

SYCAMORE GRAB & GO BREAKFAST

JANUARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7	8	9	10	11
Apple Crumble ^+% Seasonal Fresh Fruit Fruit Juice Milk	Cereal ^+ String Cheese @ Seasonal Fresh Fruit Juice Milk	Muffin Top^+ Seasonal Fresh Fruit Juice Milk	Bagel^+ Cream Cheese@ Seasonal Fresh Fruit Fruit Juice Milk	Oat Breakfast Bun ^+%\$@ Seasonal Fresh Fruit Juice Milk
14	15	16	17	18
Apple Crumble ^+% Seasonal Fresh Fruit Fruit Juice Milk	Cereal ^+ String Cheese @ Seasonal Fresh Fruit Juice Milk	Muffin Top^+ Seasonal Fresh Fruit Juice Milk	Bagel^+ Cream Cheese@ Seasonal Fresh Fruit Fruit Juice Milk	Oat Breakfast Bun ^+%\$@ Seasonal Fresh Fruit Juice Milk
21	22	23	24	25
SCHOOL HOLIDAY	Cereal ^+ String Cheese @ Seasonal Fresh Fruit Juice Milk	Muffin Top^+ Seasonal Fresh Fruit Juice Milk	Bagel^+ Cream Cheese@ Seasonal Fresh Fruit Fruit Juice Milk	Oat Breakfast Bun ^+%\$@ Seasonal Fresh Fruit Juice Milk
28	29	30	31	
Apple Crumble ^+% Seasonal Fresh Fruit Fruit Juice Milk	Cereal ^+ String Cheese @ Seasonal Fresh Fruit Juice Milk	Muffin Top^+ Seasonal Fresh Fruit Juice Milk	Bagel^+ Cream Cheese@ Seasonal Fresh Fruit Fruit Juice Milk	