Today's Discussion

Outline of Topics

01 Committee Formation & Actions
02 DAC Member Feedback
03 Observations on Proposed Curricula:
  - Positive Prevention Plus
  - Rights, Respect, Responsibility
  - Teen Talk
04 Moving Forward & Next Steps
Why did the DAC Executive Board form this Committee?

We wanted to continue the conversation from the previous DAC meeting, look at feedback solicited from DAC members, and explore how the different curricula meet the needs of our community.
DAC Committee Formation

Timing was crucial
- Formed committee at last Executive Board meeting
- Initial work needed to be completed by April DAC meeting to give meaningful feedback to district within the current adoption timeline

Current Committee Members
- Liz Beaven, Committee Chair, DAC Secretary
- Heather Skelly, DAC Chair
- Lee Ann Holland, Member At Large
- Alexandra Kitchell, Member At Large
DAC Committee Actions

✓ Met once per week between March and April DAC meetings
✓ Reviewed DAC feedback from survey given at March meeting (14 responses out of 33 sent)
✓ Reviewed three proposed curricula
✓ Attended or viewed Parent Information Webinars
✓ Attended or viewed Board of Education Study Session on Comprehensive Sexual Health Curriculum
✓ Attended or viewed presentation to all DACs and PTAs on Comprehensive Sexual Health Curriculum
✓ Prepared report for April DAC meeting
DAC Member Feedback

Update Videos for 4th, 5th and 6th Grades
- Should be more than one-day lesson
- Students should be able to ask questions anonymously
- Elementary health curriculum will be revisited after secondary level adoption

Continuity through Grade Levels
- PPP and TT have 6-12 curriculum (younger grades available)
- RRR has K-12

Equity and Access for All Learners
- PPP and TT have modified versions for all abilities
- All three curricula have Spanish versions

LGBTQ+ Inclusive
- All three are LGBTQ+ inclusive and CHYA compliant
DAC Member Feedback

Consent and Healthy Relationships
- All three curricula address these topics

Parent Involvement
- All three curricula encourage communication with parents or trusted adults

Age-Appropriate Instruction on Pornography and Sexting
- None address these topics directly, but some address internet safety
- Students should be aware of laws and legal consequences of viewing and sending certain content

Access to Opt-Out
- Parents can opt out of content, but not people
  - Can opt out of sexual health content, such as contraception, STIs, adoption, etc.
  - Cannot opt out of content related to people, such as gender, gender identity, gender expression, sexual orientation, etc.
California Healthy Youth Act

9th Grade Curriculum Content Currently Not Compliant Under CHYA

- Sexual orientation
- Gender
- Reducing risk of HIV and STI
- Treatment of HIV and STI
- Local resources

- Contraception
- Parenting, adoption and abortion
- Human trafficking
- Prenatal care
- Relationship abuse

All three curricula would bring district into compliance with CHYA.
Curricula Under Consideration

**Positive Prevention Plus**

**Authors:** Public health education professor and nurse who has worked in education for 25 years

**Partners:** Cardea Services, American Red Cross and CA Department of Education

**Rights, Respect, Responsibility**

**Authors:** National expert with EdD in Human Sexuality Education, public health professor, one with Master’s in Public Health and one with Master’s in School Health Education

**Partners:** WestWind Foundation, Open Road Alliance and Tuner Foundation

Created by Advocates for Youth.

**Teen Talk**

**Authors:** Four lead authors, one with Master’s in Public Health, medical review team with two doctors, many contributing authors

Teen Talk is a program of nonprofit Health Connected.
Positive Prevention Plus (PPP)

Overview

- Encourages parent involvement in lessons
- Interactive lessons
- Gives resources for more information or other explanations
- Cultural sensitivity
- NGSS aligned
- Positive research findings from five-year research study in six Southern California school districts
Rights, Respect, Responsibility (RRR)

Overview

- Internet-based lessons, available online any time
- Uses many websites and YouTube videos
- Interactive lessons and role playing
- Family homework activities
- Comprehensive approach from K-12
- No cost curriculum
- Curriculum also reviewed by Advocates for Youth team of six youth reviewers
Teen Talk (TT)

Overview

- Encourages parent communication
- Provides anonymous question box for students daily
- Interactive lessons
- Some use of videos and film
- Teachers can choose between several activities for each lesson, including alternate approaches
- Encourages responsible decisions and discusses consequences of certain choices
  - Based on Health Belief Model and Social Learning Theory
# Teacher Feedback

Results taken from sample of 13-14 CVUSD teachers of 16 on articulation committee

<table>
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<tr>
<th>Curriculum</th>
<th>Would use with NO reservation</th>
<th>Would use with SOME reservation</th>
<th>Would NOT use this curriculum</th>
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<td>Positive Prevention Plus</td>
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<td>38.5%</td>
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<td>Rights, Respect, Responsibility</td>
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<td>Teen Talk</td>
<td>30.8%</td>
<td>61.5%</td>
<td>7.7%</td>
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</table>
Next Steps
Moving Forward

- Need to update elementary curriculum:
  - Parents and students need more support than a single video can provide – need resources and a supportive school network
  - Developmentally appropriate instruction to address boundaries, safety, privacy
  - Need greater continuity across the grade spans
  - Make use of UDL and new technologies to broaden access and approach to this subject
  - Could health be its own subject?
  - If not, could it be part of another subject, such as science or social emotional learning?
  - Much work is needed here, so please continue engagement with all stakeholders
Moving Forward

- All three curricula and California Health Framework emphasize communication with home and the importance of building bridges between teachers, parents/guardians and students
  - Not all students will be able to discuss sexual health with a parent, so schools need a supportive network of trusted adults for students to access
- Create Parent Information Nights for each school site for opportunities to meet teacher, review materials and open the lines of communication
- Make materials available year-round, to the maximum extent possible
- Build a process to review and update curriculum to meet the evolving needs of students and community
Further Engagement

• Review materials at school sites and webinar recordings
• Once a curriculum is recommended, there will be additional parent information nights and additional material to review
• Email comments to district leadership or submit a question on the FAQ page of the CVUSD Health Education webpage
• If the DAC Health Education Committee continues, join the committee
California Health Education Framework

https://californiahealtheducation.org/Pages/Home.aspx

Conejo Valley USD Health Education Webpage

https://www.conejousd.org/Departments/Instructional-Services/Health-Education

Available on CVUSD Website

- Recordings of Parent Information Webinars for all three curricula
- Recording of Board Study Session
- Recording of Presentation to DACs and PTAs
- FAQ and opportunity to submit questions
DAC Discussion