

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Mon - 01/07/2019																	
* CVHS Brk	Total	100															
Bagel, Tony Roberts 2.24 Oz.	1 Each	100	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00	0.000
Cheese, Cream	1 Each	50	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
Peanut Butter	1 Each	50	201	0	73	2.23	0.80	22.3	0	0.0	4	7.81	10.04	16.74	2.79	0.00	0.110
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			510	15	403	6.49	2.38	426.1	1267	85.12	*37	22.23	79.03	13.07	3.62	*0.00	0.393
% of Calories											*29.1%	17.4%	62.0%	23.1%	6.4%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Tue - 01/08/2019																	
* CVHS Brk	Total	100															
Muffin Top, Chocolate Chip	1 Each	100	235	29	108	3.10	1.20	4.0	820	1.4	17	3.9	41.0	6.0	0.90	0.00	0.000
Cheese, String Mozz	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			532	52	460	4.98	1.38	398.9	2187	86.52	*48	20.33	81.51	14.09	6.06	*0.00	0.538
% of Calories											*36.0%	15.3%	61.3%	23.9%	10.3%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Wed - 01/09/2019																	
* CVHS Brk	Total	100															
*Cinnamon Apple Crumble	1 Each	100	260	35	250	2.00	1.44	60.0	0	0.0	19	5.0	39.0	9.0	1.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			477	43	402	3.88	1.62	434.9	1167	85.12	*50	15.43	78.51	11.09	2.16	*0.00	0.338
% of Calories											*41.9%	12.9%	65.9%	20.9%	4.1%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Thu - 01/10/2019																	
* CVHS Brk	Total	100															
Bagel, 3 Oz.	1 Each	100	217	0	230	4.36	2.47	0.0	0	0.0	4	0.0	44.6	0.82	0.00	0.00	0.000
Cheese, Cream	1 Each	50	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
Peanut Butter	1 Each	50	201	0	73	2.23	0.80	22.3	0	0.0	4	7.81	10.04	16.74	2.79	0.00	0.110
Cheese, String Mozz	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			644	30	661	7.85	3.05	436.1	1467	85.12	*38	22.33	91.13	19.28	7.56	*0.00	0.593
% of Calories											*23.7%	13.9%	56.6%	26.9%	10.6%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Fri - 01/11/2019																	
* CVHS Brk	Total	100															
*Bun, Oatmeal Breakfast	1 Each	100	230	0	340	3.00	2.70	80.0	200	0.0	10	6.0	39.0	7.0	2.00	0.00	0.000
Cheese, String Mozz	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			467	18	617	4.88	2.88	299.9	1317	83.92	*34	17.43	72.51	13.84	6.41	*0.00	0.433
% of Calories											*29.1%	14.9%	62.2%	26.7%	12.4%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Mon - 01/14/2019																	
* CVHS Brk	Total	100															
Bagel, Tony Roberts 2.24 Oz.	1 Each	100	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00	0.000
Cheese, Cream	1 Each	50	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
Peanut Butter	1 Each	50	201	0	73	2.23	0.80	22.3	0	0.0	4	7.81	10.04	16.74	2.79	0.00	0.110
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Weighted Daily Average			510	15	403	6.49	2.38	426.1	1267	85.12	*37	22.23	79.03	13.07	3.62	*0.00	0.393
% of Calories											*29.1%	17.4%	62.0%	23.1%	6.4%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Tue - 01/15/2019																	
* CVHS Brk	Total	100															
Muffin Top, Chocolate Chip	1 Each	100	235	29	108	3.10	1.20	4.0	820	1.4	17	3.9	41.0	6.0	0.90	0.00	0.000
Cheese, String Mozz	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			532	52	460	4.98	1.38	398.9	2187	86.52	*48	20.33	81.51	14.09	6.06	*0.00	0.538
% of Calories											*36.0%	15.3%	61.3%	23.9%	10.3%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Wed - 01/16/2019																	
* CVHS Brk	Total	100															
*Cinnamon Apple Crumble	1 Each	100	260	35	250	2.00	1.44	60.0	0	0.0	19	5.0	39.0	9.0	1.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			477	43	402	3.88	1.62	434.9	1167	85.12	*50	15.43	78.51	11.09	2.16	*0.00	0.338
% of Calories											*41.9%	12.9%	65.9%	20.9%	4.1%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Thu - 01/17/2019																	
* CVHS Brk	Total	100															
Bagel, 3 Oz.	1 Each	100	217	0	230	4.36	2.47	0.0	0	0.0	4	0.0	44.6	0.82	0.00	0.00	0.000
Cheese, Cream	1 Each	50	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
Peanut Butter	1 Each	50	201	0	73	2.23	0.80	22.3	0	0.0	4	7.81	10.04	16.74	2.79	0.00	0.110
Cheese, String Mozz	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			644	30	661	7.85	3.05	436.1	1467	85.12	*38	22.33	91.13	19.28	7.56	*0.00	0.593
% of Calories											*23.7%	13.9%	56.6%	26.9%	10.6%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Fri - 01/18/2019																	
* CVHS Brk	Total	100															
*Bun, Oatmeal Breakfast	1 Each	100	230	0	340	3.00	2.70	80.0	200	0.0	10	6.0	39.0	7.0	2.00	0.00	0.000
Cheese, String Mozz	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			467	18	617	4.88	2.88	299.9	1317	83.92	*34	17.43	72.51	13.84	6.41	*0.00	0.433
% of Calories											*29.1%	14.9%	62.2%	26.7%	12.4%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Mon - 01/21/2019																	
* CVHS Brk	Total	100															
Bagel, Tony Roberts 2.24 Oz.	1 Each	100	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00	0.000
Cheese, Cream	1 Each	50	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
Peanut Butter	1 Each	50	201	0	73	2.23	0.80	22.3	0	0.0	4	7.81	10.04	16.74	2.79	0.00	0.110
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190

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Weighted Daily Average			510	15	403	6.49	2.38	426.1	1267	85.12	*37	22.23	79.03	13.07	3.62	*0.00	0.393
% of Calories											*29.1%	17.4%	62.0%	23.1%	6.4%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Tue - 01/22/2019																	
* CVHS Brk	Total	100															
Muffin Top, Chocolate Chip	1 Each	100	235	29	108	3.10	1.20	4.0	820	1.4	17	3.9	41.0	6.0	0.90	0.00	0.000
Cheese, String Mozz	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			532	52	460	4.98	1.38	398.9	2187	86.52	*48	20.33	81.51	14.09	6.06	*0.00	0.538
% of Calories											*36.0%	15.3%	61.3%	23.9%	10.3%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Wed - 01/23/2019																	
* CVHS Brk	Total	100															
*Cinnamon Apple Crumble	1 Each	100	260	35	250	2.00	1.44	60.0	0	0.0	19	5.0	39.0	9.0	1.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			477	43	402	3.88	1.62	434.9	1167	85.12	*50	15.43	78.51	11.09	2.16	*0.00	0.338
% of Calories											*41.9%	12.9%	65.9%	20.9%	4.1%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Thu - 01/24/2019																	
* CVHS Brk	Total	100															
Bagel, 3 Oz.	1 Each	100	217	0	230	4.36	2.47	0.0	0	0.0	4	0.0	44.6	0.82	0.00	0.00	0.000
Cheese, Cream	1 Each	50	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
Peanut Butter	1 Each	50	201	0	73	2.23	0.80	22.3	0	0.0	4	7.81	10.04	16.74	2.79	0.00	0.110
Cheese, String Mozz	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			644	30	661	7.85	3.05	436.1	1467	85.12	*38	22.33	91.13	19.28	7.56	*0.00	0.593
% of Calories											*23.7%	13.9%	56.6%	26.9%	10.6%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Fri - 01/25/2019																	
* CVHS Brk	Total	100															
*Bun, Oatmeal Breakfast	1 Each	100	230	0	340	3.00	2.70	80.0	200	0.0	10	6.0	39.0	7.0	2.00	0.00	0.000
Cheese, String Mozz	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			467	18	617	4.88	2.88	299.9	1317	83.92	*34	17.43	72.51	13.84	6.41	*0.00	0.433
% of Calories											*29.1%	14.9%	62.2%	26.7%	12.4%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Mon - 01/28/2019																	
* CVHS Brk	Total	100															
Bagel, Tony Roberts 2.24 Oz.	1 Each	100	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00	0.000
Cheese, Cream	1 Each	50	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
Peanut Butter	1 Each	50	201	0	73	2.23	0.80	22.3	0	0.0	4	7.81	10.04	16.74	2.79	0.00	0.110
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Weighted Daily Average			510	15	403	6.49	2.38	426.1	1267	85.12	*37	22.23	79.03	13.07	3.62	*0.00	0.393
% of Calories											*29.1%	17.4%	62.0%	23.1%	6.4%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Tue - 01/29/2019																	
* CVHS Brk	Total	100															
Muffin Top, Chocolate Chip	1 Each	100	235	29	108	3.10	1.20	4.0	820	1.4	17	3.9	41.0	6.0	0.90	0.00	0.000
Cheese, String Mozz	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			532	52	460	4.98	1.38	398.9	2187	86.52	*48	20.33	81.51	14.09	6.06	*0.00	0.538
% of Calories											*36.0%	15.3%	61.3%	23.9%	10.3%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Wed - 01/30/2019																	
* CVHS Brk	Total	100															
*Cinnamon Apple Crumble	1 Each	100	260	35	250	2.00	1.44	60.0	0	0.0	19	5.0	39.0	9.0	1.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			477	43	402	3.88	1.62	434.9	1167	85.12	*50	15.43	78.51	11.09	2.16	*0.00	0.338
% of Calories											*41.9%	12.9%	65.9%	20.9%	4.1%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Thu - 01/31/2019																	
* CVHS Brk	Total	100															
Bagel, 3 Oz.	1 Each	100	217	0	230	4.36	2.47	0.0	0	0.0	4	0.0	44.6	0.82	0.00	0.00	0.000
Cheese, Cream	1 Each	50	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
Peanut Butter	1 Each	50	201	0	73	2.23	0.80	22.3	0	0.0	4	7.81	10.04	16.74	2.79	0.00	0.110
Cheese, String Mozz	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			644	30	661	7.85	3.05	436.1	1467	85.12	*38	22.33	91.13	19.28	7.56	*0.00	0.593
% of Calories											*23.7%	13.9%	56.6%	26.9%	10.6%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Weighted Average			529	33	503	5.65	2.23	404.4	1489	85.23	*42	19.66	80.96	14.29	5.10	*0.00	0.460
											*71.1%	14.9%	61.2%	24.3%	8.7%	*0.0%	

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	529		450 - 600	100%				
Cholesterol (mg)	33							
Sodium (mg)	503		640					
Fiber (g)	5.65							
Iron (mg)	2.23							
Calcium (mg)	404.4							
Vitamin A (IU)	1489							
Sugars (g)	42	31.59%			Missing			
Vitamin C (mg)	85.23							
Protein (g)	19.66	14.87%						
Carbohydrate (g)	80.96	61.23%						
Total Fat (g)	14.29	24.32%	<=35.00%					
Saturated Fat (g)	5.10	8.67%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

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