

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Mon - 01/07/2019																	
Breakfast, Sycamore	Total	100															
*Cinnamon Apple Crumble	1 Each	100	260	35	250	2.00	1.44	60.0	0	0.0	19	5.0	39.0	9.0	1.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			477	43	402	3.88	1.62	434.9	1167	85.12	*50	15.43	78.51	11.09	2.16	*0.00	0.338
% of Calories											*41.9%	12.9%	65.9%	20.9%	4.1%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

Tue - 01/08/2019																	
Breakfast, Sycamore	Total	100															
Cereal, Assorted 2018	1 Each	100	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
Cheese, String Mozz	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, Non Fat	8 oz	75	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			387	19	507	8.38	5.13	489.9	1817	90.52	*37	17.18	61.01	8.71	4.66	*0.00	0.528
% of Calories											*37.9%	17.8%	63.1%	20.3%	10.9%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

Wed - 01/09/2019																	
Breakfast, Sycamore	Total	100															
Muffin Top, Chocolate Chip	1 Each	100	235	29	108	3.10	1.20	4.0	820	1.4	17	3.9	41.0	6.0	0.90	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			452	37	260	4.98	1.38	378.9	1987	86.52	*48	14.33	80.51	8.09	2.06	*0.00	0.338
% of Calories											*42.4%	12.7%	71.3%	16.1%	4.1%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Thu - 01/10/2019																	
Breakfast, Sycamore	Total	100															
Bagel, Tony Roberts 2.24 Oz.	1 Each	100	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00	0.000
Cheese, Cream	1 Each	100	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			440	23	409	5.88	1.98	444.9	1367	85.12	*36	20.33	75.01	6.70	3.22	*0.00	0.338
% of Calories											*32.7%	18.5%	68.3%	13.7%	6.6%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

Fri - 01/11/2019																	
Breakfast, Sycamore	Total	100															
*Bun, Oatmeal Breakfast	1 Each	100	230	0	340	3.00	2.70	80.0	200	0.0	10	6.0	39.0	7.0	2.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			447	8	492	4.88	2.88	454.9	1367	85.12	*41	16.43	78.51	9.09	3.16	*0.00	0.338
% of Calories											*36.6%	14.7%	70.3%	18.3%	6.4%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

Mon - 01/14/2019																	
Breakfast, Sycamore	Total	100															
*Cinnamon Apple Crumble	1 Each	100	260	35	250	2.00	1.44	60.0	0	0.0	19	5.0	39.0	9.0	1.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			477	43	402	3.88	1.62	434.9	1167	85.12	*50	15.43	78.51	11.09	2.16	*0.00	0.338
% of Calories											*41.9%	12.9%	65.9%	20.9%	4.1%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Tue - 01/15/2019																	
Breakfast, Sycamore	Total	100															
Cereal, Assorted 2018	1 Each	100	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
Cheese, String Mozz	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, Non Fat	8 oz	75	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			387	19	507	8.38	5.13	489.9	1817	90.52	*37	17.18	61.01	8.71	4.66	*0.00	0.528
% of Calories											*37.9%	17.8%	63.1%	20.3%	10.9%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

Wed - 01/16/2019																	
Breakfast, Sycamore	Total	100															
Muffin Top, Chocolate Chip	1 Each	100	235	29	108	3.10	1.20	4.0	820	1.4	17	3.9	41.0	6.0	0.90	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			452	37	260	4.98	1.38	378.9	1987	86.52	*48	14.33	80.51	8.09	2.06	*0.00	0.338
% of Calories											*42.4%	12.7%	71.3%	16.1%	4.1%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

Thu - 01/17/2019																	
Breakfast, Sycamore	Total	100															
Bagel, Tony Roberts 2.24 Oz.	1 Each	100	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00	0.000
Cheese, Cream	1 Each	100	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			440	23	409	5.88	1.98	444.9	1367	85.12	*36	20.33	75.01	6.70	3.22	*0.00	0.338
% of Calories											*32.7%	18.5%	68.3%	13.7%	6.6%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Fri - 01/18/2019																	
Breakfast, Sycamore	Total	100															
*Bun, Oatmeal Breakfast	1 Each	100			340	3.00	2.70	80.0	200	0.0	10	6.0	39.0	7.0	2.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	230	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			447	8	492	4.88	2.88	454.9	1367	85.12	*41	16.43	78.51	9.09	3.16	*0.00	0.338
% of Calories											*36.6%	14.7%	70.3%	18.3%	6.4%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

Mon - 01/21/2019																	
Breakfast, Sycamore	Total	100															
*Cinnamon Apple Crumble	1 Each	100	260	35	250	2.00	1.44	60.0	0	0.0	19	5.0	39.0	9.0	1.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			477	43	402	3.88	1.62	434.9	1167	85.12	*50	15.43	78.51	11.09	2.16	*0.00	0.338
% of Calories											*41.9%	12.9%	65.9%	20.9%	4.1%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

Tue - 01/22/2019																	
Breakfast, Sycamore	Total	100															
Cereal, Assorted 2018	1 Each	100	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
Cheese, String Mozz	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, Non Fat	8 oz	75	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			387	19	507	8.38	5.13	489.9	1817	90.52	*37	17.18	61.01	8.71	4.66	*0.00	0.528
% of Calories											*37.9%	17.8%	63.1%	20.3%	10.9%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Wed - 01/23/2019																	
Breakfast, Sycamore	Total	100															
Muffin Top, Chocolate Chip	1 Each	100	235	29	108	3.10	1.20	4.0	820	1.4	17	3.9	41.0	6.0	0.90	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			452	37	260	4.98	1.38	378.9	1987	86.52	*48	14.33	80.51	8.09	2.06	*0.00	0.338
% of Calories											*42.4%	12.7%	71.3%	16.1%	4.1%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

Thu - 01/24/2019																	
Breakfast, Sycamore	Total	100															
Bagel, Tony Roberts 2.24 Oz.	1 Each	100	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00	0.000
Cheese, Cream	1 Each	100	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			440	23	409	5.88	1.98	444.9	1367	85.12	*36	20.33	75.01	6.70	3.22	*0.00	0.338
% of Calories											*32.7%	18.5%	68.3%	13.7%	6.6%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

Fri - 01/25/2019																	
Breakfast, Sycamore	Total	100															
*Bun, Oatmeal Breakfast	1 Each	100	230	0	340	3.00	2.70	80.0	200	0.0	10	6.0	39.0	7.0	2.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			447	8	492	4.88	2.88	454.9	1367	85.12	*41	16.43	78.51	9.09	3.16	*0.00	0.338
% of Calories											*36.6%	14.7%	70.3%	18.3%	6.4%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Mon - 01/28/2019																	
Breakfast, Sycamore	Total	100															
*Cinnamon Apple Crumble	1 Each	100	260	35	250	2.00	1.44	60.0	0	0.0	19	5.0	39.0	9.0	1.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			477	43	402	3.88	1.62	434.9	1167	85.12	*50	15.43	78.51	11.09	2.16	*0.00	0.338
% of Calories											*41.9%	12.9%	65.9%	20.9%	4.1%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

Tue - 01/29/2019																	
Breakfast, Sycamore	Total	100															
Cereal, Assorted 2018	1 Each	100	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
Cheese, String Mozz	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, Non Fat	8 oz	75	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			387	19	507	8.38	5.13	489.9	1817	90.52	*37	17.18	61.01	8.71	4.66	*0.00	0.528
% of Calories											*37.9%	17.8%	63.1%	20.3%	10.9%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

Wed - 01/30/2019																	
Breakfast, Sycamore	Total	100															
Muffin Top, Chocolate Chip	1 Each	100	235	29	108	3.10	1.20	4.0	820	1.4	17	3.9	41.0	6.0	0.90	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			452	37	260	4.98	1.38	378.9	1987	86.52	*48	14.33	80.51	8.09	2.06	*0.00	0.338
% of Calories											*42.4%	12.7%	71.3%	16.1%	4.1%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Thu - 01/31/2019																	
Breakfast, Sycamore	Total	100															
Bagel, Tony Roberts 2.24 Oz.	1 Each	100	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00	0.000
Cheese, Cream	1 Each	100	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			440	23	409	5.88	1.98	444.9	1367	85.12	*36	20.33	75.01	6.70	3.22	*0.00	0.338
% of Calories											*32.7%	18.5%	68.3%	13.7%	6.6%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

Weighted Average			440	27	410	5.63	2.58	440.0	1550	86.55	*42	16.75	74.51	8.72	3.05	*0.00	0.378
											*86.6%	15.2%	67.8%	17.8%	6.2%	*0.0%	

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	440		400 - 550	100%				
Cholesterol (mg)	27							
Sodium (mg)	410		600					
Fiber (g)	5.63							
Iron (mg)	2.58							
Calcium (mg)	440.0							
Vitamin A (IU)	1550							
Sugars (g)	42	38.47%			Missing			
Vitamin C (mg)	86.55							
Protein (g)	16.75	15.24%						
Carbohydrate (g)	74.51	67.76%						
Total Fat (g)	8.72	17.83%						
Saturated Fat (g)	3.05	6.24%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

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