	108	3.30	1.10	9.0	148	4.6	17	3.9	39.0	5.5	0.90	0.00	0.000
Apple Slices	1 Each	100	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			434	35	257	5.30	1.46	412.9	1221	99.74	50	13.40	78.00	6.75	1.65	0.00	0.200
% of Calories											46.4%	12.4%	71.9%	14.0%	3.4%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Thu - 01/17/2019																	
Elem. Grab & Go Breakfast	Total	100															
Cereal, Assorted 2018	1 Each	100	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
Cheese, String Mozz	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Apple, Fresh	1 Each	100	77	0	1	3.58	0.18	8.9	80	6.85	15	0.39	20.58	0.25	0.04	*N/A*	0.197
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			424	21	515	10.08	5.13	492.9	1703	71.39	47	17.14	70.07	9.38	5.04	*0.00	0.596
% of Calories											43.9%	16.2%	66.1%	19.9%	10.7%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Fri - 01/18/2019																	
Elem. Grab & Go Breakfast	Total	100															
*Bagel, Cinnamon Raisin	1 Each	100	230	0	280	3.00	2.70	20.0	0	0.0	0	8.0	47.0	1.0	0.00	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Plum	1 Each	100	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	0.00	0.000
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			422	6	424	3.92	2.81	367.9	1201	65.41	31	17.96	81.53	2.43	0.76	0.00	0.200
% of Calories											29.3%	17.0%	77.3%	5.2%	1.6%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Tue - 01/22/2019																	
Elem. Grab & Go Breakfast	Total	100															
Cereal, Assorted 2018	1 Each	100	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
Cheese, String Mozz	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Fruit, Cocktail, canned	4 oz	100	65	0	7	1.13	0.33	6.8	236	2.15	16	0.45	16.93	0.08	0.01	*N/A*	0.018
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			411	21	520	7.63	5.28	490.7	1859	66.69	47	17.20	66.43	9.20	5.01	*0.00	0.418
% of Calories											45.6%	16.7%	64.6%	20.1%	11.0%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Wed - 01/23/2019																	
Elem. Grab & Go Breakfast	Total	100															
Muffin Top, Orange Blossom	1 Each	100	222	29	108	3.30	1.10	9.0	148	4.6	17	3.9	39.0	5.5	0.90	0.00	0.000
Apple Slices	1 Each	100	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			434	35	257	5.30	1.46	412.9	1221	99.74	50	13.40	78.00	6.75	1.65	0.00	0.200
% of Calories											46.4%	12.4%	71.9%	14.0%	3.4%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Thu - 01/24/2019																	
Elem. Grab & Go Breakfast	Total	100															
Cereal, Assorted 2018	1 Each	100	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
Cheese, String Mozz	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Apple, Fresh	1 Each	100	77	0	1	3.58	0.18	8.9	80	6.85	15	0.39	20.58	0.25	0.04	*N/A*	0.197
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			424	21	515	10.08	5.13	492.9	1703	71.39	47	17.14	70.07	9.38	5.04	*0.00	0.596
% of Calories											43.9%	16.2%	66.1%	19.9%	10.7%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Fri - 01/25/2019																	
Elem. Grab & Go Breakfast	Total	100															
*Bagel, Cinnamon Raisin	1 Each	100	230	0	280	3.00	2.70	20.0	0	0.0	0	8.0	47.0	1.0	0.00	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Plum	1 Each	100	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	0.00	0.000
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			422	6	424	3.92	2.81	367.9	1201	65.41	31	17.96	81.53	2.43	0.76	0.00	0.200
% of Calories											29.3%	17.0%	77.3%	5.2%	1.6%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Mon - 01/28/2019																	
Elem. Grab & Go Breakfast	Total	100															
*Bun, Oatmeal Breakfast	1 Each	100	230	0	340	3.00	2.70	80.0	200	0.0	10	6.0	39.0	7.0	2.00	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Pears (Fresh)	1 Each	100	79	0	1	4.31	0.25	12.5	35	5.98	14	0.5	21.17	0.19	0.03	*N/A*	0.007
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			471	6	485	7.31	2.95	436.4	1208	65.11	48	16.00	87.17	8.44	2.78	*0.00	0.207
% of Calories											40.7%	13.6%	74.0%	16.1%	5.3%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Tue - 01/29/2019																	
Elem. Grab & Go Breakfast	Total	100															
Cereal, Assorted 2018	1 Each	100	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
Cheese, String Mozz	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Fruit, Cocktail, canned	4 oz	100	65	0	7	1.13	0.33	6.8	236	2.15	16	0.45	16.93	0.08	0.01	*N/A*	0.018
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			411	21	520	7.63	5.28	490.7	1859	66.69	47	17.20	66.43	9.20	5.01	*0.00	0.418
% of Calories											45.6%	16.7%	64.6%	20.1%	11.0%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Wed - 01/30/2019																	
Elem. Grab & Go Breakfast	Total	100															
Muffin Top, Orange Blossom	1 Each	100	222	29	108	3.30	1.10	9.0	148	4.6	17	3.9	39.0	5.5	0.90	0.00	0.000
Apple Slices	1 Each	100	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			434	35	257	5.30	1.46	412.9	1221	99.74	50	13.40	78.00	6.75	1.65	0.00	0.200
% of Calories											46.4%	12.4%	71.9%	14.0%	3.4%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Thu - 01/31/2019																	
Elem. Grab & Go Breakfast	Total	100															
Cereal, Assorted 2018	1 Each	100	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
Cheese, String Mozz	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Apple, Fresh	1 Each	100	77	0	1	3.58	0.18	8.9	80	6.85	15	0.39	20.58	0.25	0.04	*N/A*	0.197
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			424	21	515	10.08	5.13	492.9	1703	71.39	47	17.14	70.07	9.38	5.04	*0.00	0.596
% of Calories											43.9%	16.2%	66.1%	19.9%	10.7%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Weighted Average			431	19	438	6.99	3.60	444.4	1464	74.60	45 94.2%	16.27 15.1%	75.78 70.3%	7.44 15.5%	3.19 6.7%	*0.00 *0.0%	0.338

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	431		350 - 500	100%				
Cholesterol (mg)	19							
Sodium (mg)	438		540					
Fiber (g)	6.99							
Iron (mg)	3.60							
Calcium (mg)	444.4							
Vitamin A (IU)	1464							
Sugars (g)	45	41.86%						
Vitamin C (mg)	74.60							
Protein (g)	16.27	15.10%						
Carbohydrate (g)	75.78	70.34%						
Total Fat (g)	7.44	15.54%	<=35.00%					
Saturated Fat (g)	3.19	6.66%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

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